The 2019 National School Mental Health Learning Community has concluded. If you have any questions, please contact Jessica jegonzalez@stanford.edu. In addition, participants exchanged resources, tools, templates, and other materials within the community to promote shared learning. To add to the discussions, the MHTTC Network has released a comprehensive list of resources for state and regional leaders, including a list of available resources, tools, and curricula for the SHAPE System that address unique regional and state considerations. Enhancements to the SHAPE System are also available!

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The MHTTC Network Coordinating Office and the National Center for School Mental Health (NCSMH) at the University of Maryland School of Medicine co-facilitated the National School Mental Health Learning Community in early Spring 2019. The purpose of the Learning Community was to build state and regional capacity to advance comprehensive school mental health policies and practices across the nation.

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The Updated School Health Assessment and Performance Evaluation (SHAPE) System

In an effort to address the issues that impact access and provision of mental health services in schools across the US, the Mental Health Technology Transfer Center (MHTTC) Network Coordinating Office is identifying and facilitating cross-network and cross-sector activities to promote screening for mental health issues in schools, adoption of evidence-based mental health practices by school mental health teams at school, district, and state levels to document, track, and advance quality and accountability, excellence, and sustainability.

The MHTTC Network also recently hosted an 8-part training series titled National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools. In this series, each learning session included a pre-session video, panel session, and post-session regional breakout.

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The updated SHAPE System is a comprehensive school health assessment and performance evaluation system that is contextualized to regions, states, and districts.

This document is an index to help users search and locate specific modules. It provides a brief overview of the modules and their contents, along with a brief summary of the key points covered in each module.

National School Mental Health Best Practices: Implementation Guidance Modules for States, Districts, and Schools

To learn more, visit the National School Mental Health Implementation Guidance Modules for States, Districts, and Schools (SHAPE) System, which is available here. The modules focus on key areas of school mental health, including:

- Cultural Responsiveness and Equity
- Evidence-Informed Services and Supports
- Multi-Tiered System of Supports
- Educators and Student Instructional Support Personnel
- School Administrators (e.g., Principal, Assistant Principal)
- School Psychologists/Social Workers/Counselors
- District Mental Health Director or Student Services Supervisor (e.g., Director of Student Services, District Supervisor School Mental Health)

The modules are intended to help educators and mental health professionals develop and implement evidence-based mental health practices in schools.

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The purpose of the pre-session videos was to familiarize participants with the resource material for each module. The purpose of the panel sessions was to provide an overview of the key points covered in each module, and to engage participants in a discussion of how the content can be applied in their own contexts. The purpose of the post-session regional breakouts was to provide a platform for participants to reflect on the content and to share ideas and strategies for implementation.

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To access the recordings of the presentations, a 2-page summary of the series, and additional resources for each module, visit the SHAPE System website here.