

News, programs and training opportunities / Distributed to all members

Pickle ball champs

Serving smiles and mental well-being
for Hoosier kids!



Family Health Center

We are delighted to welcome Family Health Center for this month's Member Spotlight feature...

For over 50 years, FHC has been delivering primary and behavioral healthcare and improving the overall personal health and well-being to all regardless of the ability to pay, all across Southwest Indiana.

Read more... See page 6-11

Also this issue:



Pages 13-16

State & Federal updates



Pages 20-21

Latest events



Dear Members, Key Stakeholders and Community Members -

As we are in the season of Thanksgiving, I am compelled to start this letter with a note of gratitude for our community mental health centers, the staff, and those that we serve.

The gratitude struck me the other day when I attended a variety of meetings that discussed everything from jail-based services, employment services, school-based services, and workforce. What does our system not touch in our local communities and State? Our safety net system provides mental health and substance use services in so many capacities.

It also reinforced that while we are in this system of change towards Certified Community Behavioral Health Clinics that we cannot lose sight of the great work our Community Mental Health Centers do and the reason why I believe we need to be the foundation of CCBHC transformation. **You can view our public policy platform here.** this policy will support our system through this transformation.

In the two years that I have been leading the council I have seen and met with all 24 community mental health centers, their staff and those they serve. I have seen first-hand the impact that each of you has on your local communities. You are truly saving lives and providing the necessary support needed for those we serve- Thank you! One of those visits was to the **Family Health Center** in Vincennes, Indiana. Andy and I both got to go to their clubhouse and see the great work their clients are doing with everything from a podcast to a clothing store for their local community. **You can learn more about them on page 6.**

While we have accomplished so much together over the past two years, there is still so much we need to do until our community mental health system has the resources, we need to not only be sustainable but thrive and in doing so the over 300,000 Hoosiers we serve will also flourish.

Over the past couple of months, a lot of collaboration and support has taken place, so I want to take a moment to share a moment of gratitude for -

- The Indiana Council Board!

Welcome to our new members and leadership. **See Board update on page 12**

- Many of our State and Federal Legislatures that we have met with this fall regarding policy to support our system and CCBHC. Thank you to **Beth Keeney, Lisa Dominisse, and Dr. Eric Yazel** for joining me in DC to award **Senator Young**, the Indiana Council of Community Mental Health Center's Federal Legislator of the Year Award (**see page 20**) and to advocate for important federal policy for CCBHC, addiction funding and workforce (**see page 21**).

- The Division of Mental Health and Addiction Team- see the grant update from Andy **on page 5** - thanks to these financial resources we can continue the Certified Community Behavioral Health Pilot sites, improve our group homes for the severely mentally ill, and improve our work around the Federal CLAS

WELCOME

standards. The work we are also doing collectively around CCBHC, and the Statewide data warehouse will move us towards better outcomes and transparent data. See update on data warehouse **on page 5**.

Indiana Medicaid- with their work with Centers for Medicaid and Medicare some of our members will soon be able to bill for Mobile Assessment Services. **(See CMS Updates on page 16)**

County Commissioners and local government officials – many have worked with our members on jail-based services funding, the opioid settlement dollars for treatment, and have recognized our efforts such as **Southwestern Behavioral Health Services** winning the mayor's workforce Award **(See page 13)**. Thank you to the County Commissioner Association for allowing us to come and share about our CMHC System and the work we are doing to be transparent and collaborative within our local communities.

The Indiana Primary Health Care Association – this fall the FQHCS and CMHCS discussed CCBHC and how we can work together to build and integrative system of care- **(see page 21)**

None of this can be done without the Council's Staff, our board, our members and our committees. Updates on this great work can be found on page **12, 13** and **16**.

Hard to believe our next newsletter will be in 2024, the start of a new legislative session. Until then, please know the council is here to support the continued great work each of you do.

As we enter this holiday season, we wish all our members, key stakeholders and community members a joyous and peaceful season.

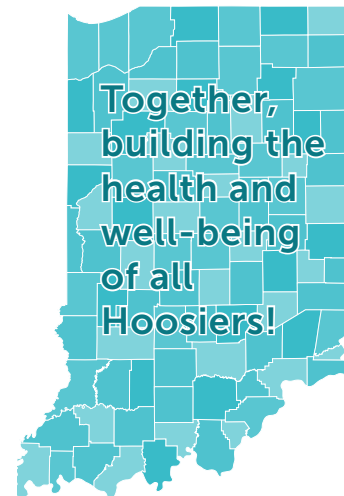


Zoe Frantz President, CEO
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The Indiana Council of Community Mental Health Centers

represents the collective interests of all community mental health centers (CMHCs) currently certified and accredited to provide community-based behavioral health services across all ninety-two counties in Indiana.

CMHCs in Indiana served over 300,000 behavioral health consumers in 2022. CMHCs provide services primarily to those suffering from severe behavioral health and substance abuse conditions which further reduce additional costs to society by directing coordinated care to our most vulnerable citizens.

Click the image below to view / download our flyer on the benefits provided to our communities by our network of CMHCs.

INDIANA COUNCIL How do CMHCs benefit their communities?

Indiana's Community Mental Health Centers (CMHCs) provide comprehensive mental health care to persons of all ages who suffer from mental illness or substance use disorders.

- The 24 CMHCs focus on serving economically disadvantaged Hoosiers and those who typically encounter difficulties accessing care.
- The services CMHCs provide to their communities include: inpatient and outpatient treatment, crisis services, services for children and adolescents, elderly people, substance use services, residential services, peer-led services and more.
- CMHCs provide life-improving, critical mental health services to Hoosiers who otherwise might never receive care, including the economically disadvantaged, persons involved in the criminal justice system, and persons who are experiencing homelessness.

CMHCs have a positive impact on Indiana's economy.

- The overall economic footprint of CMHCs statewide is nearly **\$1.4 billion**
- CMHCs directly employ **11,829** Hoosiers, and indirectly support the jobs of an additional 3,511 Hoosiers through the supply chain, and via income generated by the CMHCs.
- Every \$1.00 invested by CMHCs generates another \$0.59 in additional economic activity.
- CMHCs help improve the state's mental healthcare workforce by providing internships to graduate students to learn skills needed to work in a community mental health environment.

Total Economic Impact for Indiana
\$1,382,440,371 ANNUALLY
\$510,369,303 NON-DIRECT | \$872,080,068 DIRECT

Tax Revenue Generated
\$186 Million ANNUALLY
\$35.5 Million STATE & LOCAL | \$150.6 Million FEDERAL

Employment
15,3040 TOTAL JOBS
3,511 NON-DIRECT | 11,829 DIRECT

How can you support Indiana CMHCs?

CMHCs face many challenges, the biggest of which are acquiring and retaining a quality workforce, lack of adequate funding, and administrative burdens. The following measures would assist CMHCs to provide Hoosiers with more effective and timely services...

- Continue Telehealth supports, alongside face-to-face services, as during the first year of the Covid-19 pandemic.
- Continue and expand the Certified Community Behavioral Health Center (CCBHC) grantee program; implement Prospective Payment System rate methodology.
- Increase Medicaid reimbursement rates to reflect the true cost of services.
- Provide incentives to work at CMHCs, such as student loan repayment or tuition reimbursement.
- Improve the licensure process by removing barriers to get a license more quickly.
- Reduce the administrative burden to CMHC staff by streamlining processes and reducing paperwork.
- Allow reimbursement of support services for consumers, such as transportation to and from the CMHC.
- Improve Hoosiers' mental health literacy to help them recognize, manage and prevent mental health and substance use disorders.

Text adapted from *The Impact Of Indiana's Community Mental Health Centers by the Center For Health Policy.*
View / download the full report here

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IC UPDATES

Grant Administration Update - Andy Zellers

In grant administration, we've stayed busy processing claims on the ongoing grants and getting the ball rolling on the Group Home Renovation Grant. One celebration this month is getting grant recipients set up so all grant funds can be issued via ACH transactions! Kudos to Indiana Council's **Denise Wade** on coordinating this effort with our members and banks. This is great news as we seek to expedite getting funds to our members!



The **Group Home Renovation Grant contracts** are out for signature. We still need a few CMHCs to complete and return. The claim submission form and process have been developed and recipients should receive these items in the next few weeks, and soon able to submit claims for work that occurred after July 1, 2023.

COVID Mitigation Grant claims continue to be submitted and funds issued. Work related to the REL Grant continues, and we look forward to receiving the report from the consultants.

Once the report is received Indiana Council will submit for the next amount of claimable funds.

And, last but not least, quarterly claims for **CCBHC Bridge Grant funding** continues. Funds for Q1 of 2023 have been issued via ACH, and funds for Q2 of 2023 have been received. We expect to have Q2 funds issued to recipients via ACH by the week of Thanksgiving. A notification will be sent when funds are issued.

In this season of **Thanksgiving**, we want to thank our members for their hard work as we work towards CCBHC and increased funding for our members. All are crucial to the success of getting the funding required to provide behavioral health to the thousands of Hoosiers across the state of Indiana – *Thank You!*



Thank you to our Veterans for your service. Including our very own – Andy Zellers, United States Navy

Data Warehouse update – Hannah Appah

We are happy to share the latest strides in our journey, and we couldn't be happier about the enhancement we have made to our data warehouse. Your trust in our commitment to data excellence propels us to continually innovate and optimize our systems and projects.

We understand the importance of data warehouse and hence the data warehouse project demonstration is currently ongoing, and we are almost at our last demonstration which is scheduled for the 17 of November. We are thrilled to announce to you the recent developments with the data warehouse project such as the survey links to get aggregate scores for each vendor, action plan for the data warehouse and timeline. We are currently working on RFP's to be sent out when demonstrations are over. These latest updates ensure scalability, accuracy and allow us to adapt to the evolving needs of our organization. We are not stopping here! Be on the lookout for our upcoming features that will further elevate and enhance our data warehouse functionality.





Family Health Center

At the **Family Health Center**, our mission is to promote a healthy community by providing accessible, respectful, and collaborative primary and behavioral healthcare to all regardless of the ability to pay. We strive to build relationships and

collaborations with community partners to deliver primary and behavioral healthcare and improve the overall personal health and well-being for our community.

History of Family Health Center

Accessible and affordable healthcare services for the underserved, uninsured, and low-income were lacking in the community. Through the support of community partners, the Family Health Center (FHC) was established in 2018 to provide the community with affordable and accessible primary health care. The FHC is a 501©3 organization governed by a Board of Directors. In the first 5 years of operation, the FHC has accomplished many milestones and achievements.

May 1, 2018: The Family Health Center started in a small clinic building in Vincennes, Indiana with two Nurse Practitioners, weekly physician and behavioral health services, and 10 employees. In the first month of operation, the health center provided services to 218 patients.

October 1, 2019: The FHC was awarded designation as a Federally Qualified Health Center (FQHC). Under the FQHC designation, the Family Health Center is a community-based and patient-directed organization designed to provide much-needed health care to individuals that are under-insured or without insurance by using a sliding fee scale.

October 2020: The Family Health Center quickly outgrew its original location, and amid the pandemic, the center moved to a much larger

facility. This allowed the Family Health Center to expand services for both primary and behavioral health care, including substance use disorder services. The FHC also started a Medicare Wellness Program and offered extensive navigation services to address socioeconomic barriers to care.

February 2021: The FHC identified a community need for acute medical care services in the community. Many patients were not accessing local convenient care services due to the local provider requiring a significant co-pay due at the time of service. Many patients without funds turned to the emergency room for acute care needs. The Family Health Center began offering walk-in services in February of 2021 to any community member so they may be seen for acute medical conditions, such as coughs, colds, fevers, infections, skin disorders, etc.

Fall of 2022: The FHC, Good Samaritan Hospital, and their respective governing boards, worked collaboratively to identify unmet needs in the community for integrated primary and behavioral health care.

January 2023: the Family Health Center and Good Samaritan Hospital signed a Letter of Intent to transition all outpatient behavioral health services to the FHC effective July 1, 2023. This transition would allow the FHC to provide an integrated model of care across the four-county region.

FAMILY HEALTH CENTER

July 1, 2023: A significant date for health care in Knox County and surrounding areas. The previous Samaritan Center, a Community Mental Health Center, began operating under the leadership and governing board of the Family Health Center. The FHC is now the designated Community Mental Health Center for Knox, Daviess, Pike, and Martin counties in Southwest Indiana.

History of the Samaritan Center:

The **Samaritan Center** brought years of experience and knowledge in behavioral health services to the FHC, as it spent the last 50 years in partnership with Good Samaritan Hospital.

The Samaritan Center opened in January 1972 as the comprehensive Community Mental Health Center (CMHC), located in the newly constructed Columbian Tower of Good Samaritan. By the end of the first year, the Center was treating roughly 1,000 clients and with the client volume increasing steadily, the need for additional offices was evident and in 1982, a new outpatient center was constructed at 515 Bayou Street. The new facility allowed for expansion of services and this same office continues to treat clients today. In 1995, the CMHC was renamed to its current Samaritan Center name to reflect the growing diversification of programs and services, as well as its expansion into Daviess, Martin, and Pike counties.

The introduction of community mental health centers, like Samaritan Center, played a large, direct role in changing mental health in this country. These centers gave people easier, more convenient access to mental health care, and so people are far more apt to seek treatment, oftentimes before a condition becomes critical. Additionally, options such as group homes allow more people to avoid long-term institutionalization and stay close to their homes and their families.

The Center grew and diversified tremendously through the years. The varied offices and services

provided discreet settings for all kinds of mental health treatment and counseling. In addition to caring for clients who are dealing with very critical mental problems, the center also provided various other therapies and services.

Not only did the Samaritan Center grow physically, but the actual practice of mental health care also expanded as well. When the Center opened

in 1972, only a few medications were available to treat mental health conditions, and they often were less effective than medications available today.

"There are a lot of new medications and treatments available now," Michael Drake, Psy.D., Director of Clinical Operations for Samaritan Center noted.

"They've made a tremendous difference. We're able to treat illnesses more effectively and quicker, so we can avoid many hospital stays." Other therapies have evolved as well. Psychotherapies, the treatment of psychological disorders by a professional technique, such as psychoanalysis, group therapy, or behavioral therapy, have changed and improved.

"Our goal is to provide excellent mental health care, no matter how serious or how minor the illness," Drake said. "Our staff has spent their professional life helping others. Always going above and beyond to care for their patients. It's a pleasure to work with a group like that."

In May 2020 Samaritan Center received a \$4 million Federal grant to increase access to and improve the quality of community mental health and substance use disorder treatment services. In the first year of the grant, more than \$725,000 was allocated to the hiring of additional direct service delivery staff, including case managers, therapists, a primary nurse practitioner, and peer recovery specialists.

The four major areas of focus included a Mobile Integrated Wellness Center, Wabash Valley Friendship Clubhouse, Family Preservation Services, and Adult Chemical Dependency Services.





Integrated model of care

The merger of Samaritan Center and Family Health Center provides an integrated health care model by providing primary and behavioral health care in one location.

Studies show most health care visits primarily have a psychosocial basis and the highest utilizers of health care commonly have untreated/undiagnosed behavioral health needs. The addition of behavioral health care to a primary health center allows seamless follow up through the behavioral health care provider for those with chronic behavioral health needs. By providing continuity of care, the patient's overall outcomes improve.

"Integrating physical and behavioral health services can promote patient referrals and follow-up, foster collaboration in decision making, and connect patients to needed resources, resulting in more effective and efficient care," said Family Health Center CEO Jennifer Emmons. "Providing both primary and behavioral health care in one facility reduces transportation issues and missed follow-up appointments which improves the overall wellbeing of our patients." Emmons went on to say, "Our focus moving forward is increasing access to care in our facilities that will allow consumers to receive the

care they need in a timely manner."

As shown in a study recently completed by the City of Vincennes, transportation is a huge barrier for many individuals living in Vincennes as is in most communities in Southwest Indiana. Allowing a patient to schedule all

their appointments for care on one day and in one location will likely reduce the number of cancellations and missed appointments by patients.

Locations and services

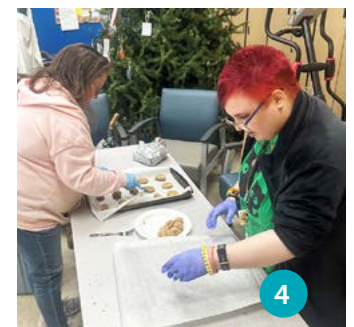
The Family Health Center offices include Bayou Family Health Center, Washington Avenue Family Health Center, Willows Family Health Center, and the Wabash Valley Friendship Clubhouse in Vincennes. The Daviess County Family Health Center, Martin County Family Health Center, and the Pike County Family Health Center provide many of the same services as their Knox County counterparts.

Bayou Family Health Center serves patients aged 18 and older and services include diagnostic testing, individual, family, and group therapy, medication management, case management, primary healthcare, day programming for clients diagnoses with a serious mental illness, and substance use disorder treatment. SUD programming includes intensive outpatient services, partial hospitalization program, peer recovery services, medication treatment, Accudetox, medication-assisted treatment, and parenting education.

The Partial Hospitalization Program (PHP) is an intensive, 30-hour a week outpatient treatment program designed to treat individuals that require a higher level of care than the standard outpatient services, but do not meet criteria for hospitalization. Individuals in PHP receive comprehensive treatment services and medical monitoring during programming hours and return to their place of residence at the end of the day.

Our Drop In Day Program, known as **The Gathering Place**, allows those clients that have been diagnosed with a serious mental illness to go each day for skills building in a structured learning center. Skill training focuses on rebuilding self-esteem, coping skills, anger management, taking responsibility for themselves,

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FAMILY HEALTH CENTER

and independent living skills. Many participants are participants of the Family Health Center's **Supervised Group Living** facilities. The program also includes activities in the community to help clients gain confidence of integrating back to day to day life.

Washington Avenue Family Health Center provides both primary and behavioral health care for children and adults. Services include preventative services including wellness exams and school physicals, manage chronic diseases, treat acute illnesses and minor injuries, perform minor office procedure, laboratory services, diagnostic testing, individual and family therapy, medication management, and marriage counseling. Our Washington Avenue office provides walk-in appointments Monday through Friday, 8am to 1pm, for acute primary healthcare needs.

Willows Family Health Center serves children under the age of 18 and services include diagnostic testing, individual, family, and group therapy, skills training, medication management, parenting education, wrap around services in home or school, and supervised visitation.

Family Preservation is home-based services designed to help best meet the needs of families by preserving the family and avoiding the removal of children from their home. They offer trauma informed, evidence based, and best practice services, such as the Teaching Family Model and The Incredible Years. Family Preservation provides comprehensive and individualized services that offer a variety of programs to treat the unique needs of our children, adolescents, adults and families in the community.

The **Wabash Valley Friendship Clubhouse** is a place to allow individuals diagnosed with a serious mental illness to gain and give encouragement, to be empowered to connect with the community, and to gain back their lives lost to mental illness. Members can participate as little or as much as they would like. They create goals for themselves,

and the Clubhouse works side-by-side with the members to attain those goals.

Through participation members are given the opportunity to join the worlds of employment, education, meaningful work, and friendships. Clubhouses help break the isolation and provides persons with mental illness an opportunity to create and share in a safe environment while receiving the necessary support to succeed.

The Wabash Valley Friendship Clubhouse is one of 300 Clubhouse accredited facilities worldwide. The Clubhouse International Accreditation is a symbol of quality – a clear demonstration of a Clubhouse's commitment to excellence. A multi-level review is involved in the accreditation process includes a self-study, site-visit from Clubhouse International faculty, written report outlining the Clubhouse's weaknesses and strengths to ensure it is fully complying with the Clubhouse International's 37 Standards, receiving official accreditation and ongoing consultation and technical support.

The Clubhouse operates the **David G. James Thriftshop** as a part of their work order day. This thrift store is available for members to find items they may need in their homes and is open to the public. Members staff the store Monday through Friday and learn valuable skills that can be used in future employment opportunities.

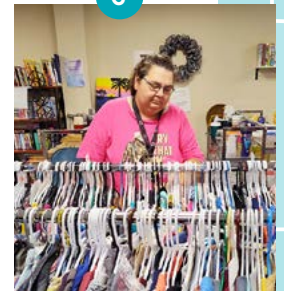
The Family Health Center operates two **Supervised Group Living facilities (SGL)** in Vincennes, Indiana. Residential Group Homes provides a safe living environment for clients to gain the needed skills to live independently in their community. Our Group Homes are staffed 24 hours a day; seven days a week.



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Daviess County Family Health Center provides both primary and behavioral health care for children and adults. Services include preventative services including wellness exams and school physicals, manage chronic diseases, treat acute illnesses and minor injuries, diagnostic testing, individual, family, and group therapy, medication management, substance use disorder programming, parenting education, and marriage counseling.

Martin County Family Health Center provides behavioral health services for children and adults. Services include diagnostic testing, individual, family, and group therapy, and medication management.

Pike County Family Health Center provides both primary and behavioral health care for children and adults. Services include preventative services including wellness exams and school physicals, manage chronic diseases, treat acute illnesses and minor injuries, perform minor office procedure, laboratory services, diagnostic testing, individual and family therapy, medication management, and marriage counseling. Our Pike County location offers same-day appointments for primary healthcare needs.

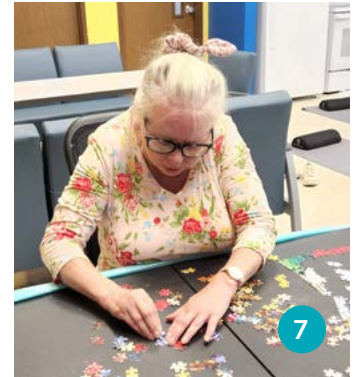
Upcoming new services

Future programming for the Family Health Center includes a **Mobile Crisis Team, Crisis Receiving and Stabilization Unit, group homes, and expansion of contraceptive and reproductive health services.**

The Family Health Center anticipates the **Mobile Crisis Team** to be in service early in 2024. The MCT will respond to individuals of all ages that live in Knox, Daviess, Pike and Martin counties that are experiencing a mental health or substance use crisis.

The MCT will collaborate with first responders and community agencies to provide crisis assistance in non-threatening situations through de-escalation and problem-solving protocols, and connect individuals to needed care, treatment, and resources. The team will consist of peer support specialists and other behavioral health professionals

that will respond to crisis situations 24/7/365. The MCT will provide First Responders with an alternative to jail, or an emergency department visit when an individual is experiencing a mental health crisis in the community.



The Green Door Project is a program in development with the projected opening date of July 2024. The Green Door Center is a crisis receiving and stabilization unit and will utilize the “no wrong door” approach for children and adolescents experiencing a mental health crisis.

The Green Door Center will be an access hub for coordination of care for children and adolescents and their families who are experiencing a mental health crisis. The program utilizes the living room model for clients and their family to de-escalate from a situation in a calming environment rather than an emergency room. While at the Green Door Center, clients and their families will have access to a comprehensive evaluation and development of a treatment plan for ongoing care. The program will coordinate those services and any additional resources for clients and their family during their stay with the goal of returning the client back to the community.

The Green Door Center will be a resource for first responders, social workers, schools and others to connect a child/adolescent and their family with services and resources during and after a crisis.

The Family Health Center continues to focus on the need for additional group homes and will expand this area in the near future. Providing monitored home living allows the client to gain back everyday living skills more quickly and successfully move on to an independent life.

Through the award of a State grant, the FHC plans

FAMILY HEALTH CENTER

to expand its **contraceptive care and reproductive services**, reaching those women in transitional living environments and those with no or limited English proficiency. The Family Health Center will hold outreach events to provide educational information in multiple languages to the Haitian Creole and Hispanic populations in our four-county area.

Recognizing the benefits of evidenced based programs our **Willows Family Health Center** office has expanded its prevention services in the Knox, Daviess, Pike, and Martin county areas with several programs. **Strengthening Families** provides opportunities for parents to gain valuable parenting skills to increase bonding, communication, and problem solving within the family unit. Willows FHC school-based programming includes Too Good for Drugs and Too Good for Violence which helps students gain skills in decision making, social interaction, and goal setting. Also offered is CATCH My Breath, an anti-vaping program that provides

students with refusal skills and strategies to help them make the healthy choice to not vape.

The prevention team's program also includes substance free alternative events including **pickleball tournaments, free movie days, Children's Mental Health Fairs**, and SAMHSA's **"Talk. They Hear You"** campaign to promote parents and youth engaging in conversations about the risks of underage drinking and substance youth. By offering free family friendly events, evidenced based programming, and substance free alternative events our communities will grow stronger. The Family Health Center is committed to empowering our communities to improve their health and overall well-being.



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The Family Health Center, its employees and Board of Directors are all ecstatic thinking about how far we've come and where we are headed in the future. From our first month of serving 218 patients with 10 employees to now serving more than 10,000 patients and over 200 employees, the Family Health Center is the leading provider for the underserved, uninsured, and low-income communities of Knox, Daviess, Martin, and Pike counties. Providing care to those in need during their most difficult times.

- 1 - Riverfront building
- 2 - FHC-Administration building
- 3 - 2023 Back to School event at Daviess County FHC
- 4 - Making cookies
- 5 - Clubhouse exercise
- 6 - Amy working thrift store
- 7 - Day Programming Activities.
- 8 - Pickleball Tourney 3.0 winners
- 9 - IMM Visit
- Cover - Pickleball Tourney 3.5 winners



Family Health Center

10 Family Health Center
 515 Bayou Street, Vincennes IN 47591
 Designated in: **DAVIESS, KNOX, MARTIN, PIKE**



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Our Board of Directors



Katy Adams



Steve Howell



Greg Duncan

Thank you to **Suzanne Koesel**, Centerstone CEO, for her leadership as Chair of the Indiana Council's board of directors, **Chuck Clark**, past CEO of Park Center for his leadership as Vice Chair, and **Allen Brown**, CEO of Adult and Child Health. Their terms are up and so the board voted this past week for **Katy Adams**, CEO of Southwestern Behavioral Health to be the new chair of the board, **Steve Howell**, CEO of Northeastern Center, as Vice Chair and **Greg Duncan**, CEO of Community Mental Health Center, as Secretary and Treasurer.

I look forward to working with the new board leadership as we continue to live the council's mission and vision in our state and federal advocacy!

We're thrilled to announce the appointment of **3 new members** to our board of directors. These accomplished individuals bring a wealth of experience and expertise to our organization, and we are confident they will play a pivotal role in guiding Indiana Council to new heights.

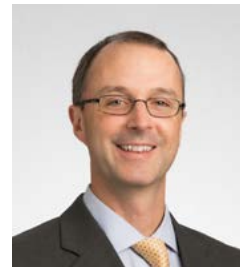
The new board members are:

- **Melvin Burks**, Hamilton Center, President & CEO
- **Matt Burden**, Porter Starke, President & CEO
- **Lisa Dominisse**, Radiant Health, President & CEO

We are honored to welcome these outstanding individuals to our board of directors. Their diverse backgrounds and deep industry knowledge will be invaluable as we continue to grow and innovate. We believe their contributions will be instrumental in driving our organization forward.



Melvin Burks



Matt Burden



Lisa Dominisse

IBHC appointments

Indiana Council would also like to recognize Governor Eric Holcomb's recent appointments to the **Indiana Behavioral Health Commission**, who will serve until June 30, 2025, and whose commitment to behavioral health care aligns with Indiana Council's mission.

The newly appointed members of the Behavioral Health Commission include:

- **Zoe Frantz** (West Lafayette) – President and CEO of the Indiana Council of Community Mental Health Centers, Inc.
- **Stephen McCaffrey** (Knightstown) – President and CEO for Mental Health America of Indiana
- **Jason Tomcsi** (Indianapolis) – Associate State Director for Communications with AARP
- **Kellie Streeter** (Vincennes) – President of the Indiana Association of Counties and Knox County Commissioner.
- **Rachel Yoder** (Indianapolis) – Director of the Triple Board Residency Program and Child and Adolescent Psychiatry Fellowship at the Indiana University School of Medicine

COUNCIL UPDATES

Zoe Frantz wins Advocate of the Year!

From the press release:

Indiana Council of Community Mental Health Centers would like to recognize the accomplishments of President & CEO, Zoe Frantz. Ms. Frantz was recently awarded “National Advocate of the Year” by the National Council for Mental Wellbeing.

“Without effective advocacy, we can’t accomplish our goals to increase access to mental health and substance use care to anyone who needs it and to support and grow the behavioral health workforce. Zoe exemplifies the type of tireless work needed to keep these issues top of mind including Certified Behavioral Health Clinics for policymakers. Through her work this past year with State Legislators, Indiana’s Senators Todd Young and Mike Braun, and the Biden-Harris administration, Zoe’s efforts have made an immense difference. We are honored to give Zoe our Individual Achievement in Advocacy Award this year.” – Reyna Taylor - Senior Vice President, Public Policy & Advocacy – **National Council for Mental Wellbeing**



- **The Indiana Council’s Public Policy Platform is now available!**
You can find it on [our website here](#).
- **Work is taking place now to get legislation filed.** Once bills are filed, we will share!
- **Cup of Joe with Zoe** – Starting in January, this series will move to the 2nd Tuesday of each month. Following dates: **12/5, 1/9, 2/13, 3/12, 4/9**
- **Our next quarterly meeting will be held in Indianapolis - February 5-6th 2024.**
This meeting will be a legislative focus, including Lunch with our Legislators on Monday, February 5th at the Statehouse. More details to follow!



Southwestern Honoured

Congratulations to Southwest Behavioral Healthcare, who won Workforce Diversity Award at the Evansville Mayor’s Celebration of Diversity Annual Dinner on Friday, October 27, 2023

[Click here to read more](#)



[Read Southwestern’s Diversity statement here](#)

Update on Certified Community Behavioral Health Clinic RFS 24-77045 submission process

The Indiana Department of Administration, on behalf of Indiana Family and Social Services Administration's Division of Mental Health and Addiction, recently announced the Request for Services (RFS 24-77045) regarding the upcoming statewide expansion to the federally supported **Certified Community Behavioral Health Clinic** model. Through this RFS, providers interested in becoming a CCBHC who responded to the CCBHC Request for Information (RFI 24-76106) may apply to be part of the state's application for a demonstration program.

The process for submitting RFS proposals has changed due to technical issues. All submissions must now be made through a two-part process described in RFS Sections 1.8 and 2.1:

1. **Part one**, the Submission Form (available via the **Procurement Submission Form** link on the **Current Business Opportunities** page) is due on Nov. 15, 2023 at 3 p.m. EST. Proposals will be disqualified if the Submission Form is received after this deadline.*
2. **Part two**, the receipt of Proposals on Flash Drives via mail to IDOA's physical address, is due on Nov. 20, 2023, at 3 p.m. EST. Proposals will be disqualified if the Flash Drive is received after this deadline.

Please note that you must be a registered bidder to submit a proposal. Please refer to the **Bidder Registration tutorial page** for instructions about creating or updating your Bidder Profile.

- o All RFS 24-77045 materials are now also available on **DMHA's Certified Community Behavioral Health Clinic page**.

Peer training update

DMHA is looking for a December launch. DMHA is working on an update to send out to everyone.

RFF-2023-016 Harm Reduction Street Outreach Teams - The Division of Mental Health and Addiction, Adult Services, would like to announce that a request for funding RFF-2023-016 Harm Reduction Street Outreach Teams is now available on the DMHA funding page, **by clicking here**.

Register and attend the DMHA Fostering

Community Wellness training. This training is an opportunity to learn more about the DMHA Regional Prevention System. The Regional Prevention System is working in communities across Indiana to build bridges and address barriers in the interest of helping prevent substance use/misuse, promote mental health, and reduce marginalization of various populations around the state. This Wellbeing training will delve deeper into its focus, language, processes, and practices.

To find out more please **reach out to LeeAnn Jordan** for details.

- **Mobile assessment update- Click here**
- **Resources are available on the DMHA 988 website**. Best ongoing resource for information related to designation.
- The current designation posted is in the process of revisions and updates. These changes should be posted soon. Those agencies awarded CRSS funds reviewed updated content during the last office hours. If there are any questions related to designation requirements, process, and technical needs/issues reach out to **amanda.pardue@fssa.in.gov** and **lindsay.potts@fssa.in.gov**
- **SPA was approved by CMS** to bill for MCT services and is active as of 7/1/23. Agencies cannot bill mobile crisis codes until designated (see resource above on additional designation information).
- **New MCT codes are still being built in the Medicaid billing system**. Agencies are still able to bill MCT codes once designated, however there may be a delay in payment. Any questions can be directed to **amanda.pardue@fssa.in.gov** and **lindsay.potts@fssa.in.gov**

STATE UPDATES

- **Please note that updated and additional information** is available on our website at Indiana Medicaid under **How a return to normal will impact some Indiana Medicaid members**, you will find a new **interactive dashboard** and **a flyer** directing people what steps to take if they have lost coverage, outreach materials and an ever-evolving FAQ. If you have an idea for additional materials, questions that should be added to the FAQ or need accessibility accommodations in order to participate, please let us know by contacting us at phestakeholders@fssa.in.gov

FSSA announces \$25 million grant to address working Hoosiers' childcare needs

The Indiana Family and Social Services Administration's **Office of Early Childhood and Out-of-School Learning** today announced the **Employer-Sponsored Childcare Fund**, part of Gov. Eric J. Holcomb's 2023 Next Level Agenda, to mobilize employers and communities to create or expand childcare offerings that address the needs of working Hoosiers. Grant funding can be used to support employees' child care needs in a variety of ways, including sponsoring dependent care assistance plans, providing on-site or near-site child care or offering child care tuition benefits. **Grants of up to \$750,000 will be awarded.** The full list of allowable uses and details [can be found here](#).

To be eligible, employers must be located in Indiana and either a business or corporation employing 20 or more employees, a group of employers with 20 or more employees or a community-based nonprofit applying on behalf of a group of local employers with a combined total of 20 or more employees. Employers must also be willing to contribute 10% of the total amount requested and be able to implement solutions within the first year of the program. Applications will be accepted until 11:59 p.m. ET Nov. 22.

More information and a link to the application



[can be found here.](#)

Mental Health Technicians, Behavioral Health Associates, and Psychiatric Aides are in high demand in Indiana.

Ivy Tech Community College has developed two new certificate programs- **Mental Health Direct Support** and **Mental Health Direct Support Technical Support**. [Visit their site](#) for more information



CMS Announcements

Calendar Year (CY) 2024 Medicare Physician Fee Schedule Final Rule

CMS issued a final rule that announces finalized policy changes for Medicare payments under the Physician Fee Schedule (PFS), and other Medicare Part B issues, effective on or after January 1, 2024.

[Click here or more information](#)

CMS Finalizes Physician Payment Rule that Advances Health Equity

CMS announced it is finalizing policies to support primary care, advance health equity, assist family caregivers and expand access to behavioral and certain oral health care. These policies are included in the calendar year (CY) 2024 Medicare Physician Fee Schedule (PFS) final rule, which also provides payment for principal illness navigation services to help patients and their families navigate cancer treatment and treatment for other serious illnesses, supporting the Biden-Harris Administration's Cancer Moonshot mission to accelerate the fight against cancer.

[Click for more information](#)

Calendar Year (CY) 2024 Medicare Physician Fee Schedule Final Rule — Medicare Shared Savings Program Fact Sheet

CMS issued the 2024 Medicare Physician Fee Schedule (PFS) final rule that includes changes to the Medicare Shared Savings Program (Shared Savings Program) to further advance CMS' overall value-based care strategy of growth, alignment, and equity. These changes include refinements to the broader changes finalized in the CY 2023 PFS final rule (87 FR 69404, 69777 through 69968 (Nov. 18, 2022) and also described in the [Fact Sheet](#).

[Click here to read the full release](#)



Hospital Price Transparency Fact Sheet

CMS finalized changes to the hospital price transparency regulations.

[Click here for more information](#)

HOSPITAL OUTPATIENT PROSPECTIVE PAYMENT SYSTEM (OPPS):

- **Remedy for the 340B-Acquired Drug Payment Policy for Calendar Years 2018-2022 Final Rule (CMS 1793-F)**

In light of the Supreme Court's decision in *American Hospital Association v. Becerra* (142 S. Ct. 1896 (2022)) and the district court's remand to the agency, the Centers for Medicare & Medicaid Services (CMS) issued a final rule outlining the remedy for the invalidated OPSS 340B-acquired drug payment policy for Calendar Years 2018-2022. CMS is publishing this final rule to remedy the payment rates the Court held were invalid. Aspects of this finalized policy will affect nearly all hospitals paid under the OPSS.

[Click here for more information](#)

- **Ambulatory Surgical Center Payment System Final Rule (CMS 1786-FC)**

CMS finalized Medicare payment rates for hospital outpatient and Ambulatory Surgical Center (ASC) services for calendar year (CY) 2024. The Hospital Outpatient Prospective Payment System (OPPS) and ASC Payment System final rule is published annually.

[Click here for more information](#)

Calendar Year (CY) 2024 Home Health Prospective Payment System Final Rule (CMS-1780-F)

CMS issued the calendar year (CY) 2024 Home Health Prospective Payment System (HH PPS) Rate Update final rule, which updates Medicare payment

FEDERAL UPDATES

policies and rates for Home Health Agencies (HHAs). This rule includes routine updates to the Medicare Home Health PPS payment rates for CY 2024 in accordance with existing statutory and regulatory requirements. As described further below, CMS estimates that Medicare payments to HHAs in CY 2024 will increase in the aggregate by 0.8 percent, or \$140 million, compared to CY 2023.

[More information here](#)

CMS Makes Hospital Prices More Transparent and Expands Access to Behavioral Health Care

CMS announced it is expanding access to behavioral health services for people with Medicare through coverage of intensive outpatient services and that it is making it easier for the public to learn what a hospital charges for items and services through improved hospital price transparency requirements.

[Click here for more information:](#)

COMMITTEE UPDATE


Indiana Council Marketing Committee Recap

The Marketing committee met in early October.

Iris Brunner, Sr. Director of Marketing & Development with Radiant Health was identified as the committee chair.

The committee discussed the need for a consistent and common vocabulary to be used that is inclusive, non-judgmental, and sensitive to the needs of those seeking behavioral and mental health care. The goal is to ensure that the terms being used promote healing, do not cause re-traumatization, and to make the terminology understandable to all.


The committee will meet virtually, on Monday, December 4th .



We wanted you to be the first to know that NatCon24 registration is now open!

With this year's Natcon being in St. Louis we hope to have a large Indiana presence. The council will host a networking event during NatCon.

We hope you'll join us in St. Louis from April 15-17 for the largest conference in mental health and substance use treatment.



HEALTHY MINDS • STRONG COMMUNITIES

What can you expect? Three days of learning, networking, and entertainment alongside 5,000+ health care professionals from across the country.

We will also have an in-person Association Executives meeting in St. Louis during NatCon. Best of all, as a valued National Council member, you can enjoy a **special registration rate!**

Learn more about the event experience by [visiting our website](#) and watching our [NatCon23 recap video](#).

Linton schools, Hamilton Center Inc. partner to educate students on suicide warning signs



Suicide is the third-leading cause of death for United States teenagers, according to the Centers for Disease and Control Prevention, and the Linton-Stockton School Corporation recently teamed with Hamilton Center, Inc. to teach its students about potential “Signs of Suicide.”

HCI staff members recently completed training sessions for all LSSC students in grades 5-12 and all staff in the Signs of Suicide prevention program utilizing techniques from Question, Persuade, Refer (QPR).

Heather Harris, LSSC school social worker, learned of Hamilton Center’s QPR training after receiving another grant from the same geographic region.

“I actually had applied for a grant a few years ago through Monroe County for substance abuse prevention programming,” Harris said, noting she successfully received \$20,000 in funding for the Ripple Effects program. “Since we had been using that Ripple Effects programming, which was only for middle school kids, someone asked me if I was aware that our county is involved and included in this region with the Hamilton Center.”

Harris was told there was another grant opportunity through the Division of Mental Health and Addiction [DMHA] which could provide a multitude of other services. Harris connected with Erika McKinney, HCI’s Director of School Services, and Meghan Creech, the corporation’s Chief of Utility Services, and the partnership was born.

“It was received very well, possibly because our kids are exposed a little bit more to that language and that material because of the clubs we already have in our school,” Harris said. “We already talked about it a lot with the clubs and try to destigmatize it here.”

Harris said high school students have a club called Bring Change to Mind which touches upon the

topic of mental health but was unable to find any programs for middle school students.

“They are struggling too,” Harris said. “As a result of that, we formed a middle school club. This training will allow everyone, not just people in the clubs, to be aware of the warning signs of suicide.”

Fortunately, Harris does not know of any Linton students who have died by suicide – and she would like to keep it that way.

“There have been four young people at other schools near us die by suicide that we know about,” she said. “Those are just the ones that are publicized that our kids know about and hear about on the news or because it is people they know from sports or some other activity.”

The SOS training program involves role-playing scenarios in which participants act out situations, with the observers determining and discussing the key indicators of a mental health issue.

Students learn to ACT in order to help other students:

- **Acknowledge that they are seeing signs of depression or suicide in yourself or a friend and that it is serious.**
- **Let a friend know how much you care about them and that you are concerned that they need help.**
- **Tell a trusted adult that you are worried about yourself or a friend.**



**YOUTH
MENTAL
HEALTH
FIRST AID®**

Linton students have several different ways in which they can report their concerns, and Harris said the number of referrals is predictably increasing after the SOS training.

“That’s probably happening because they know now what to look for,” she said. “Our teachers are good about noticing if something seems off with our kids and just sending an email either to myself or a member of the administration.”

LSSC has a Care Team that meets every two weeks to develop an action plan to make sure that kids at highest risk are checked on regularly.

Training will continue in other areas for LSSC students now that the topic of suicide warning signs has been covered. Last year, the corporation’s sixth- and seventh-grade students were trained on smoking and vaping prevention.

“Hopefully we can provide that training to our sixth-grade students every year moving forward,” Harris said. “I was trained my first year to be a trainer for the Catch My Breath program and I haven’t been able to do it yet. It is nice for Hamilton Center to be able to come and do that for us.”

For more information on HCI training opportunities, go to trainingourcommunity.org.

YOUTH MENTAL HEALTH FIRST AID

64.1%
of youth with major depression do not receive any mental HEALTH TREATMENT.
Mental Health America

1 in 5
teens & young adults lives with a mental HEALTH CONDITION.
National Alliance for Mental Illness

5.13%
of youth report having a substance use or ALCOHOL PROBLEM.
Mental Health America

Training provided by
HAMILTON CENTER, INC.

Why Youth Mental Health First Aid?
Youth Mental Health First Aid teaches you **how to identify, understand and respond to signs of mental illnesses and substance use disorders.** This 8-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

WHAT IT COVERS

- Common signs and symptoms of mental illnesses in this age group, including:
 - Anxiety
 - Depression
 - Eating disorders
 - Attention deficit hyperactivity disorder (ADHD)
- Common signs and symptoms of substance use.
- How to interact with an adolescent in crisis.
- How to connect the adolescent with help.

WHO SHOULD TAKE IT

- Teachers
- School staff
- Coaches
- Camp counselors
- Youth group leaders
- Parents
- People who work with youth

The course will teach you how to apply the ALGEE action plan:

- **A**ssess for risk of suicide or harm
- **L**isten nonjudgmentally
- **G**ive reassurance and information
- **E**ncourage appropriate professional help
- **E**ncourage self-help and other support strategies

For more information on Mental Health First Aid or other trainings offered by Hamilton Center, Inc., please email training@hamiltoncenter.org.

USA
MENTAL HEALTH FIRST AID®

“As adults, we sometimes forget how hard it was being an adolescent. When we see a kid who is just miserable at school, we might think they choose to be that way — or that it’s just part of adolescence. But in fact, they might be in a mental health crisis, one they certainly did not choose and do not want. When a teacher says, ‘How can I be helpful?’ that is a powerful question.”
—Alyssa Fruchtenicht, School-based Mental Health Counselor

Click image above to view download 1 page information flyer on the Mental Health First Aid program

*Right and below:
Indiana Council at
Family Health Center*



*Above: Melvin Burks of Hamilton Center
& Andy Zellers of Indiana Council at the
Hamilton Center Annual Awards Dinner*



*Above: Beth Keeney of LifeSprings & Senator
Todd Young, presenting Sen. Young with
Federal Legislator of the Year Award*

*Right: Indiana Council in DC -
L-R Dr. Eric Yazel, Beth Keeney, Sen. Todd
Young, Zoe Frantz, Lisa Dominisse*



RECENT EVENTS

October Conference –

- 1 - Zoe Frantz, Ari Nassari - DMHA, Jim Skeel - Aspire Indiana
- 2 - Presenter – Rebecca Farley David – National Council for Mental Wellbeing
- 3 - Panel discussion with Jay Chaudary, Lindsay Potts, & Ari Nassari – DMHA
- 4 - Zoe Frantz
- 5 - Thank you to all of our exhibitors for joining us!



• Numbers show head office locations. • Click provider logos to visit their sites



1 Adult & Child
603 E. Washington St. – 9th Floor,
Indianapolis IN 46204
Designated in: **MARION, JOHNSON**



2 Aspire Indiana Health, Inc.
17840 Cumberland Road, Noblesville IN 46060
Designated in: **BOONE, HAMILTON, MADISON, MARION**
Also serving: **GRANT**



3 Otis R. Bowen Center for Human Services, Inc.
2621 E Jefferson St, Warsaw, IN 46580
Designated in: **HUNTINGTON, KOSCIUSKO, MARSHALL, WABASH, WHITLEY**
Also serving: **ALLEN, DEKALB, LAGRANGE, NOBLE, STEUBEN**



4 Centerstone of Indiana, Inc.
645 S. Rogers Street, Bloomington, IN 47403
Designated in: **BARTHOLOMEW, BROWN, DECATUR, FAYETTE, JACKSON, JEFFERSON, JENNINGS, LAWRENCE, MONROE, MORGAN, OWEN, RANDOLPH, RUSH, UNION, WAYNE**
Also serving: **CLARK, DELAWARE, HENRY, JOHNSON, MARION, PUTNAM, SCOTT**



5 Community Fairbanks Behavioral Health
8180 Clearvista Pkwy, Indianapolis, IN 46256
Designated in: **MARION, HANCOCK, SHELBY**
Also serving: **MADISON, JOHNSON**



6 Community Fairbanks Behavioral Health – Howard
322 N. Main St, Kokomo, IN 46901
Designated in: **CLINTON, HOWARD, TIPTON**



7 Community Mental Health Center, Inc.
285 Bielby Road, Lawrenceburg IN 47025
Designated in: **DEARBORN, FRANKLIN, OHIO, RIPLEY, SWITZERLAND** Also serving: **DECATUR, FAYETTE, HENRY, JEFFERSON, JENNINGS, RUSH, SCOTT, UNION, WAYNE**



8 Cummins Behavioral Health Systems, Inc.
6655 East US 36, Avon IN 46123
Designated in: **HENDRICKS, PUTNAM**
Also serving: **BOONE, MONTGOMERY, MARION**



9 Edgewater Systems for Balanced Living, Inc.
1100 West Sixth Avenue, Gary IN 46402
Designated in: **LAKE** Also serving: **PORTER, LAPORTE**



10 Family Health Center
515 Bayou Street, Vincennes IN 47591
Designated in: **DAVISS, KNOX, MARTIN, PIKE**



11 4C Health
401 E. 8th Street, Rochester, IN 46975
Designated in: **CASS, FULTON, MIAMI, PULASKI**
Also serving: **CARROLL, CLINTON, HAMILTON, HOWARD, TIPTON**



12 Hamilton Center, Inc.
620 Eighth Avenue, Terre Haute IN 47804
Designated in: **CLAY, GREENE, PARKE, SULLIVAN, VERMILLION, VIGO**
Also serving: **HENDRICKS, MARION, OWEN, PUTNAM**



13 LifeSpring Health Systems
460 Spring Street, Jeffersonville IN 47130
Designated in: **CLARK, CRAWFORD, DUBOIS, FLOYD, HARRISON, JEFFERSON, ORANGE, PERRY, SCOTT, SPENCER, WASHINGTON**



14 Meridian Health Services
240 N. Tillotson Avenue, Muncie IN 47304
Designated in: **DELAWARE, HENRY, JAY**
Also serving: **ALLEN, FAYETTE, HOWARD, LAPORTE, MADISON, MARION, RANDOLPH, RUSH, ST. JOSEPH, TIPPECANOE, WAYNE**



15 Northeastern Center, Inc.
220 South Main Street, Kendallville IN 46755
Designated in: **DEKALB, LAGRANGE, NOBLE, STEUBEN**



16 Oaklawn Psychiatric Center, Inc.
330 Lakeview Drive, Goshen IN 46527
Designated in: **ELKHART, ST. JOSEPH**



17 Park Center
909 East State Boulevard, Fort Wayne IN 46805
Designated in: **ADAMS, ALLEN, WELLS**
Also serving: **HUNTINGTON, WHITLEY**



18 Porter-Starke Services
601 Wall Street, Valparaiso IN 46383
Designated in: **PORTER & STARKE**



19 Radiant Health
505 N. Wabash Avenue, Marion IN 46952
Designated in: **GRANT, BLACKFORD**



20 Regional Health Systems
8555 Taft Street, Merrillville, IN 46410
Designated in: **LAKE**



21 Sandra Eskenazi Mental Health Center
720 Eskenazi Avenue, Indianapolis IN 46202
Designated in: **MARION**



22 Southwestern Behavioral Healthcare, Inc.
415 Mulberry Street, Evansville IN 47713
Designated in: **GIBSON, POSEY, VANDERBURGH, WARRICK**

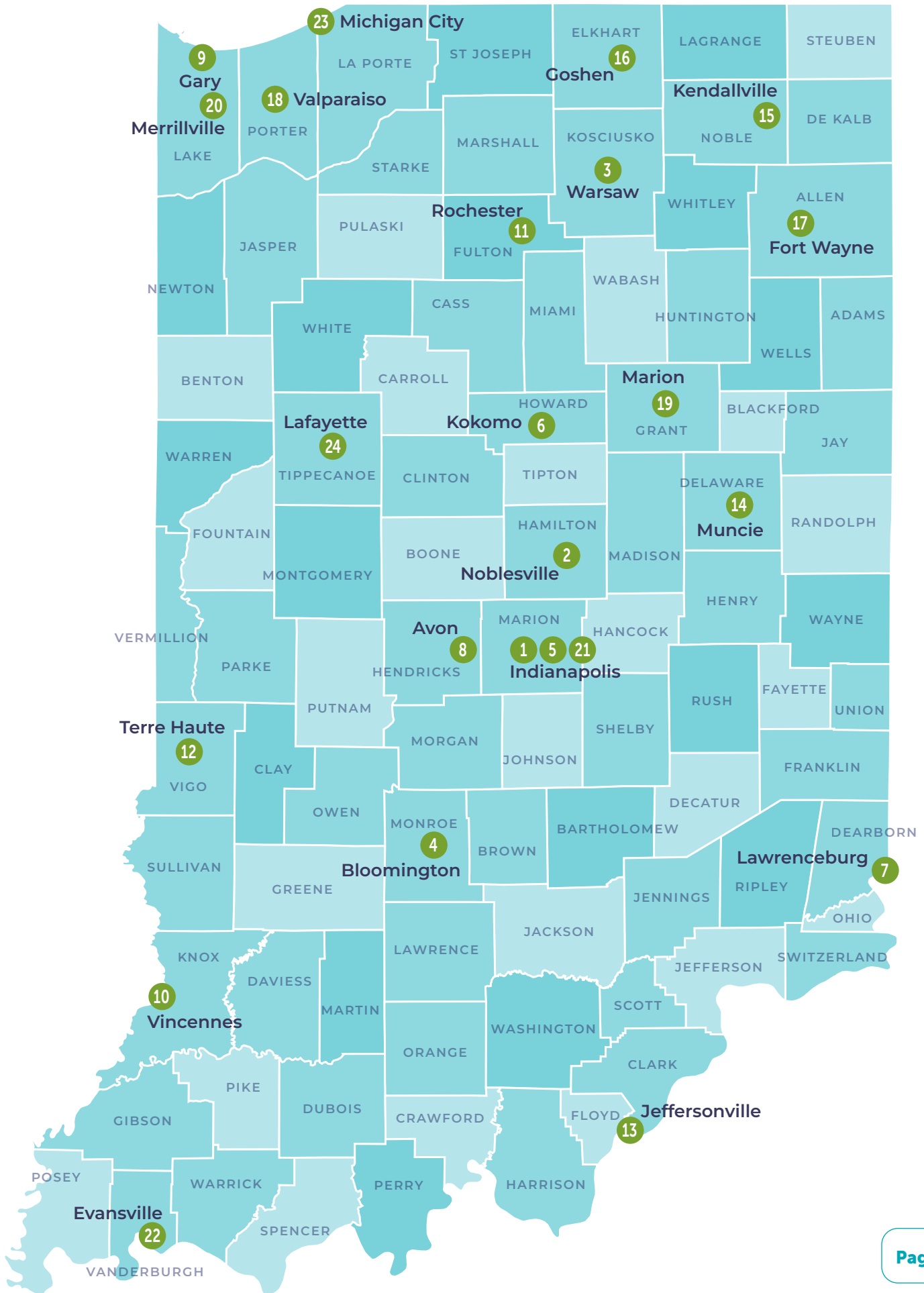


23 Swanson Center
7224 W. 400 N., Michigan City IN 46360
Designated in: **LAPORTE**



24 Valley Oaks
415 N. 26th Street, Lafayette, IN 47904
Designated in: **BENTON, CARROLL, FOUNTAIN, JASPER, MONTGOMERY, NEWTON, TIPPECANOE, WARREN, WHITE**

>> Click here to view provider details on our site



Calendar 2023 Save the dates!



Cup of Joe with Zoe

Half hour State leader meet and greet with our members and partners. First Tuesday each month at 8:30am EST via Zoom.



>> [Click here for Zoom link](#)

Meeting ID: 210-953-5684
Password: ICCMHC

UPCOMING DATES:

December
5

January
9

February
13

March
12

April
9

Starting in January, this series will move to the 2nd Tuesday of each month.

Our next quarterly meeting

will be held in Indianapolis - **February 5-6th 2024.**

This meeting will be a legislative focus, including Lunch with our Legislators on Monday, February 5th at the Statehouse.

More details to follow!

For further information on any of these events please contact [LeeAnn Jordan](#)

Dates correct at 11-20-23

[Click here to visit our events pages](#)