Telehealth in a Behavioral Health Setting

Four County
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Why is Telehealth Important?

yeah, we're gonna be short staffed today

so, if you could just go ahead and do the work of 3, that would be great.
Workforce Shortages lead to...

- Delays in onboarding...leading to higher risk of no show
- Inconsistent appointment scheduling. Crisis is over.
- Large and unmanageable caseloads
Cultural Transformation
Why not behavioral telehealth?

From  
To
The Experience

- **Clinician (Distant Site):**
  - Can provide assessment and ongoing therapy from virtually any remote location (Indiana Licensure) and reach rural locations
  - Decreased “windshield time” for clinicians who traveled to several locations
  - Efficient care-clinician focus can be on treatment
  - Convenience
The Experience

- **Consumer (Originating Site):**
  - Rapid Access
  - Improved Technology
  - Allows for added choice in provider
  - Improved quality in rural behavioral health treatment
Benefits of Telehealth in Clinic

- Removes intakes from clinicians in clinic
- Open schedules for treatment
- Rapid Access to all services
- Increases potential of consumers served
Are all clients appropriate for telehealth?

*According to the American Telemedicine Association, determining client appropriateness “may be more dependent on the client’s organizational and cognitive capacities, than on diagnosis.”

*Clinicians should consider history of cooperativeness with treatment, current and historical substance use, and history of violence or self-harm

*Other considerations: proximity of nearest emergency facility, client’s support system and medical issues.
QUESTIONS?

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