

Newsletter May/June 2023

Together, building the health and well-being of all Hoosiers!

News, programs and training opportunities / Distributed to all members



This month we are delighted to welcome member organization Edgewater Health to our Member Spotlight section.

Edgewater Health is Gary, Indiana's partner for high-quality, compassionate primary care and behavioral health services. Originally known as Gary Community Mental Health Center, Edgewater has been providing behavioral health services for the most vulnerable individuals and families who reside in Northwest Indiana since 1974 ...

Read more... See page 6-11

Also this issue:



State and Federal updates



Committee updates



To our wonderful members:



May has always been one of my favorite months. Not only because it is Mental Health Awareness Month, but it is also my firstborn's birthday along with Memorial Day Weekend. Her birthday is always a reminder to me of how fast time goes and that I need to slow down enough to capture the moments with her.

This spring has started with the legislative session wrapping up and some more member site visits with **Edgewater Health** in Gary, Indiana and

Radiant Health in Grant and Blackford counties. This newsletter highlights Edgewater Health and the great services they provide to those with mental illness and substance use needs in the Gary area. I am thankful I got to see both agencies firsthand and meet their staff. These communities are better because of you! **Learn more about Edgewater on page 7.**

From these site visits and the end of session the Council had the honor of representing associations on a panel discussion of how States can work together towards CCBHC at **Nat Con 23 in Los Angeles, California**. It was wonderful to host so many of you at our networking event and see you throughout the conference.

The Councils' Spring Quarterly Member and Business Meeting took place with over 100 members! Thank you to our speakers, sponsors, and the council staff for making this event successful. **See more about this event on page 24-25.**

At this meeting we celebrated our Legislators of the Year Award with **Senator Mike Crider** and **Representative Anne Vermilion**. I am thankful for their leadership with SB 1 and look forward to continuing to work with them even with Anne taking on a different role.

We also celebrated our Indiana Mental Health Advocate Awardee **Jay Chaudhary**, DMHA Director. I am thankful for his leadership with the Behavioral Health Commission and look



forward to being a part of the commission and the great work that lies ahead. To learn more about our policy update, please see our chair's update on page 18.

From the Spring conference we watched the Indianapolis Monument light up in Green to bring awareness to mental health. This lighting is a collaborative effort with the Indiana Council and our partners Mental Health America of Indiana and the National Alliance on Mental Illness. I am thankful for their collaboration and for our sponsors who helped us to shine our light.

WELCOME

From the Spring Conference we head to the **Lt. Governor's Mental Health Summit** in Indianapolis where the Council had the honor, along with some of you, of being a part the planning for the event.

There will be several of our CMHCS speakers at this event.

For pictures of this event see page 5.

We will end the spring season with presentations at the **2023 Justice Services Conferences** on how CCBHCs can work with iustice services.

The council's other work this spring is on getting the first CCBHC Bridge funding payments out to all of our members with signed contracts. We have also been working with the Data Analytics and CCBHC/Mobile Assessment Committees on the data definitions and requirements for the Bridge funding. For more information on grants, please see Andy Zellers' update on page 17 - and for more information on the committee's work see page 20.

The council has been working with DMHA on several initiatives in addition to the bridge funding but two I wanted to highlight are the **CMHC Assessment with Bowling Business Strategies** and the Racial, Equity, Leadership steering committee has been working with **HMA Associates** on the CLAS Assessment. I know both of these assessments are quite an undertaking, but I also know that the state wants this work to be beneficial in making our system even stronger. Whatever the council can do to support these efforts, we stand ready.

As you can see this spring season is very full, however filled with many celebrations.

I hope as this busy spring season winds down that you too find some rest and reflection.

In gratitude- Zoe

Zoe Frantz President, CEO zfrantz@indianacouncil.org



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Indiana Council member providers - serving all 92 Indiana counties

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The Indiana Council of Community Mental Health Centers

represents the collective interests of all community mental health centers (CMHCs) currently certified and accredited to provide community-based behavioral health services across all ninety-two counties in Indiana.

CMHCs in Indiana served over 300,000 behavioral health consumers in 2022. CMHCs provide services primarily to those suffering from severe behavioral health and substance abuse conditions which further reduce additional costs to society by directing coordinated care to our most vulnerable citizens.



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LT. GOVERNOR'S MENTAL HEALTH SUMMIT











Above: Signing of Senate Bill 1 with Governor Eric Holcomb

Clockwise from top left:

Dr. Carrie Cadwell, Dr. Monique Kulkarni, Zoe Frantz

Matt Burden, Zoe Frantz

Jennifer Pferrer, Zoe Frantz, Steve McCaffrey, Steve Luce

Zoe Frantz interview – WISH TV 8







Edgewater Health is Gary, Indiana's partner for high-quality, compassionate primary care and behavioral health services. Established in 1974 as Gary Community Mental Health Center, later known as Edgewater Systems for Balanced Living, Inc.,

we have been providing behavioral health services for the most vulnerable individuals and families who reside in Northwest Indiana.

Locations:
6 for outpatient
and specialty care,
plus 4 additional
subsidized housing
programs.

In 2017, our name changed once more to **Edgewater Health** to promote our expansion into primary care, our designation as a Federally Qualified Health Center (FQHC) lookalike, and to clarify our mission and purpose. Edgewater Health is certified to provide behavioral health and substance use treatment services by the state of Indiana Family and Social Services Administration, Division of Mental Health, and addiction. Edgewater is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

Edgewater Health is eternally optimistic about the health of the people we serve. We currently have six service locations in the Gary, Griffith, and Cedar Lake areas. Our vision is to continue to develop and deliver the best quality behavioral and physical healthcare available anywhere in our area. This includes evidenced-based practices that are culturally sensitive and culturally competent to address the needs of the populations we serve. We create an initiative for better health across communities and deliver services that will positively impact our patients.



Dr. Danita Johnson President and CEO

As Chief Executive Officer, **Dr. Danita Johnson** leads Edgewater Health in providing behavioral health care, primary care, and social health care services to residents of all ages residing in Gary and Northwest Indiana. Her goal is to help make a measurable difference in community health and well-being. Her personal mission is to serve as a leader who inspires and teaches as many people as possible for as long as possible to live their best lives. She specializes in organization turnaround and has had remarkable success in giving new life to troubled organizations.

Edgewater Health has enjoyed continuous success under her more than 25 years of leadership. She has led several major initiatives for the organization. **The Rapid Access Center (RAC)** is the first of its kind in Indiana for persons in crisis and experiencing acute psychiatric distress. In August of 2016, Edgewater began expanding its model of

integrated healthcare by acquiring primary care practices in Gary and Griffith, and most recently completed a new startup in Cedar Lake specializing in women's health. Edgewater Health has completed several housing projects to address the shortage of adequate housing for individuals and families in the community. The most recent project was a \$16M state-of-the-art housing complex.

Throughout her career, Dr. Danita Johnson has been recognized for her many accomplishments including receiving the Sagamore of the Wabash Award, the state's highest civilian honor. She is

MEMBER SPOTLIGHT

also the recipient of the state of Indiana Governor's Distinguished Hoosier Award and an inductee into the Northwest Indiana Business & Industry Hall of Fame.

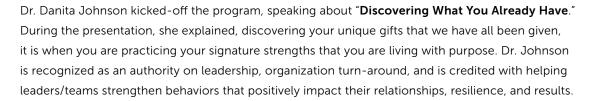
Mind, Body, & Spirit Wellness Program

Taking care of the whole person is more than looking at your health from a medical perspective.

Knowing what to do to guard yourself against chronic diseases is a major factor in self-care and

management, but you also need to add in another component to achieve total wellness.

Edgewater Health launched a new wellness program: Mind, Body & Spirit that meets from noon to 1:00 p.m., every third Thursday of each month, beginning with its first presentation on January 19, 2023. **The presentations** are free to the public and held at Edgewater Health's main building.



Our Mind, Body, & Spirit Wellness program has gained momentum throughout the community, said **LaTanya Woodson**, the Director of Community Health Education. Our staff has cohesively taken the approach to present topics that engage, educate, and empower participants. For example, in February, two of our physicians Drs'. **Sharon** and **Marshall James**, who are spouses as well as colleagues, presented **Fostering Healthy Relationships**, focused on how developing healthy relationships helps establish positive lifestyle goals and decrease health risks. In March, the Chief Human Resources Officer, **Ralynn Crockett**, gave an informative presentation about The Balancing Act of Life & Wellness, and emphasized individuals that are most productive and healthiest are those that are well balanced.

Caregiving is another topic that needs addressing because more adult children are taking the role of caring for their parents. **Melanie Jackson**, the RN, and Manager of our **New Life & Turning Point Program**, offers services to adults eighteen and older suffering from addiction. Melanie shared her journey in caregiving from a personal and professional perspective while educating the community about the importance of selfcare and recognizing The Blessing In Caregiving.

In recognition of **Mental Health Awareness Month**, Michael Pirtle, who serves as Program Director of Edgewater Health's **New Life Addictions Unit**, will give a presentation focused on "The Benefits of Gratitude". LaTanya shared the excitement about launching the Mind, Body, & Spirit Wellness Program. "This gives our patients, clients, staff, and community an opportunity to participate in discussions that will help them to achieve a healthier and more productive lifestyle. We will continue to develop programs like Mind, Body, & Spirit that will raise awareness regarding wellness and strengthen our relationship with the community.





Grocery Locker Program

Edgewater Health understands the importance of building relationships with community partners to develop programs and increase access to food and nutrition. The **Food Environment Index** provides a metric measuring food insecurity and access to healthy food and assigns values from 0 (worst) to 10 (best). The Lake County Food Environment Index value for 2019 was 7.5, compared to the statewide and national values of 6.6 and 7.8. In Lake County food security remains a current issue with reports indicating about twenty-seven food deserts and fourteen of those in located throughout the city of Gary, Indiana.



Edgewater Health launched the **Grocery Locker Program** in January '2023, through a partnership with **The Food Bank of Northwest Indiana** to address food insecurity among homeless individuals. The grocery locker is housed at the main campus,

where the consumer is issued a code to retrieve food and is accessible 24/7. The opportunity to implement a grocery locker program at Edgewater Health helped us meet the essential needs of our most vulnerable populations. Having access to more nutritional foods will reduce the stigma and shame associated with being food insecure and in many instances, cause additional psychological problems. The partnership between Edgewater Health and the Food Bank of Northwest Indiana will present an opportunity to implement more programs surrounding health and nutrition.

"Healthy Harvest" Farmers Market

Edgewater Health partners with The Lake County Eats Local Farmers Market to host its Healthy Harvest Farmers Market during the summer months, every 1st & 3rd Thursday from 11:00 a.m. to 2:00 p.m.

Annually, local farmers and vendors are available on the premises to sell their baked goods, fruits, vegetables, and any other items. We also have opportunities to partner with local vendors of small businesses that provide nutritional smoothies, vegan skin products, and other benefits at affordable prices.



Lake County Eats Local is a program of the SSNDC, funded by the U.S. Department of Agriculture's Farmers Market Promotional Program, to address access and availability of fresh and healthy food in Gary and the surrounding cities of Northwest Indiana.

Healthy H.E.A.R.T Program

Heart disease is the number one cause of death in Lake County. The heart disease rate in Lake County is 394 per 100,000, which is among the higher rates throughout the state. This rate is higher for African Americans in comparison to Whites and Hispanic/Latino individuals. Providing a Healthy H.E.A.R.T. program is a component of ensuring better health outcomes for our community. Edgewater Health invites partnerships from all public sectors that allow us to reach families within our service zip codes and throughout our surrounding communities.

MEMBER SPOTLIGHT

The Healthy H.E.A.R.T. Program is the acronym for **Healthy Eating, Active Lifestyle, Reduce Stress, and Test Your Numbers.** In partnership with **HealthVisions Midwest**, the Healthy H.E.A.R.T. program was designed to
educate participants about how to eat better, increase physical activity, and
get the proper rest. Each week, a different topic is discussed about nutrition
and increasing their knowledge of cardiovascular risks. After participants
engage in a six-week course, everyone that consistently attended will receive
a certificate of completion. Our staff works closely with one another to ensure
all patients, clients, staff, and the community receive updates regarding
registration and transportation service when needed.





Chat & Chew



Edgewater Health's Cedar Lake Clinic celebrated its first anniversary with its grand opening on Monday, May 9, 2022. Our Cedar Lake office provides Family Medicine services that include routine checkups and screenings, as well as chronic disease management and wellness education. We quickly identified the need to engage the seniors in the Cedar Lake community and designed a program that addresses topics relating to healthy aging, disease prevention, and management.

Annual Back Pack Give-A-Way

Edgewater Health annually supports in helping children throughout the communities get prepared to go back to school. We encourage families to come to Edgewater Health for school physicals, wellness checks, and an opportunity to update their child's immunization record. As an incentive we provide each child with a backpack filled with school supplies. We want to give children a positive experience and let them know going back to school can be less stressful and more enjoyable.



Back On Track Education and Wellness Health Fair

An estimated 26.3% of students still need to get their required shots for school, as reported by the Indiana Department of Health estimates. Studies show that raising awareness about the benefit of being vaccinated provides clarity and understanding. Edgewater Health, MDwise, and St. Timothy Community Church joined forces earlier in 2023 to educate the community about the benefits of receiving the COVID-19 vaccine, flu shots, and children immunizations updated. Attendees received free vaccinations, help







with Medicaid paperwork, and onsite job interviews at the event. All standard childhood vaccinations like polio, measles, mumps, rubella, and HPV were offered to K-12 students. During the Back On Track Education and Wellness Health Fair, participants of all ages had the opportunity to receive flu and COVID-19 vaccines and speak to our doctor and nurses that were available.

HIV Education & Awareness Discussions

More access to effective HIV/Aids prevention and awareness programs are needed in an effort to stop the transmission of this autoimmune disease. In partnership with the Aliveness Group of Northwest Indiana, Edgewater Health holds monthly disussions at the Turning Point/New Life location to educate





our clients about the importance of having a healthy sex life and how engaging in the use of illicit substance and alcohol misuse can lead to making decisions that can increase the chances of HIV/ AIDS exposure.

Cultural Competency of Care for the LGBTQ+ Community

Reported studies have shown that mental health systems in identifying people are a result of societal pressures and social norms. According to recent statistics, transgender and nonbinary individuals attempt suicide less when respect is given to their pronoun(s). Cultivating an environment that provides trusted spaces for patients, clients, staff, and the community is the goal of Edgewater Health.



To ensure inclusivity, the clinical and non-clinical staff at Edgewater received **competency of care training** for the LGBTQ2IA+ community from representatives of **Mosaic Health and Healing Arts**, located in Goshen, Indiana.

The Mosaic team was invited to provide training that focused on the importance of LGBTQ2IA+ competency of care and the elements of a welcoming environment for individuals who identify. Mosaic Health and Healing Arts is a full-scope family medicine facility that extends a welcoming space to transgender, gender non-binary, and individuals questioning their gender identity. The Mosaic team offered insight and information for creating an environment of respectful interaction and inclusive language with patients that identify.

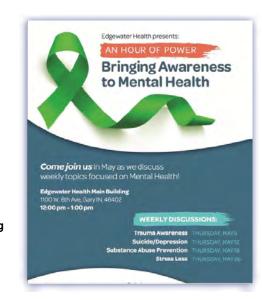
MEMBER SPOTLIGHT

An Hour of Power – Bringing Awareness to Mental Health

One of the components in confronting mental health is education and awareness. Educating the community regarding the stigma(s) surrounding mental health indicates there is more work to be done specifically in urban communities. Last year during Mental Health Awareness month, the community was invited to attend weekly discussions at Edgewater Health entitled, An Hour of Power! Bringing Awareness to Mental Health.

Participants engaged in discussions addressing topics regarding Trauma, Depression, Suicide, and Substance Abuse Prevention in

an environment that aimed to educate and improve the lives of individuals and families. This year, during **Mental Health Awareness Month**, discussions regarding behavioral health, wellness, mobile crisis intervention, and addiction awareness are videotaped and shared on Edgewater Health's social media page and website to keep communities informed about the services at Edgewater Health.



Edgewater Health is proud to provide behavioral health, primary care, addictions, and crisis intervention services for the city of Gary, and surrounding communities.

Next year, Edgewater Health will celebrate its 50th Anniversary. We will continue to take great pride in being the leader of delivering services that will positively impact our patients and cause a ripple effect throughout the community.

For more information regarding Edgewater Health's services and programs, you may follow us on social media, visit our website at www.edgewaterhealth.org,

or contact LaTanya Woodson by email at lwoodson@edgewaterhealth.org





9 Edgewater Systems for Balanced Living, Inc. 1100 West Sixth Avenue, Gary IN 46402 Designated in: LAKE Also serving: PORTER, LAPORTE



Latest news

- The IPLA put our guidance regarding the PHE ending.
 Information can be found on our website www.indianacouncil.org
- **DMHA workforce grants** are being reviewed by DMHA currently.
- The Indiana Council has started a robust Data Analytics Committee with the state, IPHCA and
 the hospital association. If your agency is not a part of this data analytics committee, please reach
 out to Denise Wade to get on the committee list. As we work towards developing a statewide
 data warehouse it is imperative that we have all CMHCS represented.

ATLAS Update for Next Level Recovery

It should come as no surprise that Indiana is launching ATLAS® (Addiction Treatment Locator, Assessment, and Standards platform) as the state's official addiction treatment locator this fall. You should be receiving emails from

Heather Lober at Shatterproof



encouraging you to complete open enrollment. If you are not the appropriate contact to receive communication regarding ATLAS, please forward to the appropriate person who will be completing the ATLAS Treatment Facility Survey on behalf of your organization.

ATLAS is intended to help individuals seeking addiction treatment find high-quality and appropriate care. Indiana addiction treatment providers who wish to be included on the ATLAS website must complete the Treatment Facility Survey by June 30, 2023. After this date, providers who did not complete the survey must wait until 2024 to be added.

As an additional tool in our toolbox, ATLAS is just one more way that Hoosiers looking for the most appropriate drug and alcohol treatment and resources will be able to find the help they need and deserve. I strongly encourage addiction treatment providers to participate in the ATLAS Treatment Facility Survey. Doing so will demonstrate a commitment to quality care, transparency, and ongoing improvement.



BDDS Update

The Bureau of Developmental Disabilities
Services (BDDS) is committed to supporting
our provider network in working toward
a true person-centered system which
empowers individuals to live their best lives.

As part of that commitment, BDDS hosted three identical web-based trainings in partnership with the **Division of Mental Health and Addiction (DMHA)** focused on supporting individuals with dual diagnosis, intellectual/developmental disabilities, and mental health.

Participants learned about:

- 1. Overview of Indiana 988 Crisis Response
- 2. Overview of state and national resources
- 3. Intersection of intellectual/developmental disabilities and serious mental illness
- >> A recording of the training is available here.
- >> A copy of the PowerPoint is available here.

STATE UPDATES

OTP- DMHA Opioid Treatment
Program Symposiums will be taking
place throughout the state of Indiana.
Click here for more information



MEDICAID UPDATES

- IHCP revises documentation requirements for psychiatric inpatient admissions
 - see BR202313 for details
- Behavioral Health Services Codes updated the following table: Covered Procedure Codes for Behavioral Health Provider Specialties 616–621
 - see BT202332 for details

Indiana Medicaid: Unwinding resources



Please note that updated and additional information is available on **our website**.

Under How a return to normal will impact some Indiana Medicaid members, you will find an updated toolkit in multiple languages, a flyer with a QR code, an ever-evolving FAQ, sample member communications, information from our previous stakeholder meetings, reports to CMS, and more.

If you have an idea for additional materials or questions that should be added to the FAQ, please let us know by contacting us at phestakeholders@fssa.in.gov

Rate matrix for Medicaid services

The Indiana Family and Social Services Administration is focused on ensuring a predictable and appropriate approach to reviewing rates for Medicaid services.

To support this focus, we have developed a rate matrix to establish a regular review cadence for those services that do not otherwise have a review detailed in state or federal code.

Under the rate matrix approach, each rate will be reviewed at least every four years using an evidence-based rate methodology that includes input from providers and other stakeholders. The rate matrix approach also includes a yearly index in the years between rate reviews. The rate review periods will align with the biennial budget cycle so that the results of the review can be considered and approved by the Indiana General Assembly as part of the budget process.

The current rate matrix can be viewed by clicking here. Following the conclusion of the legislative session, the matrix will be updated based on the approved biennial budget.

If you have questions and/or note a service that is not included, please let us know by emailing **FSSA.IHCPReimbursement@FSSA.IN.gov.**

For more information and updates, please click here.



Latest news

The Substance Abuse Mental Health Services Administration (SAMHSA) recently announced several funding opportunities, totaling almost \$50 million, with fast-approaching deadlines.

These opportunities will help eligible organizations expand **Mental Health First Aid (MHFA)** to more

schools, first responders, veterans and other communities, ensuring more people have the tools they need to offer support when someone is experiencing a mental health or substance use challenge.





We encourage you to share this information with eligible organizations:

- Visit our webpage for more information about the grants and who can apply.
- For additional questions about how these funds can be used to grow MHFA, please email MHFA_SAMHSA@TheNationalCouncil.org.

Here is an overview of the grant opportunities available through SAMHSA:

 Cooperative Agreements for School-based Trauma-informed Support Services and Mental Health Care for Children and Youth: Due Monday, May 8, 2023

The Cooperative Agreements for School-based Trauma-informed Support Services and Mental Health Care for Children and Youth program aims to enhance and improve trauma-informed support and mental health services for children and youth by increasing student access to evidence-based programs like MHFA and linking local school systems with local trauma-informed support and mental health systems. Funding details include:

- o Anticipated Total Available Funding: \$4,616,823
- o Anticipated Number of Awards: 5
- o Anticipated Award Amount: Up to \$970,000 per year for up to four years

Review the following links for details:

Comment Opportunity:

SAMHSA's National Model for Peer Support Certification

Grant Opportunity #1:

Certified Community Behavioral Health
Clinic Improvement and Advancement Grant

Grant Opportunity #2:

Certified Community Behavioral Health Clinic Planning, Development, and Implementation Grant

SAMHSA GRANT:

New HRSA Funding: Rural Communities
Opioid Response Program – Child and
Adolescent Behavioral Health

Grant Opportunity:

HRSA-FY23-NOFO-Flyer-MCHB 23-085_ Screening and Treatment for Maternal Mental Health and SUD (pdf)

FEDERAL UPDATES

SAMHSA Updates CCBHC Criteria



SAMHSA recently updated the **Certified Community Behavioral Health Clinic** (CCBHC) criteria to reflect the national needs within the mental health and substance use treatment service areas. Starting this week, 15 states will receive \$1M to plan to implement the CCBHC model. Additionally, states that have already established the model will have until July 1, 2024, to update their criteria to be inclusive of these areas. Review the updated CCBHC criteria **(found here)** and a full summary of changes on **SAMHSA's site here**. For any questions, please reach out to **CCBHC@thenationalcouncil.org**..

Opportunity to Comment: SAMHSA's 2023-2026 Strategic Plan (SAMHSA)

CMS Issues State Medicaid Director letter to Improve Care Transitions for Incarcerated Individuals



On April 17, the Centers for Medicare and Medicaid Services (CMS) issued a letter to State Medicaid Directors announcing a new opportunity for states to increase care for individuals who are incarcerated in the period directly before their release. The Reentry Section 1115 Demonstration Opportunity will allow state Medicaid programs to cover a group of services for up to 90 days prior to an individual's release date from incarceration. The package of services addresses multiple health concerns, including substance use disorder and chronic health conditions. The letter was issued in accordance with the Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act) and encourages states to explore and implement innovative service delivery systems for justice-involved populations. The full letter can be read here, and the press release about the letter can be read here.

HHS Letter to Governors on COVID-19 PHE

On April 14, Health and Human Services (HHS) Secretary Xavier Becerra **released a letter to Governors** on renewing the COVID-19 Public Health Emergency
(PHE). In the letter, Secretary Becerra noted that "we are in a position to end
the emergency phase of our response", then went on to share that he will
be amending the **Public Readiness and Emergency Preparedness Act (PREP Act)** to extend
certain protections and provisions beyond the end of the PHE. HHS released a **fact sheet** on the
amendments but noted that the list of included changes was not exhaustive.

HHS Finalizes Policies to Make Coverage More Accessible and Expand Behavioral Health Care

On April 17, the Centers for Medicare and Medicaid Services issued a press release sharing that revisions made to the HHS Notice of Benefit and Payment Parameters for 2024 Final Rule revisions made to the CMS final rule will expand access to behavioral health care. The revisions to the final rule now include two new Essential Community Provider (ECP) categories, Substance Use Disorder Treatment Centers and Mental Health Facilities. Qualified Health Plans in the Federally Facilitated Marketplace must have a "sufficient number and geographic distribution of ECPs, where available, to ensure reasonable and timely access to a broad range of such providers for low-income, medically underserved individuals in the plan's service area."



Thriving Together: A look Back at 2022

On behalf of and alongside our members, we accomplished a lot in 2022 – from getting critical legislation across the finish line and bringing Mental Health First Aid to more communities to investing in our workforce, delivering new resources, and hosting our first in-person NatCon in three years. **Read our 2022 Annual Report** for a recap of our work and wins!

E&C Committee Holds Hearing to Review HRSA Funding

The House Energy and Commerce

Subcommittee on Health recently held a hearing on several bills that would provide the Health Resources and Services Administration (HRSA) with funding for various grant programs aimed at improving workforce shortages, as well as other funding priorities for HRSA and the Committee. The Committee considered several pieces of legislation, including the Strengthening Community Care Act of 2023 (H.R. 2559), the National Nursing Workforce Center Act of 2023 (H.R. 2411), and several draft bills all related to workforce.

NATIONAL COUNCIL for Mental Wellbeing®

HEALTHY MINDS . STRONG COMMUNITIES

NEWS IN BRIEF:

- Press Release: FDA Approves First Over-the-Counter Naloxone Nasal Spray
- Letter to Partners: Risks of Xylazine (SAMHSA)
- Public Safety Alert: DEA Reports
 Widespread Threat of Fentanyl Mixed with Xylazine
- New Report: Drug Abuse Warning Network (DAWN): Non-Fatal Overdoses Short Report (SAMHSA)
- MH in the Workplace: Mental Health Matters: A Series of National Online Dialogues on Workforce Mental Health Policies (Dept. of Labor)
- Some good news for our IP providers:
 CMS proposes 2.8% hospital inpatient
 reimbursement hike

MORE USEFUL LINKS:

Meeting Notice: Federal Register:
Administration on Disabilities, The
President's Committee for People With
Intellectual Disabilities

Emerging Drug Threat: Biden-Harris
Administration Designates Fentanyl
Combined with Xylazine as an Emerging
Threat to the United States

Entitlement Solvency Update:
Trustees Report Summary (ssa.gov)

Congressional Oversight: Letter to SAMHSA

Presidential Proclamation: A Proclamation on World Autism Awareness Day, 2023

Executive Oversight: HHS Reminds States of Legal Obligations to Federal Civil Rights Protections as States Transition from Medicaid Continuous Coverage Changes as the Public Health Emergency Ends (HHS)

Medicaid Expansion Study: How Many Uninsured Are in the Coverage Gap and How Many Could be Eligible if All States Adopted the Medicaid Expansion? (KFF)

GRANT UPDATES



Grant updates for Spring 2023

REL

The first two benchmarks have been met and the consultants continue their work assessing and enhancing the equitable and inclusive practices within the state's CMHC system, as well as assessment of Federal CLAS Standards. The first two milestones have been met and funds have been sent to those centers with employee participation on the Steering Committee.

COVID Mitigation Grant

We continue to receive invoices for COVID related expenses, particularly for testing and materials. All claims through March have been submitted, and we've received payments through January.

Group Home Renovation Grant

This grant, which is still in the final approval and contract phase, will provide \$12,000,000 for improvements to the 57 existing group homes. We look forward to pushing out more details as we have them this summer. Let us know if you have questions.

CCBHC Bridge Grant

The Data Analytics Committee is busy working with Indiana Council and DMHA is hammering out the data definitions and process. We (Indiana Council) submitted the first deliverable item, the CCBHC Service and Support Plan, to the state and it was approved. The claim for \$4,000,000 in funding to CCBHCs was approved, and we've received the funds. Those checks/ACH deposits will be happening soon.

The 2nd claim will require completion of the Data Analytics Survey and submission of the OSA Report from Bowling. Let us know if you need assistance with this process. The 3rd claim will require completion of a survey from DMHA that is still being developed, and the desire is for the 4th claim and beyond, the desire is to use DARMHA data to streamline the process.

Timelines will be provided once known.

Stay tuned!

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Public Policy Committee

Beth Keeney, DrPH, Chair

WHAT. A. SESSION. Hopefully by the time you read this, Zoe and our lobbyist team will have had the opportunity to relax.

I can't remember a more exciting time in behavioral health (maybe October 1963, but this is pretty exciting!) When I first wrote this article, there were still 5 days and 3 hours left in this session. I was literally counting down! I'm excited to update the article with an end of the session scoreboard. Overall, pretty big wins for CMHCs in Indiana.

Our major accomplishments:

- Passed the single most influential piece
 of legislation related to behavioral health
 in recent times (HELLO! 988? Coordinated
 Crisis Response? Building blocks of the
 infrastructure for CCBHC across the state?
 YES!)
- Ensured any site of service legislation carved out CMHC, ensuring financial sustainability of many inpatient beds
- Increased the type of providers who can request an EDO to include nurse practitioners and physician assistants
- Created a new pathway away from the criminal justice system for patients
- Held off attempts to limit health care service provision in schools
- Successful in ensuring local elected officials do not get to pick and choose which CMHC they want serving their county on a year by year basis, protecting the CMHC statewide infrastructure

We didn't get all the money we needed or everything that we wanted. We had to compromise more than we hoped we would. However, I am confident we will navigate these results, just like we always do. Community health is, by its very nature, adaptable and responsive. We have to be, and so we will.

So many people made this session happen-

Zoe, Kelly Waggoner, Lou Belch, Sydney Moulton, Grant Waggoner- you may have just been doing your job, but you represented us with integrity and passion, and I (on behalf of our patients and staff) am incredibly grateful. I've spent enough time at the State House to know I don't have the stomach for it beyond a few visits a year, but you showed up everyday in service to our system, attended all of our meetings, answered our texts and emailsthank you. Each of you has been professional, responsive, and incredibly committed.

Our public policy committee also deserves our gratitude. More than at any point I can remember - members were so incredibly engaged in this process. I could not possibly name everyone who worked on every piece of legislation, tagged in at the last minute to testify, called and spoke to staffers, emailed or met with legislators. Not one time did we ask someone if they could advocate, morse code, call, visit, smoke signal, email, carrier pigeon, and they said no. This was an incredible team effort.

Special thanks to the heavy hitters

who showed up and provided testimony, passionately and articulately advocating for our patients, our independence, and our system.

Specifically thank you to Suzanne Koessel (Centerstone), Dr. Matt Burden (Porter Starke),

COMMITTEE UPDATES

Lisa Dominesse (Radiant Health), Dr. Carrie Cadwell (4C), Dr. Christine Negendank (Adult and Child), and Dr. Martin Jischke (Valley Oaks). Without your voice providing the expertise, none of this would have been possible.

Couldn't finish this article without mentioning the legislators and officials so engaged with us-Sen. Crider, Rep. Vermillion, Rep. Steuerwald, Lt. Gov. Crouch, Jay Chaudhary, Doug Huntsinger, and our friends in advocacy at MHAI (Steve McCaffrey, Stephanie Anderson, and Brandon George). I have to say thank you to my local legislators, Rep. Ed Clere, Rep. Rita Fleming, Sen. Chris Garten, for taking every call, answering the same questions over and over and figuring out how to help me navigate this session.

Tonight, somewhere in Indiana, a Hoosier is having a behavioral health crisis. They may be a veteran, a new or expectant mom, a teenager trying to find safety, or someone who injects drugs and lives unsheltered. With a little luck and a lot of work, hopefully they are in an area covered by robust crisis response and they will find the access to the care they need. We all know what the other potential outcomes are. If they are able to access the care they need tonight, that would be exceptional. In a few years, that will be the expectation.

Time for the real work to begin



Child & Adolescent Committee

Hurry up and mark your calendars for July 27th in Muncie at the Horizon Convention Center. We have been working hard to bring you all an incredible Child & Adolescent focused summer conference! We hope to see you all there as we have put together an incredible lineup of topics and presenters!

With one of our strategic priorities already checked done and off our list...thanks again to the QI Committee with their chair Rona leading the charge to reduce DCS redundant training requirements...

What is the C&A committee focusing on next?

Schools. From A to Z (I couldn't help it) and back again...all things school related. From CMHC roles within schools, risk assessments, gun violence, social emotional learning and fear...of students, staff and mental health providers. Want to learn more? Make sure you have a C&A rep at our quarterly meetings and join us in July where we will have in-depth conversations about all things youth and school based.

If you have any questions, want to join our meeting or anything really, reach out to committee chair Vanessa Pataky



Data Analytics Committee

By Demetrius Dillard Sr., MBA

Senior. Director, Information Systems and Technology, Aspire Indiana

Good Morning! I wanted to provide this as an update from the Data Analytics Committee so that everyone gets this as we are working to define data requirements in a more standardized way for all of the agencies. DMHA has been wonderful with helping create and drive open dialogue. The below items and statements are directly from Wendy Harold, Executive Director of Data Strategy for DMHA.

"DMHA has been working with the Indiana Council Data Analytics Committee to determine the most efficient and easiest way to get data for the CCBHC Bridge Grant metrics. It was decided that utilizing DARMHA data would be the best option. CMHC staff will not need to track and compile the metrics. DMHA would pull DMHA Supported Consumers that fit each metric. In order for DMHA to create some of the metrics, several new fields have to be added. The fields are list below. The SFY 2024 DARMHA manuals have been updated to include this new data. (Note: Crisis data metrics have not been finalized yet but when they are, the metrics will be tracked and compiled by CMHC staff as many of these clients may not become DMHA Supported Consumers.)" ~ Wendy Harold

EPISODE RECORD

Optional data (Required data for CMHCs.)

Date of First Contact (MM/DD/YYYY): Date the consumer first contacted the provider for services. This contact could be a phone call, email or walk-in.

Date of First Appointment Offered (MM/DD/YYYY): Date of the first appointment the consumer was offered. This date is included to document when a consumer chooses to be served at a later date than what is offered. Date of first service is determined by the first encounter date.

NOMS RECORD

Optional data (CMHCs should include this data if they are completing these screens.)

PHQ-9 or PHQ-9M Date ("MM/DD/YYYY"): Date of the most recent PHQ-9/PHQ-9M screen

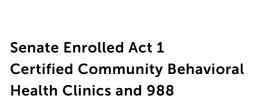
PHQ-9 or PHQ-9M Score (integer): Score on the Patient Health Questionnaire (PHQ-9 or PHQ-9M – modified for teens). Score will range from 0 thru 27.

A1C or HbA1c Date ("MM/DD/YYYY"): Date of the most recent A1C or HbA1c test (blood test that measures average blood sugar over the past three months)

A1C or HbA1c Percentage (decimal): Normal: below 5.7, Prediabetes: 5.7 to 6.4; Diabetes: 6.5 or above. Only A1C scores with one decimal place will be accepted (i.e. decimals with only one number after the decimal point.) Although this data is defined as a percentage value, do not send the percentage sign with the data.

LEGISLATIVE UPDATE

2023 Legislative Session -Final Wrap-Up





As the State of Indiana continues to fully implement the Certified Community Behavioral Health Clinic (CCBHC) model for service delivery, there are several infrastructure requirements that need to be addressed. SEA 1 requires FSSA to apply for a Medicaid State Plan Amendment or waiver for eligible CCBHC services. In addition, the legislation requires the establishment of a 988 crisis response line so that people will have a place to call, someone to answer and someplace to go.

The Behavior Health Commission is extended for two years with membership changes. The members include:

- Director of the Division or the director's designee
- Director of the Department of Child Services or the director's designee
- Secretary of Education or secretary's designee
- Representative from a community mental health provider association with statewide jurisdiction
- Representative from a mental health advocacy association with statewide jurisdiction
- Licensed pediatric adolescent psychiatrist
- Representative of a statewide elder advisory group
- Representative from the Indiana Association of County Commissioners
- Legislative appointees from the House of Representatives and Senate (total 4)

House Enrolled Act 1001 – Biennial Budget

- \$50 mil per year for Community Mental Health Services to establish Certified Community Behavioral Health Clinics and provide Crisis Response Services (including mobile crisis teams and crisis stabilization services).
- \$10 mil total for Regional Mental Health Facility Grants awarded to counties that commit to providing mental health services for incarcerated individuals who have been determined by a court of competent jurisdiction to be in need of mental health treatment. Awards may only be used to construct new facilities or renovate existing county facilities.

LEGISLATIVE UPDATE



- \$5.5 mil per year for Child Psychiatric Services requires FSSA to contract with no more than three regionally diverse social service providers to implement an evidence-based program that partners with school corporations, charter schools and accredited nonpublic schools to provide social work services and evidence-based prevention programs to children, parents, caregivers, teachers and the community to prevent substance abuse, promote healthy behaviors and maximize student success.
- \$500 mil for Regional Economic Acceleration and Development Initiative (READI 2.0)

 *See House Enrolled Act 1454 for information

House Enrolled Act 1004 – Health Care Matters (Site of Service)

Indiana's larger hospital systems have been the target of legislative leadership over the last several years. Given their agenda to lower health care costs, site of service was one of many methods the legislature decided to approach this cost reduction. Community Mental Health Centers, Private Mental Health Institutions and hospital based behavioral health services were all exempted from the site of service provision of the legislation.



House Enrolled Act 1006 – Mental Health Programs (Criminal Justice System)

The legislation specifies the circumstances under which a person may be involuntarily committed to a facility for mental health services and specifies that these services are medically necessary. In addition, it establishes a local mental health referral program to provide mental health treatment for certain persons who have been arrested.

House Enrolled Act 1454 – Community Mental Health Center Boards and REDI Grants

- Allows for additional County Commissioner appointments to the local CMHC board.
 Provides a process for primary service area counties to opt-in to an alphabetical order rotation.
 Limits the total number of County Commissioner appointments to three.
- READI grants are eligible to fund:
 - (1) Costs associated with increasing housing and associated infrastructure, including strategies that lead to permanent housing for individuals experiencing homelessness.
 - (2) Costs related to programs to support community mental health and public health.

Calendar 2023 Save the dates!

Cup of Joe with Zoe

Half hour State leader meet and greet with our members and partners. First Tuesday each month at 8:30am EST via Zoom. (Except July)





UPCOMING DATES:

June 6 July 11 August

September **5**

October 3

November **7**

December 5

>> Click here for Zoom link

Meeting ID: 210-953-5684 Password: ICCMHC

2023 Summer Quarterly Meeting

Date: July 26 - 28, 2023

Location: Courtyard Muncie at Horizon Convention Center, 601 South High Street Muncie, Indiana 47305

- Start Date: Wednesday, July 26, 2023
- End Date: Friday, July 28, 2023
- Last Day to Book: Wednesday, July 5, 2023
- Special group rate: Courtyard Muncie at Horizon Convention Center for 149 USD per night

Please contact Denise Wade with any questions, dwade@indianacouncil.org



For further information on any of these events please contact LeeAnn Jordan

Dates correct at 05-30-23

Click here to visit our events pages



OUR SPRING CONFERENCE

Thank you to all of our speakers who were a part of our Spring Conference.

Below: Aspire leadership team with Barb Scott, Sagamore Award Winner





Left: Tracy Waible, McKenzie Skirvin and Jessica Hynson with Cummins Behavioral Health

Below: Indiana Council's Lobbyist Team (from left) Lou Belch, Kelli Waggoner, Sydney Moulton, Grant Waggoner



Above: Doug Huntsinger presenting Zoe Frantz with the Mental Health Proclamation







Far left: Indiana Council's Board president, Suzanne Koesel and Zoe Frantz

Left: Dr. Gina Forrest, Aspire presenting at our Spring Conference

OUR SPRING CONFERENCE







Above from left:

Jay Chaudhary – Mental Health Advocate of the Year (presenting award – Beth Keeney)

Lt. Governor Suzanne Crouch presenting Barbara Scott, Aspire – Sagamore of the Wabash

Senator Mike Crider – Legislator of the Year (presenting award – Zoe Frantz) , Representative Ann Vermilion was also awarded Legislator of the Year, but was not able to attend.



Green hats were given out to everyone who assisted and helped with getting Senate Bill 1 passed! Great work everyone!



To Barb Scott -Congrats on your retirement,
thank you for all you've done for The
Indiana Council and the Behavioral
Health system in Indiana.





Our Providers - Serving all 92 Indiana Counties

Indiana Council of Community Mental Health Centers, Inc. indianacouncil.org P.O. Box 875, Carmel, IN 46082 (317) 684-3684

• Numbers show head office locations. • Click provider logos to visit their sites



603 E. Washington St. - 9th Floor, Indianapolis IN 46204 Designated in: MARION, JOHNSON



Aspire Indiana Health, Inc.

ASDITE 17840 Cumberland Road, Noblesville IN 46060 Designated in: BOONE, HAMILTON, MADISON, MARION Also serving: GRANT



Otis R. Bowen Center for Human Services, Inc.

850 N. Harrison Street, Warsaw IN 46581 Designated in: HUNTINGTON, KOSCIUSKO, MARSHALL, WABASH, WHITLEY

Also serving: ALLEN, DEKALB, , LAGRANGE, NOBLE, STEUBEN



Centerstone of Indiana, Inc.

645 S. Rogers Street, Bloomington, IN 47403 Designated in: BARTHOLOMEW, BROWN, DECATUR, FAYETTE, JACKSON, JEFFERSON, JENNINGS, LAWRENCE, MONROE, MORGAN, OWEN, RANDOLPH, RUSH, UNION, WAYNE Also serving: CLARK, DELAWARE, HENRY, JOHNSON, MARION, SCOTT



Community Health Network (Behavioral Health Services) - Gallahue

6950 Hillsdale Court, Indianapolis IN 46250 Designated in: MARION, HANCOCK, SHELBY Also serving: MADISON, JOHNSON



6 Community Health Network (Behavioral Health Services) - Howard

P. O. Box 9011, Kokomo IN 46904 Designated in: CLINTON, HOWARD, TIPTON



O Community Mental Health Center, Inc.

285 Bielby Road, Lawrenceburg IN 47025 Designated in: DEARBORN, FRANKLIN, OHIO, **RIPLEY, SWITZERLAND**



Cummins Behavioral Health Systems, Inc.

6655 East US 36, Avon IN 46123 Designated in: HENDRICKS, PUTNAM Also serving: BOONE, MONTGOMERY, MARION



Edgewater Systems for Balanced Living, Inc.

1100 West Sixth Avenue, Gary IN 46402 Designated in: LAKE Also serving: PORTER, LAPORTE



4C Health

401 E. 8th Street, Rochester, IN 46975 Designated in: CASS, FULTON, MIAMI, PULASKI Also serving: HOWARD, TIPTON, CLINTON, CARROLL, WHITE, MARSHALL, WABASH, GRANT, JASPER, TIPPECANOE, KOSCIUSKO



Hamilton Center, Inc.

620 Eighth Avenue, Terre Haute IN 47804 Designated in: CLAY, GREENE, PARKE, SULLIVAN, VERMILLION, VIGO Also serving: HENDRICKS, MARION, MORGAN, OWEN, PUTNAM



LifeSpring Health Services

460 Spring Street, Jeffersonville IN 47130 Designated in: CLARK

Also serving: FLOYD, CRAWFORD, DUBOIS, ORANGE, PERRY, SPENCER, JEFFERSON, HARRISON, SCOTT, WASHINGTON



Meridian Health Services

240 N. Tillotson Avenue, Muncie IN 47304 Designated in: DELAWARE, HENRY, JAY Also serving: RUSH, WAYNE, RANDOLPH



4 Northeastern Center, Inc.

220 South Main Street, Kendallville IN 46755 Designated in: DEKALB, LAGRANGE, NOBLE, STEUBEN



Oaklawn Psychiatric Center, Inc.

OAKLAWN 330 Lakeview Drive, Goshen IN 46527 Designated in: ELKHART, ST. JOSEPH



10 Park Center

909 East State Boulevard, Fort Wayne IN 46805 Designated in: ADAMS, ALLEN, WELLS



Porter-Starke Services

601 Wall Street, Valparaiso IN 46383 Designated in: PORTER & STARKE



Radiant Health

505 N. Wabash Avenue, Marion IN 46952 Designated in: GRANT, BLACKFORD



Regional Mental Health Center

3903 Indianapolis Boulevard, East Chicago IN 46312 Designated in: LAKE



Samaritan Center

515 Bayou Street, Vincennes IN 47591 Designated in: DAVIESS, KNOX, MARTIN, PIKE



Sandra Eskenazi Mental Health Center

720 Eskenazi Avenue, Indianapolis IN 46202



Designated in: MARION



22 Southwestern Behavioral Healthcare, Inc. 415 Mulberry Street, Evansville IN 47713

Designated in: GIBSON, POSEY, VANDERBURGH, WARRICK



3 Swanson Center

7224 W. 400 N., Michigan City IN 46360 Designated in: LAPORTE



Valley Oaks

415 N. 26th Street, Lafayette, IN 47904 Designated in: BENTON, CARROLL, FOUNTAIN, WARREN, JASPER, NEWTON, WHITE, MONTGOMERY, TIPPECANOE

