

Utilizing SBIRT in Mental Health Services

Panelists:

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Our Partnership

What is SBIRT?

SBIRT stands for:

- **S**creening
- **B**rief **I**ntervention
- **R**eferral to **T**reatment



Often the terms “risky drinking” and “alcohol abuse” are thought to mean the same thing:

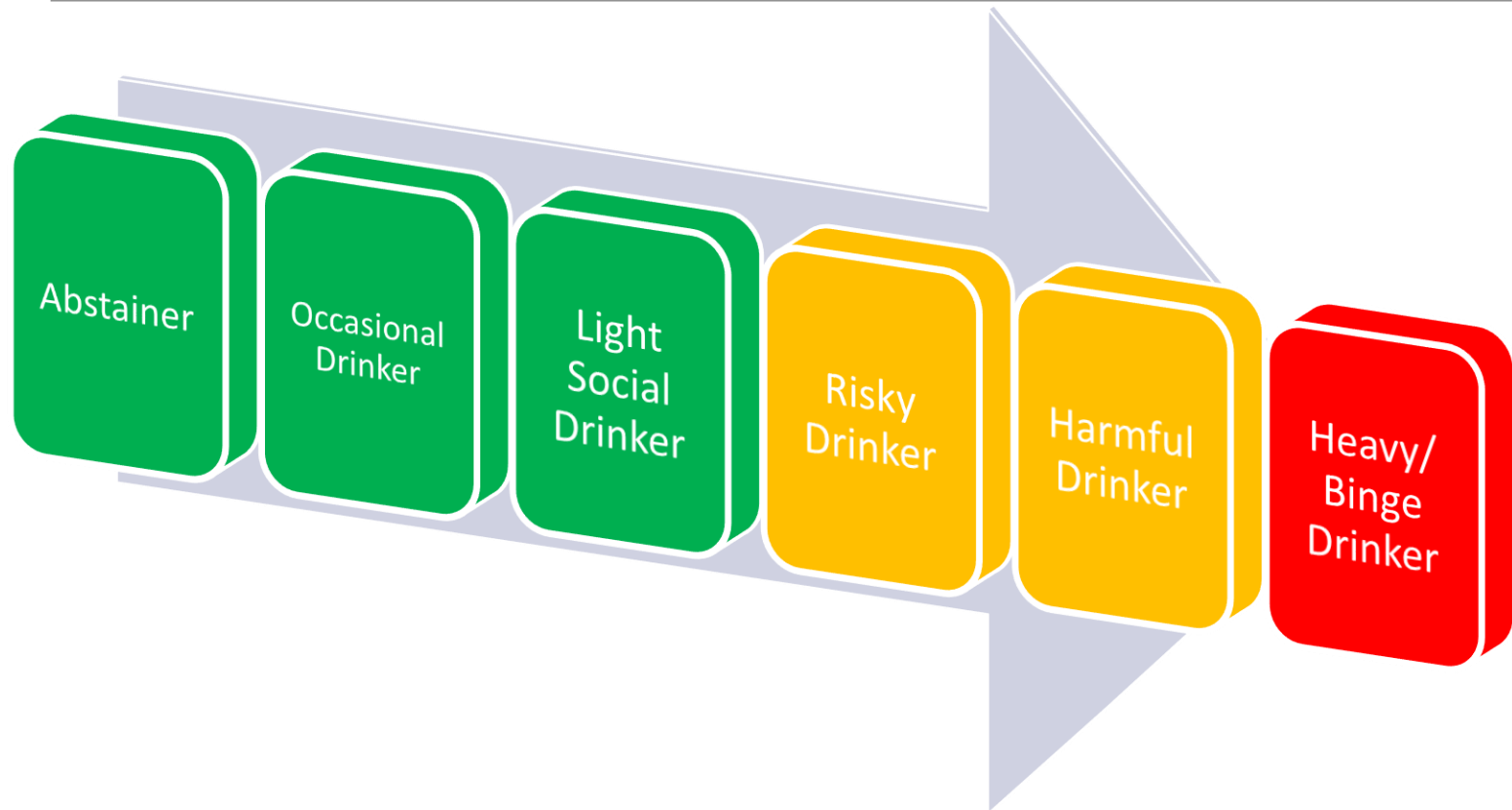


THE DRUNKARD'S FATE. OH! HORRORS.



Image source: <http://www.posterplanet.net/simpsonshomerbeerposter.htm>

The Range View of Alcohol Use



Alcohol use viewed as a continuum based on level/frequency of use.



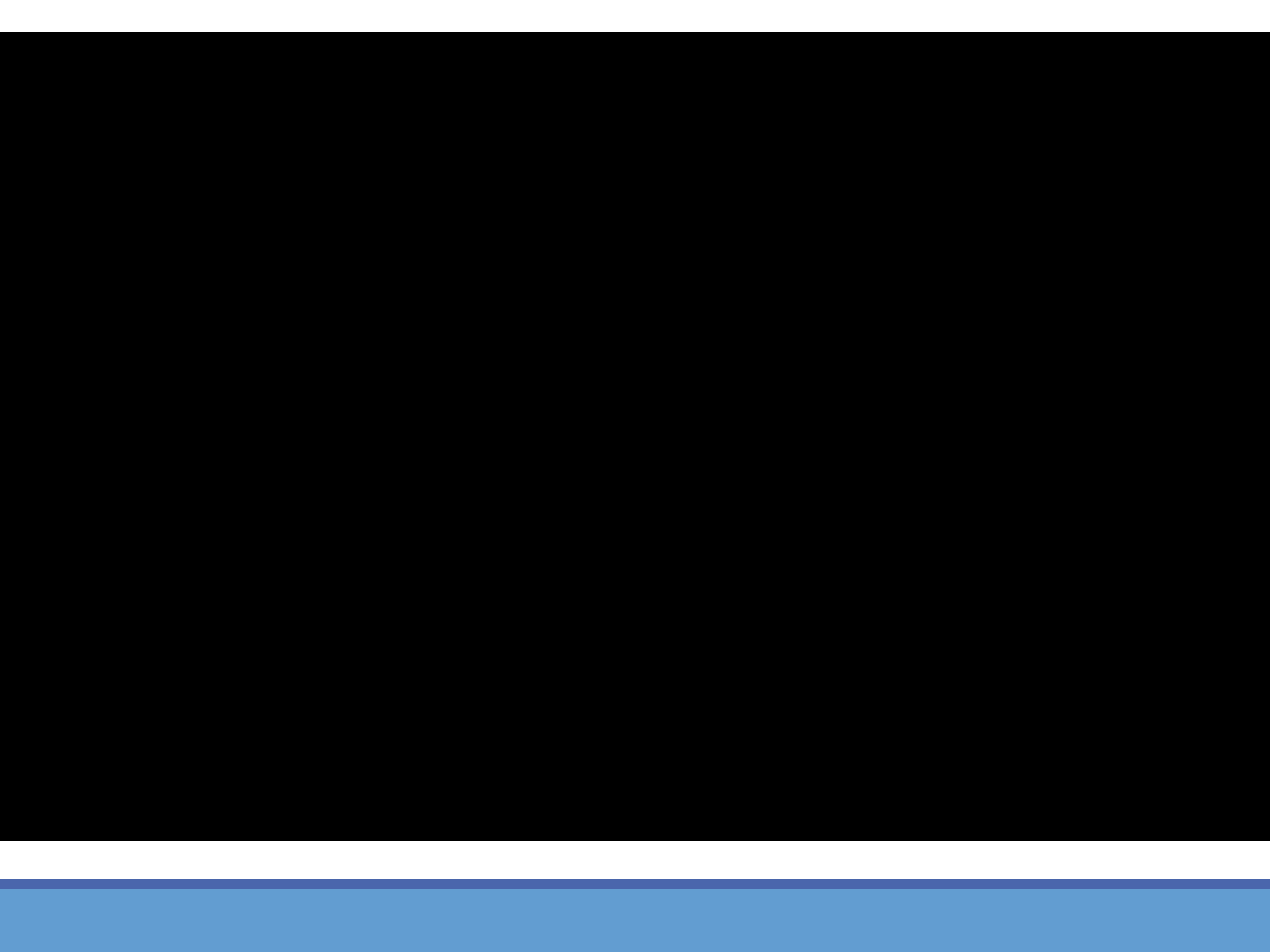
Outcomes of Brief Interventions

Screening and Brief Interventions **reduce...**

- Drinking and illicit drug use;
- Emergency room costs;
- Injuries and emergency dept. visits;
- Length of hospital stays, sick days & mortality;
- Unnecessary risks (e.g. driving under the influence, legal consequences, physical injury).

Why Do SBIRT In Mental Health Services?





Implementation Steps



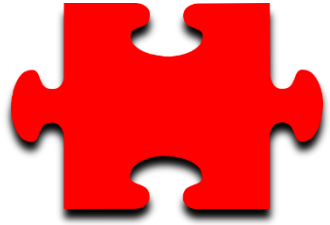
**NEED
IDENTIFICATION**

DESIGN

DEVELOPMENT

DELIVERY

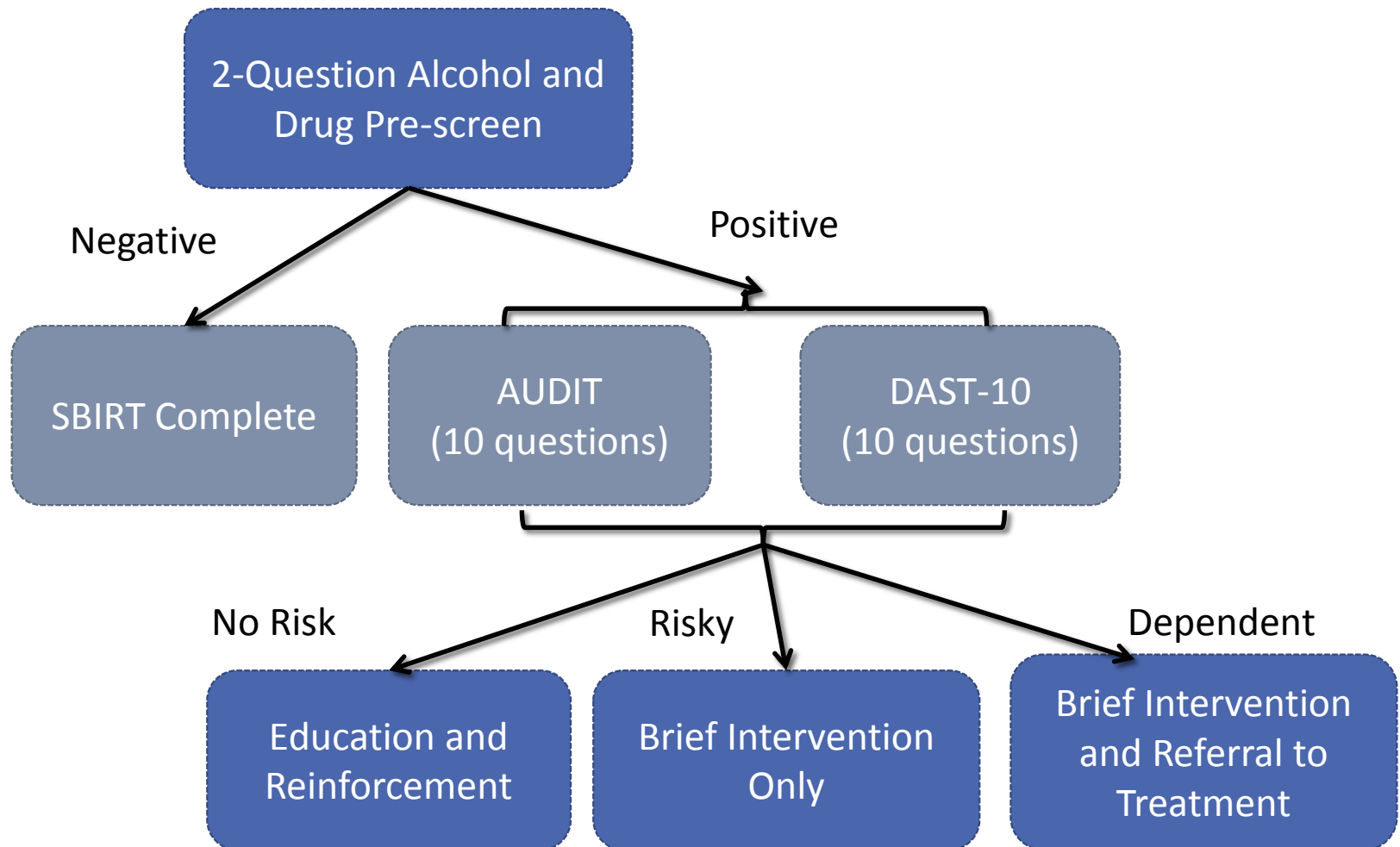
EVALUATION



Design

- 1.SBIRT Administrative Team
- 2.Training/Capacity building plan
- 3.Plan for implementing SBIRT

Flow Overview





Development

1. Electronic Health Record Modifications
2. Training of Trainers
3. Policies and Procedures
4. Client Messages



YOUR COURAGE, OUR GUIDANCE

FOURCOUNTY
COUNSELING CENTER

WE ASK EVERYONE.

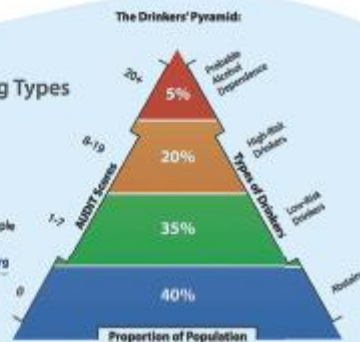


Determining Risk
AUDIT Scores & Drinking Types

Something to think about:

25% of the population will score an 8 or above on the AUDIT. That means 1 in 4 people are probably high-risk or dependent drinkers.

seibertaction.org



ENGAGE:EMPOWER:ACHIEVE



Delivery

1. Train clinical staff
2. Train case-management
3. Go LIVE!
4. Monitor and adjust



Evaluation

1. Training evaluation
2. Monthly review of aggregate data
3. Administrative review of process flow and procedures
4. Staff feedback

FCCC Data

	Total	% of Prescreens
Prescreened	542	n/a
Positive Alcohol Prescreens	128	23.6%
Positive Drug Prescreen	99	18.26%

*Note: Some clients screened positive for both alcohol and drugs.

Unexpected Outcomes



Questions

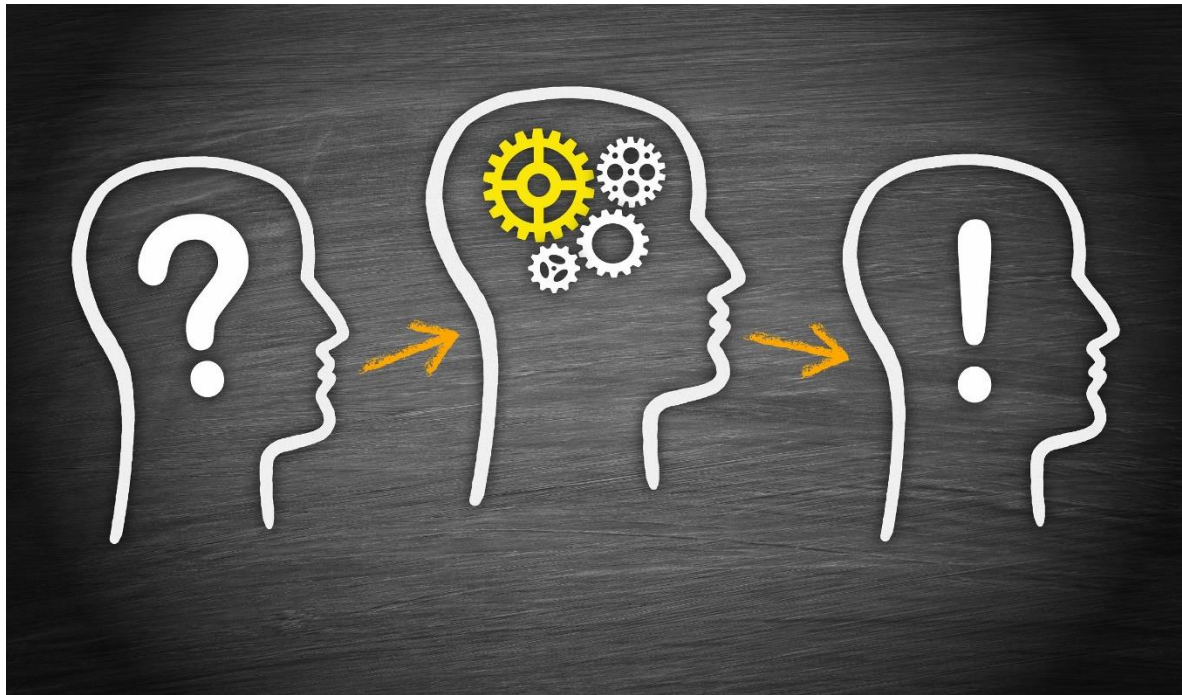


Image source: <https://innorobo.com/wp-content/uploads/2015/02/startup.jpg>

Contact Us!

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SBIRT Resources

Indiana SBIRT Website:

www.IndianaSBIRT.org

Indiana Prevention Resource Center Website:

www.drugs.indiana.edu

SBIRT Research

Campbell KP et al, eds. A Purchaser's Guide to Clinical Preventive Services: Moving Science into Coverage. Washington, DC: National Business Group on Health; 2006.

Estee S et al. Medical Care 2010; 48:18-24.

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Fleming MF et al. Alcoholism: Clinical and Experimental Research 2002; 26: 36-43.

Gentilello LM et al. Annals of Surgery 2005, 241:541-550.

Quanbeck A et al. Wisconsin Medical Journal 2010; 109:9-14.