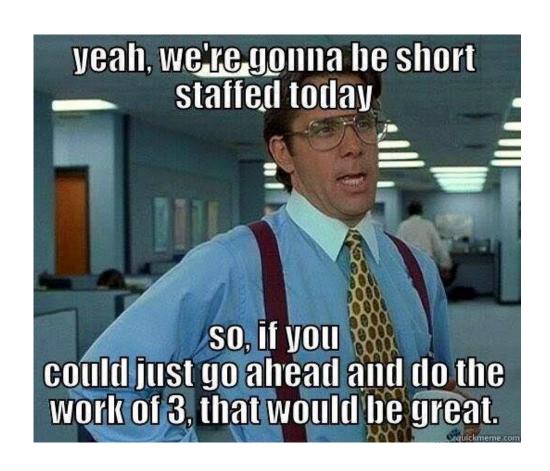
Telehealth in a Behavioral Health Setting

Four County

Nicole Hiatt-Drang, LCSW

Why is Telehealth Important?



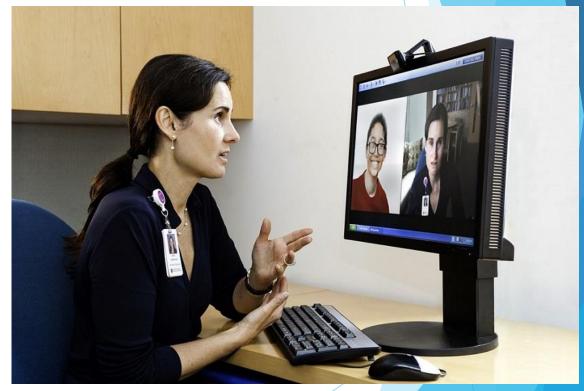
Workforce Shortages lead to...

- Delays in onboarding...leading to higher risk of no show
- Inconsistent appointment scheduling. Crisis is over.
- Large and unmanageable caseloads

Cultural Transformation Why not behavioral telehealth?

From To





The Experience

Clinician (Distant Site):

- Can provide assessment and ongoing therapy from virtually any remote location (Indiana Licensure) and reach rural locations
- Decreased "windshield time" for clinicians who traveled to several locations
- ▶ Efficient care-clinician focus can be on treatment
- Convenience

The Experience

- Consumer (Originating Site):
 - Rapid Access
 - Improved Technology
 - Allows for added choice in provider
 - Improved quality in rural behavioral health treatment

Benefits of Telehealth in Clinic

- Removes intakes from clinicians in clinic
- Open schedules for treatment
- Rapid Access to all services
- Increases potential of consumers served

Are all clients appropriate for telehealth?

*According to the American Telemedicine Association, determining client appropriateness "may be more dependent on the client's organizational and cognitive capacities, than on diagnosis."

*Clinicians should consider history of cooperativeness with treatment, current and historical substance use, and history of violence or self-harm

*Other considerations: proximity of nearest emergency facility, client's support system and medical issues.



QUESTIONS?

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