

News, programs and training opportunities / Distributed to all members



Advancing the health, balance, and hope of our community

We are delighted to welcome Porter-Starke Services for this month's Member Spotlight feature...

For nearly 50 years, Porter-Starke Services has served the healthcare needs of Northwest Indiana with office locations in Valparaiso, Portage, and Knox, and since 2015, new locations and services in Gary, Hebron, Portage and La Porte.

Through the years, Porter-Starke Services has experienced tremendous growth, adapting and offering services to provide the best care for our community...

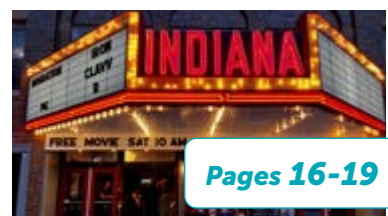
Read more... See page 6 - 9

Also this issue:



Pages 14-16

State & Federal updates



Pages 16-19

Awesomeness!

Happy New Year to all our members, key stakeholders and partners ...



We hope that 2024 is off to a good start for you all!

This year has started with quite a few **state and federal updates** that you can see on **page 10 - 13**.

Last week started the 2024 Legislative Session.

The Indiana Council is working on the following legislation this session –

- **SB 233** - Ensuring that our Community Mental Health System transitions to Certified Community Behavioral Health Clinics by 2027.
- **SB 166** - Workforce Licensure Consistency.
- **SB 167** - Administrative Efficiency for our Community Mental Health System.
- **HB 1216** - language to support friends and family being able to provide collateral information when a loved one needs help.

I want to thank our Public Policy Chair, **Beth Keeney** and the members of Public Policy that have helped us get to this legislation. I also want to thank **Kelli Waggoner, Grant Waggoner** and **Lou Belch**, the council's lobbyist team, for helping us with this legislation this session. None of this could have been done without the help of the Council's staff in researching, organizing and communicating this legislation.

It is important during session that our legislators hear from our members, so we have set up several ways for you to reach out to them and stay connected this session -

- **Join us on February 5 for our legislative day and legislative luncheon. For more information and to register click here.**

- Also, on February 5 the Friends of the Indiana Council will be welcoming **Governor Eric Holcomb** as our honorary guest for a PAC only event. To attend you must contribute to the PAC by **visiting here** - and then **to register click here**.
- **Our Public Policy Chair** has shared some email templates to use when reaching out to your legislators. You can find this on **page 14**
- **Use the 2024 Indiana Council Legislative Platform** in your legislative and key stakeholder conversations. **Read more and view / download our platform document here.**
- The Indiana Council and our lobbyist team will be sending out **weekly legislative updates** to all our members via email. To be added to this list, please contact **Denise Wade** .

Lastly, on a federal level the Indiana Council along with the National Council and our members advocated for many years for Medicare to recognize other professions outside of licensed social workers. As of January 1, Licensed Mental Health Counselors, Licensed Marriage and Family Therapist, and Licensed Addiction Counselors can now bill Medicare. **Read more on this exciting workforce development by clicking here.**

As I write this it is the day before Martin Luther King Day, reminding us how one Black man's dream has helped in improving the lives of African Americans. However, it also reminds us, while some of his dream has become a reality,

WELCOME

there is still much work to do. Helping with improving this work for our members and those we serve is the **Council's Racial, Equity and Leadership Committee**. Their mission is to drive the understanding, development, and implementation of DEI initiatives across the CMHC system, while providing mentorship and leadership development opportunities for BIPOC-identified professionals. They have been working with State on the CLAS assessment and providing trainings to our members.

For more information on this and other committees' work please see [pages 14 - 15](#)

The Indiana Council is proud to be administering several **grants** to our members. You can see this update on [page 5](#).

In 2024 the Indiana Council is being intentional on sharing the positive work each of you are doing in our state. Just one of the many examples is **Porter Starke**, with their work providing crisis stabilization for both adults and youth. I had the honor of attending their opening right before the holidays and meeting their board, staff and key partners. You can learn more about them in our [member highlight feature on pages 6 - 9](#).

We also have highlighted **other great work** from our members on [pages 16 -19](#).

Our system provides mental health and substance use services statewide to those who need it most. The Indiana Council is grateful to work alongside you in this work in 2024. I hope to see you all February 5 so we can advocate together for our legislation.

Together we can live our mission of optimizing the health and well-being of all people in Indiana through mental health leadership, collaboration and advocacy.

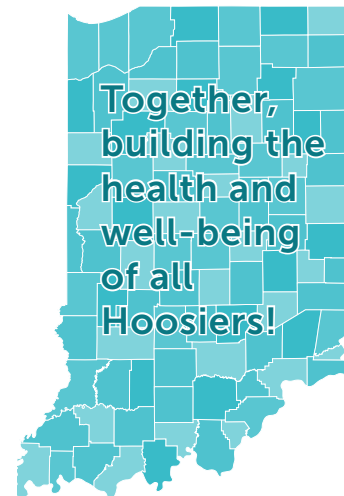
In gratitude- Zoe

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The Indiana Council of Community Mental Health Centers

represents the collective interests of all community mental health centers (CMHCs) currently certified and accredited to provide community-based behavioral health services across all ninety-two counties in Indiana.

CMHCs in Indiana served over 300,000 behavioral health consumers in 2022. CMHCs provide services primarily to those suffering from severe behavioral health and substance abuse conditions which further reduce additional costs to society by directing coordinated care to our most vulnerable citizens.

Click the image below to view / download our flyer on the benefits provided to our communities by our network of CMHCs.

Indiana's Community Mental Health Centers (CMHCs) provide comprehensive mental health care to persons of all ages who suffer from mental illness or substance use disorders.

- The 24 CMHCs focus on serving economically disadvantaged Hoosiers and those who typically encounter difficulties accessing care.
- The services CMHCs provide to their communities include: inpatient and outpatient treatment, crisis services, services for children and adolescents, elderly people, substance use services, residential services, peer-led services and more.
- CMHCs provide life-improving, critical mental health services to Hoosiers who otherwise might never receive care, including the economically disadvantaged, persons involved in the criminal justice system, and persons who are experiencing homelessness.

CMHCs have a positive impact on Indiana's economy.

- The overall economic footprint of CMHCs statewide is nearly \$1.4 billion
- CMHCs directly employ 11,829 Hoosiers, and indirectly support the jobs of an additional 3,511 Hoosiers through the supply chain, and via income generated by the CMHCs.
- Every \$1.00 invested by CMHCs generates another \$0.59 in additional economic activity.
- CMHCs help improve the state's mental healthcare workforce by providing internships to graduate students to learn skills needed to work in a community mental health environment.

Total Economic Impact for Indiana
\$1,382,440,371 ANNUALLY
 \$510,369,303 NON-DIRECT | \$872,080,068 DIRECT

Tax Revenue Generated
\$186 Million ANNUALLY
 \$35.5 Million STATE & LOCAL | \$150.6 Million FEDERAL

Employment
15,340 TOTAL JOBS
 3,511 NON-DIRECT | 11,829 DIRECT

How can you support Indiana CMHCs?
 CMHCs face many challenges, the biggest of which are acquiring and retaining a quality workforce, lack of adequate funding, and administrative burdens. The following measures would assist CMHCs to provide Hoosiers with more effective and timely services...

- Continue Telehealth supports, alongside face-to-face services, as during the first year of the Covid-19 pandemic.
- Continue and expand the Certified Community Behavioral Health Center (CCBHC) grantee program; implement Prospective Payment System rate methodology.
- Increase Medicaid reimbursement rates to reflect the true cost of services.
- Provide incentives to work at CMHCs, such as student loan repayment or tuition reimbursement.
- Improve the licensure process by removing barriers to get a license more quickly.
- Reduce the administrative burden to CMHC staff by streamlining processes and reducing paperwork.
- Allow reimbursement of support services for consumers, such as transportation to and from the CMHC.
- Improve Hoosiers' mental health literacy to help them recognize, manage and prevent mental health and substance use disorders.

Text adapted from *The Impact Of Indiana's Community Mental Health Centers by the Center For Health Policy.*
 View /download the full report here

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INDIANA COUNCIL UPDATES

Grant Administration Update - Andy Zellers

We continue to administer grants and advocate for more funding for our CMHCs.

- Claims for **Group Home Renovation Grant funds** are now happening, and we've received and submitted several group home claims on behalf of CMHCs. First disbursements totaling \$137,000 have been submitted and received. A claims processing training and walk through will happen in the next few weeks. Keep an eye on your email inboxes for details.
- **The Racial Equity and Leadership (REL) Grant** is ongoing and a focus group has meet to review the findings of the consultants and to discuss next steps.



- **Claims for Bridge Grant funds** are being submitted quarterly and amounts due to recipients through September have been received and will be sent shortly. Monthly claims being submitted per schedule.
- Also, discussions are under way for Indiana Council to coordinate with CMHCs and their staff in receiving a **train-the-trainer Behavioral Health in Aging Certificate**. Tentatively, this will be 100% online through Boston University. We hope to have more to share soon!

We hope everyone is having a great start to the new year!



NatCon24 registration is open!

With this year's Natcon being in St. Louis we hope to have a large Indiana presence. The council will host a networking event during NatCon.

We hope you'll join us in St. Louis from April 15-17 for the largest conference in mental health and substance use treatment.

What can you expect?

Three days of learning, networking, and entertainment alongside 5,000+ health care professionals from across the country. As a valued National Council member, you can enjoy a **special registration rate!**

Learn more about the event experience by [visiting our website](#) and watching our [NatCon23 recap video](#).



A bench outside of Porter-Starke Services' 701 Wall Street facility in Valparaiso features a reminder of the organization's vision: Inspiring people to advance the health, balance, and hope of our community.

For nearly 50 years, **Porter-Starke Services** has served the healthcare needs of Northwest Indiana with office locations in **Valparaiso, Portage, and Knox**. Since 2015, our Community Mental Health Center has also served as a Federally Qualified Health Center with locations in Gary, Hebron, and Portage, and offers an Opioid Treatment Program in both Valparaiso and La Porte. Through the years, Porter-Starke Services has experienced tremendous growth, adapting and offering services to best care for our community. Last year, our team of over 350 staff members served nearly 19,000 people!



Matthew J. Burden, Ph.D., President/CEO, addresses community stakeholders at an Open House for the soon-to-be open Crisis Center, the newest service line for Porter-Starke Services. As the Indiana Division of Mental Health and Addiction expands the Certified Community Behavioral Clinic (CCBHC) model statewide, Porter-Starke Services has received continued grant support to expand access to crisis services, one of the nine required components of a CCBHC.

Caring for Our Community

At Porter-Starke Services, it is our mission to enhance the quality of life in our community through prevention, treatment, education, and research.

Whether someone is seeking services for depression and anxiety, attending a presentation or training led by our team, or getting a flu shot at one of our primary care locations, we aim to support the health of our community every step of the way.

Our array of services include **Mental Health Services, Substance Use Treatment, Crisis Care, Primary Healthcare, Community-Based Services, and Education & Engagement.**

PORTER-STARKE SERVICES

Discover What Brings You Health, Balance & Hope

Common health issues such as anxiety, depression, anger, grief, or trauma are often the reason people seek treatment at Porter-Starke Services.

Our Mental Health Services include a range of services delivered by a team of providers. The vast majority of our clients benefit from a combination of therapeutic and psychiatric services, which provide evaluation, diagnosis, and treatment to individuals of all ages. These services can include therapy for individuals, couples, families, or in a group setting, medication management, and psychological testing.

In recent years, Porter-Starke Services has partnered with **Oaklawn** to develop the **Insight treatment program** for people experiencing their first episode of psychosis. It is the only program of its kind in northern Indiana.



To educate the community about psychosis and Porter-Starke Services' treatment resources, Insight hosts quarterly educational series with experts on the topic. Continuing education units (CEUs) are available. Pictured: Sandy Carlson, Vice President of Clinical Services, and Stephanie Swearington, Insight Project Director, welcomed Dr. Oladunni Oluwoye as one of its presenters this past year.



Porter-Starke Services Recovery Center Valparaiso recently moved to a larger facility with additional space, a third dosing window, and more parking. Susan Kelly-Johnson, Porter-Starke Services Board Chair, Sajiv John, MD, Recovery Center Valparaiso Medical Director, Richard Cook, Recovery Center Director, Matthew Burden, President/CEO and Sandy Carlson, Vice President of Clinical Services, are joined by members of the Starke County Council and Porter County Council in celebration of the new clinic.

People Can and Do Recover

Recognizing that a loved one has a chemical dependency to drugs or alcohol is not always easy. If life is getting difficult, it's worth taking a closer look.

Our **Substance Use Treatment** options are designed to best suit the needs of each client. Services may include individual, group, and family therapy, participation in our intensive outpatient program, and/or medication-assisted treatment, including buprenorphine, naltrexone, or methadone.

This past year, Porter-Starke Services relocated the Recovery Center in Valparaiso to an improved space for services. Here, as well as at the La Porte location, Recovery Center services combine methadone treatment with therapy to help people on their journey to recovery.

Care & Support During a Crisis

A person experiencing a **mental health emergency**, crisis, or episode may have thoughts or behaviors that interfere with their daily living or functioning. They may be in danger of hurting themselves or others. This experience can occur suddenly without warning or build slowly over time. No matter the cause, a person in crisis needs immediate and careful attention by trained mental health professionals.

In addition to our existing 16-bed inpatient psychiatric hospital, Porter-Starke Services recently established a Mobile Crisis Team that has responded to numerous mental health emergencies in the community.

In January 2024, Porter-Starke Services will open its **Crisis Center** to provide people experiencing a mental health crisis with short-term (up to 24 hours) observation and care in a less restrictive setting than a psychiatric hospital.



Members of Porter-Starke Services Mobile Crisis Team, Megan Johnston, Sandra White, and Lori Coppingier stand with the Mobile Crisis Team vehicle outside the Valparaiso office. Responding to people directly in the community can help to de-escalate situations, build rapport, and often avoid medically unnecessary hospital visits or legal charges.

Treating the Whole Person

Porter-Starke Services provides **Primary Healthcare** through our three **Marram Health Center** locations. This past year, Marram Health has expanded services, grown staff, and added a new location, all while connecting to our community through presentations, on-site services, and other public health initiatives.

Recognizing the connection between mind and body, Marram Health offers services for all ages and incomes, including primary care, pediatrics, dental, women's health, chiropractic care, behavioral health, and health insurance enrollment and outreach.



Porter-Starke Services staff, including Michelle Greene, Patricia Wasil, Melanie Johnsen, Matthew J. Burden, Ph.D. and Anand Popli, MD, are joined by the State of Indiana's Lt. Governor and other local and statewide stakeholders outside the entrance to the new Crisis Center in Valparaiso.



At an open house for Marram Health Center in Portage, Indiana, Tamika Saunders of UnitedHealthcare recognizes Clarence Boykin, Vice President of Marram Health Center, Susan Kelly-Johnson, Board Chair, and Matt Burden, President/CEO, for the organization's service and dedication to the community. Porter-Starke Services has operated Marram Health Center since 2015, and this newest location opened within the existing Porter-Starke Services building in Portage.

PORTER-STARKE SERVICES

Support that Changes Lives

For adults or children living with mental health challenges, Porter-Starke Services also offers **Community-Based Services**. Adult and child case management helps build skills and links people with additional care, assistance, and community resources. We also partner with local school systems to offer **StudentWise**, a life skills program that helps children learn and develop frustration tolerance, conflict resolution, healthy communication, and impulse control.

Since people receiving treatment for mental health challenges make better progress toward healing when they live in stable housing, Porter-Starke Services has long offered supervised and supportive housing options. Most recently, the organization helped to establish Starke County's first **supportive housing program**, which will make private rental units available throughout the community.



Porter-Starke Services annually brings a national leader and innovator in the field of mental health to speak to the local community on a topic of interest.

*Last year, Karen Reivich, Ph.D. and Judy Saltzberg, Ph.D. (pictured with Sandy Carlson, Vice President of Clinical Services at Porter-Starke Services) spoke to business leaders, clinicians, and other community members on *The Science of Resilience & Optimism*.*



Porter-Starke Services representatives Taylor O'Neal Long, Nichole Lessard, Matt Burden, Lisa Swayne, Todd Van Buskirk, Elliott Miller, Susan Kelly-Johnson, and Sandy Carlson accept grant funds from Diane M. Shelley, Midwest Regional Administrator for the U.S. Department of Housing & Urban Development.

Engaging with Our Community

At Porter-Starke Services, we believe everyone can thrive when they live a life of health, balance, and hope. In addition to caring for people in need of our treatment services, Porter-Starke Services staff also regularly provide **Education & Engagement** services to our local community. Our **Beyond Boundaries** program leads experiential challenges on an outdoor low-ropes Challenge Course to help groups explore teamwork, build confidence, and strengthen relationships.

Additionally, our organization hosts regular trainings, such as **Mental Health First Aid**, our annual **Living Health, Balance & Hope Symposium**, and encourages wellness every Thanksgiving morning by hosting the **Valparaiso Turkey Trot**, a 5K fundraiser to support programs and services.

Most recently, we have also expanded prevention and education efforts among older adults with the addition of two-evidenced programs, Healthy IDEAS and Wellness Initiative for Senior Education (WISE).



48 Porter-Starke Services
601 Wall Street, Valparaiso IN 46383
Designated in: **PORTER & STARKE**



DMHA and Medicaid Updates

- **The State released the Community Mental Health Centers that will be the first 8 providers to be a part of the CCBHC Demonstration Application. The 8 CMHCS that will be working with the State on this are –**
 1. **4 C Health**
 2. **Adult and Child**
 3. **Centerstone**
 4. **Eskenazi**
 5. **Hamilton Center**
 6. **Oaklawn**
 7. **Radiant Health**
 8. **Southwestern Behavioral Health**
- The State is working with **Bowling Business Strategies** in completing the CCBHC Demonstration Application.
- The Indiana Council will be offering support to these 8 providers, the state and Bowling throughout this process.
- The State will be building the demonstration application to add other providers throughout the process. The State will include and continue to work with the 16 CMHCS throughout this process. The State and The Indiana Council will be working with the 16 CMHCs in assisting with readiness.
- **Mobile team designation** continues with the state, and Medicaid continues to work on the payment process.
- **The new peer training curriculum is close to being finalized.** The Indiana Council has submitted a letter on behalf of our members regarding both recovery and crisis peer training improvement recommendations. We will keep you posted on this work with the State.
- The Council has also submitted a letter advocating for **Recovery Works improvements**. We will keep you posted on this progress.
- There have been many **State Hospital changes** with the central office. If you do not know who your point of contact is or have needs regarding State Hospital, please reach out to Katrina Norris at **Katrina.Norris@fssa.in.gov**
- The state has provided a presumptive eligibility and reenrollment update. For resources regarding this update **[click here](#)**.
- DMHA will be at our Member Business Meeting on February 6 to provide further details on all the above.

STATE UPDATES

DCS Update

- As many of you are aware, in late 2023 one of the optional provider training resources (**LGBTQIA+**) became unavailable to partners outside of DCS and IU School of Social Work. When we realized the broken link, it was removed from the DCS Provider Training Competencies, Curriculum, and Resources page. At that time, we began working with DCS Staff Development and **IU School of Social Work** toward a new training option.
- As a result, we have added an optional training resource under the LGBTQ section of Provider Training Module I.
- As a reminder – unless otherwise noted as ‘Required Resources’ (Hotline Reporting, DCS 101, and DCS Legal), the resources provided are optional. The requirement is to meet competencies under each category in the best way your agency determines for your employees. When completing the Training Checklist, indicate the resource used in Column D.
- For reference, visit **the Provider Training Competencies, Curriculum, and Resources page**.

Indiana Governor’s Behavioral Health Commission Update

This session the commission is focused on the following –

1. The Aging Population
2. Intellectually Developmentally Delayed Population
3. Youth Populations
4. Ensuring the success of 988 and CCBHC

If you have feedback on any of these topics, please **share them with Zoe**.

STATE FUNDING OPPORTUNITIES

- **The Indiana Division of Mental Health and Addiction** is granting funds for at least three (3) qualified providers to develop and implement a Low Threshold Medication for Opioid Use Disorder clinics. The date for this project is **Feb. 5, 2024 through Sept.29, 2024**, with an option to extend to Sept. 29, 2025, pending federal approval. If interested, please apply by clicking [here](#).
- **DMHA** is offering a funding opportunity to increase programming and opportunities for the deaf and hard-of-hearing populations to access mental health/substance use services. The purpose of the grant is to broaden the availability and increase the quality of serious mental illness/serious emotional disturbance (SMI/SED) and substance use disorder (SUD) programming specifically geared towards deaf and hard-of-hearing clients within the state of Indiana. The grant will be up to \$1,000,000 a year for two years and can be split amongst multiple applicants or just one.
Any questions regarding this opportunity should be directed to **Ayana Brown**. For more information, **please click here**.

Indiana Workforce Update

Update from Bowen Center for Health Workforce Research and Policy

Project Updates:

I am delighted to inform you that the technical report with findings from our employer engagement survey is in final stages of drafting. I will share this as soon as it is in complete draft format for your review. We are also preparing a list of potential "Plays" (strategies) to address identified challenges to workforce development (post-secondary to practice pipeline) for the mental and behavioral health professionals included in this initiative.

What is Next:

Hannah Maxey from the **Bowen Center for Health Workforce** will be joining us at our February 6 business meeting. We will also be sharing this information membershipwide via email.

DMHA Workforce Update

- **Gina Woodward**, Director - Behavioral Health Workforce Development is looking for your feedback and ideas for an **upcoming DMHAs workforce web page**. What do you think would be helpful to have as a resource on this site? If you have any feedback, please **email her**.
- She is also working on work-based learning opportunities at each CMHC. You can provide her this feedback via email as well.
- The council is grateful for the work both Hannah and Gina are doing to help us in improving our workforce. We are thankful to our members who are participating in this work. If you are interested in getting involved in the early workforce committee, please email **Lee Ann Jordan**.



"Untreated mental illness is threatening the vitality of Indiana's citizens and communities. More than 345,000 Hoosiers suffer with untreated mental illness and more than 54% of Hoosier youth with depression did not receive treatment. Our children are impacted, the burden is staggering, and the consequences are far-reaching... Access to treatment hinges upon a workforce of mental and behavioural health professionals available to serve those in need, right in their communities."

Read more about Bowen Center's Playbook Project here

NAMI Indiana
21st Annual NAMI Indiana Mental Health & Criminal Justice Summit
Friday, March 08, 2024
Indianapolis Marriott North

Mapping the Path from Crisis to Community

Keynotes
The Sequential Intercept Model: Mapping the Path from Crisis to Recovery
Navigating National Peer Support Across the Crisis Continuum and Personal Resilience
and choose from an assortment of workshop topics!

LEARN MORE & REGISTER
bit.ly/NAMIIndianaSummit

ILEA/CEU/CLE (NLS) opportunity
Registration fee includes materials, giveaways, parking, breakfast, lunch, free Wi-Fi during the event, and access to Keynote Address, Plenary Session, all workshops, and exhibitor tables. A limited number of scholarships are available for individuals living with mental illness or their family members.

DON'T MISS



NAMI Indiana's Annual Mental Health & Criminal Justice Summit / March 8

Click to find out more

FEDERAL UPDATES



HHS Launches New Medicaid/CHIP Resource Hub

The **U.S. Department of Health and Human Services (HHS)** launched a new, online and user-friendly hub for partners to access critical Medicaid and Children's Health Insurance Program (CHIP) renewal and transition resources.

The webpage features communications materials and toolkits to meet the diverse needs of the public. The hub also includes materials to reach different populations including by state, for people in rural areas, various racial and ethnic communities, and for those receiving Supplemental Nutrition Assistance Program (SNAP) and/or Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) benefits, to name just a few.

Partners can also find information to educate their communities about potential scams and fraud related to Medicaid renewals, among other helpful resources.

[Click here to find out more.](#)

Senate Banking Committee Holds Hearing on Fentanyl Trafficking and Abuse

On January 11, the Senate Banking Committee held a hearing on efforts to combat fentanyl trafficking entitled, "Stopping the Flow of Fentanyl: Public Awareness and Legislative Solutions."

During the hearing, Republican senators pushed for increasing mandatory minimum sentences for fentanyl traffickers, while Democrats on the committee voiced concerns about the use of cryptocurrency in the fentanyl supply chain, pushing for measures to increase industry oversight. Lawmakers also discussed law enforcement cooperation, rehabilitation, mental health, and education. To read more, [click here](#).

Congress is back in session, as the Senate returned last Monday followed by the House last Tuesday.

Congressional leaders reached an agreement on overall spending levels for the current fiscal year that could help avoid a partial government shutdown later this month.

The deal comes as the House and Senate near a January 19 deadline, when **funding runs out** for many federal agencies. Funding for the rest of the government expires on February 2.



FEDERAL GRANT OPPORTUNITIES

Grant Opportunity #1:

Grants for Expansion and Sustainability of the Comprehensive Community Mental Health Services for Children with Serious Emotional Disturbance | SAMHSA

The purpose of this program is to provide resources to improve the mental health outcomes for children and youth, birth through age 21, at risk for or with serious emotional disturbances (SED), and their families.

[Click here for details](#)

Grant Opportunity #2:

Rural Health Network Development Planning Program | HRSA

The purpose of this Program is to plan and develop integrated health care networks that collaborate to: (i) achieve efficiencies; (ii) expand access to and improve the quality of basic health care services and health outcomes; and (iii) strengthen the rural health care system.

[Click here for details](#)

MARKETING COMMITTEE

The Marketing Committee met and discussed creating common vocabulary, sharing our social media handles, and sharing good news with the IN Council team. The committee rounded out the discussion with areas in which members were in need of support.

The next meeting is scheduled on Monday, February 12, 2024 at 11 am.

CHILD & ADOLESCENT COMMITTEE

The Child & Adolescent Committee has been focused on trainings to assist staff with the high acuity we are seeing present in the youth population and increasing awareness of child/adolescent resources across the state and closing gaps that exist in case for this population.

CCBHC COMMITTEE

The CCBHC committee has been hard at work.

Here is a brief overview at all the items our CCBHC/ MCT/CCRS workgroup is tackling.

- Certified peer training changes effective July 1
- Mobile Designation Q& A/Procedure codes
- Sharing of training resources (obstacles of training and 5 day crisis training for peers)
- Data Tracking

Reminder: *members please add resources to committee link (training opportunities, etc.)



PUBLIC POLICY COMMITTEE:

Thank you to our Public Policy chair, Beth Keeney, for providing helpful hints in reaching out to legislators in your area.

Below you will find what has worked best in her communication.

An email was sent out to all members with sample emails, our legislative platform and legislative lunch invite, **if you did not receive that email, please contact [Lee Ann Jordan](#).**

- It is important to prioritize legislators because so many are in our area.
- First, figure out who is in my area - ([visit IGA | Find Your Legislator](#)).
- Then prioritize based on committee:
 - Senate** (Approps, Health and Provider Services, Public Policy).
 - House:** (Local Govt, Public Health, Public Policy, Ways and Means- and sometimes Courts and Criminal Code depending on what's going on).
- Included in the package you will find a template that our Public Policy chair, Beth Keeney has used in the past to send to a legislator she is familiar with and another she does not know.
- **Helpful hint**, when it's a legislator you do not know, ALWAYS include their aide in the email. You are more likely to get a response, as they handle the legislator's schedules.

COMMITTEE UPDATES

RACIAL, EQUITY, AND LEADERSHIP COMMITTEE

- **Provided DEI Consultation to Will Seto**, National Councils new Diversity Officer on National Council Board Health Equity and Inclusion Statement
- **Hosted an Indiana State wide DEI training** for all CMHC's and CCBHC's called, "**Ethics, An Anti-Oppressive Stance**". Dr. Tonicia Freeman-Foster, who facilitated the training, is the Project Director & Change Consultant for **Change Matrix**. The training was recorded and put on the **Indiana Council website** (*member log-in required*). We had over 190 in attendance.
- **Working on creating a learning experience** and provide space for our Committee to make recommendations to leadership across all CMHC's. Our Committee recognizes that in the BIPOC population we are often asked to educate, train, lead and promote DEI issues on top of our ordinary job roles and lived experiences, which creates stress and burnout. It can be triggering for people who have lived experiences to often carry this load.

So we are working on ways to create and establish allyship among leadership areas with high need for DEI supports. We are working to have leadership representatives from areas that impact their whole organization to come and provide mini trainings to our group to educate us on how certain parts of the programs and services operate within our CMHC systems. For example, the more knowledge we have of how our mental health system does their HR work, we could provide good feedback and DEI recommendations. We could invite HR leaders to educate our group quarterly on a certain HR topic that impacts the whole CMHC staff, e.g. recruitment/retention/promotions, etc.. Then our REL group would meet the next month to discuss the training and come up with DEI recommendations to the HR departments across our CMHC's and CCBHC'S. We could then provide Zoe with the recommendations to share with our centers. This provides great professional development opportunities as well as demonstrate the value of diverse voice without our CMHC's. We are working with Zoe and our REL Committee on the best way to implement this initiative.



REL COMMITTEE MISSION STATEMENT

"The Indiana Council Racial, Equity, and Leadership Committee is committed to driving the understanding, development, and implementation of DEI initiatives across the CMHC system while simultaneously providing mentorship and leadership development opportunities for the BIPOC-identified professionals.

COMMITTEE MEMBER REQUIREMENTS:

The committee does not have a skill set requirement as the committee extends a welcome to all BIPOC professionals from various employee levels within the CMHC & CCBHC sphere, to reduce equity barriers for BIPOC individuals.

TERM OF THE MONTH: BIPOC

An acronym for Black, Indigenous, and People of Color. The term has increased in use and awareness since 2020, after the Black Lives Matter resurgence against racism and police brutality in the wake of the George Floyd murder.

BIPOC is meant to emphasize the particular hardships faced by Black and Indigenous people in the United States and Canada and is also meant to acknowledge that not all people of color face the same levels of injustice.

Awesomeness in our CMHC's!

SOUTHWESTERN

48 Hour Homeless Experience

In November two of our Crisis Team members participated in the **Aurora Evansville 48 Hour Homeless Experience**. This is an annual event where participants not only raise awareness of homelessness but raise funds to support services for this local organization. For 48 hours participants are put to the test on how to navigate local resources, secure a safe place to sleep, and find food options among other things. This event provides participants with firsthand knowledge of the day-to-day living experience of being homeless in our community.

Pictured below are two of our staff, Lateesa Johnson and Angela Fravel, who braved the cold and embraced the experience as their main goal was to increase their understanding of how to better serve and assist potential clients.



Photo: Angela is wearing the red sock hat and Lateesa is wearing the blue outfit

Joint Commission Accreditation

In October we had a our Joint Commission visit and we received another three-year accreditation!

Pictured is **Katy Adams**, President and CEO and **Stephanie Raley**, Quality and Compliance Manager, posing for a photo at our fun internal "awards ceremony." Stephanie, among many other leaders at Southwestern Behavioral Healthcare, received an award for all her hard work. Stephanie received a box of Hostess cakes as she was given the "Hostess with the Mostest" award!



Survey Feedback

GREAT feedback that the surveyors shared during our survey include:

"You are very advanced compared to many other organizations we've encountered."

"This chart is in great order."

"The work of the crisis team is really cool."

"Bravo for having Narcan all over the place!"

When explaining the Disaster Recovery Plan details, a surveyor stated, **"this warms my heart"** because your plan is so detailed and collaborative.

At Stepping Stone – a pregnant client had never seen an OBGYN, and a surveyor commented, **"your organization got her in front of an OBGYN within 24 hours – that's astounding!"**



COMMUNITY HIGHLIGHTS

Neurodevelopmental Center

This month, we celebrate the one year anniversary of our Neurodevelopmental Center!

In 2023, **Southwestern Behavioral Healthcare** and the **Easterseals Rehabilitation Center** collaborated to provide Indiana's first integrated outpatient **Neurodevelopmental Center (NDC)** for youth with co-occurring psychiatric conditions and intellectual/developmental disabilities.

Located in downtown Evansville, Indiana, NDC launched a soft start in January of 2023. In less than 2 months over 40 referrals have been processed. Young people dually diagnosed with a mental health disorder along with autism, intellectual or other developmental disability are assessed by a multidisciplinary cohesive treatment team, which includes psychology, psychiatry, occupational and physical therapies, speech pathology, audiology, and nutrition. NDC utilizes a care coordination approach to address youth and family needs that are more complex, connecting families to resources and providing ongoing services and support.

A Project Advisory Council, whose members represent community organizations and consumers, has been appointed through the partnership to provide feedback related to treatment experiences, workflows, and external communications to assure the program is meeting community needs. This pilot program is funded by the **DMHA Community Catalyst Grant**.



WAY TO GO FAMILY HEALTH CENTER!



Family Health Center

On Friday, December 22nd, the **Family Health Center** partnered with **Aging Successfully** of Daviess County and the **Historic Indiana Theater of Washington Indiana** to provide a Substance Free Alternative Event AND provided FREE entry and FREE popcorn and soda to the first 125 people to attend. The organizations also provided arts and crafts for the children to entertain them until the movie started!

"We are excited to bring these kinds of programs to our areas of service and will continue to collaborate with our community partners to do so!"

Clockwise from top:

- The historic movie theater.
- Some of the people attending the event.
- FHC Prevention Coordinator Krystle Russell and youth volunteer Veronica, daughter of FHC employee Sasha McKinney.



4C Health achieves Mobile Crisis State Certification

4C Health is proud to announce achievement of state level certification for mobile crisis through the Indiana Division of Mental Health & Addiction (DMHA). Certification reflects that 4C Health’s Mobile Crisis services are aligned with state standards.



Carrie Cadwell, CEO of 4C Health, stated, “It means so much to achieve this next benchmark in our journey to becoming a rural regional center of excellence for crisis care in Indiana. Certification allows us to take the next step in sustainability by billing state Medicaid and Healthy Indiana Plans for these services as appropriate. We could not imagine life in our communities any longer without mobile teams, without our crisis stabilization services, without psychiatric urgent. It is simply an exciting time in the evolution of behavioral health in Indiana.”



4C Health began providing mobile crisis services in the fall of 2020 during the public health pandemic. Since then, 4C Health mobile teams have completed over 4,000 successful mobile deployments and counting in Cass, Miami, Fulton, Pulaski, Howard, Tipon, and White counties. Mobile crisis operates 24 hours a day, 7 days a week, and 365 days a year.

[Read the full release on 4C Health’s site here](#)



1



3



2

- 1 – Zoe Frantz & Regional staff
- 2 – Zoe Frantz, Lisa Dominisse with National Council staff at Association retreat
- 3 – Denise Wade at the annual MHAJ Conference

COMMUNITY HIGHLIGHTS

Adult & Child Health Aims to “Rebuild Lives from the Inside Out” at Hanna Commons

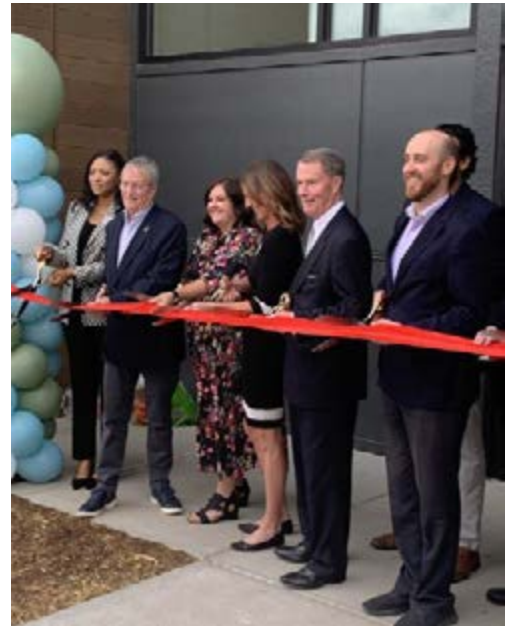
Integrated healthcare provider **Adult & Child Health** (A&C) is working to make an impact on chronic homelessness in Marion County by providing comprehensive care services to the residents at **Hanna Commons**, a new 55-unit Permanent Supportive Housing (PSH) facility in South Indianapolis.

Chronic homelessness is experienced by members of a community who have been unhoused for a long period of time, or repeatedly, while suffering with mental illness, substance use disorders, physical disabilities, or other serious conditions.

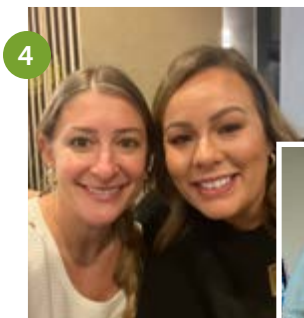
“Adult and Child is proud to be part of the collective effort to house Marion County’s most vulnerable residents,” said A&C Vice President of Behavioral Health Services Jennifer Disbro. “Our goal is to help people maintain their housing and rebuild their lives from the inside out.”

Hanna Commons operates under the Housing First model whereby all A&C services are offered on a voluntary basis and are in no way tied to tenancy. The facility is a beacon of hope for many in the Indianapolis area. Upon qualification for residency at Hanna Commons, a tenant expressed their thoughts on this new project, “After years of fighting an uphill battle, it is like someone finally reached out a hand to help us reach that life-changing summit – the view is breathtaking. Now we can start a new life.”

Read the full article on this new facility at Adultandchild.org



Hanna Commons Ribbon Cutting Ceremony



4 – Denise Wade & Lee Ann Jordan at MHAI Conference



5 – Indiana Council staff & lobbyist team enjoying a Holiday outing at Top Golf



6 – Cummins representing at the annual MHAI Conference

• Numbers show head office locations. • Click provider logos to visit their sites



1 Adult & Child
603 E. Washington St. – 9th Floor,
Indianapolis IN 46204
Designated in: [MARION, JOHNSON](#)



2 Aspire Indiana Health, Inc.
17840 Cumberland Road, Noblesville IN 46060
Designated in: [BOONE, HAMILTON, MADISON, MARION](#)
Also serving: [GRANT](#)



3 Otis R. Bowen Center for Human Services, Inc.
2621 E Jefferson St, Warsaw, IN 46580
Designated in: [HUNTINGTON, KOSCIUSKO, MARSHALL, WABASH, WHITLEY](#)
Also serving: [ALLEN, DEKALB, LAGRANGE, NOBLE, STEUBEN](#)



4 Centerstone of Indiana, Inc.
645 S. Rogers Street, Bloomington, IN 47403
Designated in: [BARTHOLOMEW, BROWN, DECATUR, FAYETTE, JACKSON, JEFFERSON, JENNINGS, LAWRENCE, MONROE, MORGAN, OWEN, RANDOLPH, RUSH, UNION, WAYNE](#)
Also serving: [CLARK, DELAWARE, HENRY, JOHNSON, MARION, PUTNAM, SCOTT](#)



5 Community Fairbanks Behavioral Health
8180 Clearvista Pkwy, Indianapolis, IN 46256
Designated in: [MARION, HANCOCK, SHELBY](#)
Also serving: [MADISON, JOHNSON](#)



6 Community Fairbanks Behavioral Health – Howard
322 N. Main St, Kokomo, IN 46901
Designated in: [CLINTON, HOWARD, TIPTON](#)



7 Community Mental Health Center, Inc.
285 Bielby Road, Lawrenceburg IN 47025
Designated in: [DEARBORN, FRANKLIN, OHIO, RIPLEY, SWITZERLAND](#) Also serving: [DECATUR, FAYETTE, HENRY, JEFFERSON, JENNINGS, RUSH, SCOTT, UNION, WAYNE](#)



8 Cummins Behavioral Health Systems, Inc.
6655 East US 36, Avon IN 46123
Designated in: [HENDRICKS, PUTNAM](#)
Also serving: [BOONE, MONTGOMERY, MARION](#)



9 Edgewater Systems for Balanced Living, Inc.
1100 West Sixth Avenue, Gary IN 46402
Designated in: [LAKE](#) Also serving: [PORTER, LAPORTE](#)



10 Family Health Center
515 Bayou Street, Vincennes IN 47591
Designated in: [DAVISS, KNOX, MARTIN, PIKE](#)



11 4C Health
401 E. 8th Street, Rochester, IN 46975
Designated in: [CASS, FULTON, MIAMI, PULASKI](#)
Also serving: [CARROLL, CLINTON, HAMILTON, HOWARD, TIPTON](#)



12 Hamilton Center, Inc.
620 Eighth Avenue, Terre Haute IN 47804
Designated in: [CLAY, GREENE, PARKE, SULLIVAN, VERMILLION, VIGO](#)
Also serving: [HENDRICKS, MARION, OWEN, PUTNAM](#)



13 LifeSpring Health Systems
460 Spring Street, Jeffersonville IN 47130
Designated in: [CLARK, CRAWFORD, DUBOIS, FLOYD, HARRISON, JEFFERSON, ORANGE, PERRY, SCOTT, SPENCER, WASHINGTON](#)



14 Meridian Health Services
240 N. Tillotson Avenue, Muncie IN 47304
Designated in: [DELAWARE, HENRY, JAY](#)
Also serving: [ALLEN, FAYETTE, HOWARD, LAPORTE, MADISON, MARION, RANDOLPH, RUSH, ST. JOSEPH, TIPPECANOE, WAYNE](#)



15 Northeastern Center, Inc.
220 South Main Street, Kendallville IN 46755
Designated in: [DEKALB, LAGRANGE, NOBLE, STEUBEN](#)



16 Oaklawn Psychiatric Center, Inc.
330 Lakeview Drive, Goshen IN 46527
Designated in: [ELKHART, ST. JOSEPH](#)



17 Park Center
909 East State Boulevard, Fort Wayne IN 46805
Designated in: [ADAMS, ALLEN, WELLS](#)
Also serving: [HUNTINGTON, WHITLEY](#)



18 Porter-Starke Services
601 Wall Street, Valparaiso IN 46383
Designated in: [PORTER & STARKE](#)



19 Radiant Health
505 N. Wabash Avenue, Marion IN 46952
Designated in: [GRANT, BLACKFORD](#)



20 Regional Health Systems
8555 Taft Street, Merrillville, IN 46410
Designated in: [LAKE](#)



21 Sandra Eskenazi Mental Health Center
720 Eskenazi Avenue, Indianapolis IN 46202
Designated in: [MARION](#)



22 Southwestern Behavioral Healthcare, Inc.
415 Mulberry Street, Evansville IN 47713
Designated in: [GIBSON, POSEY, VANDERBURGH, WARRICK](#)

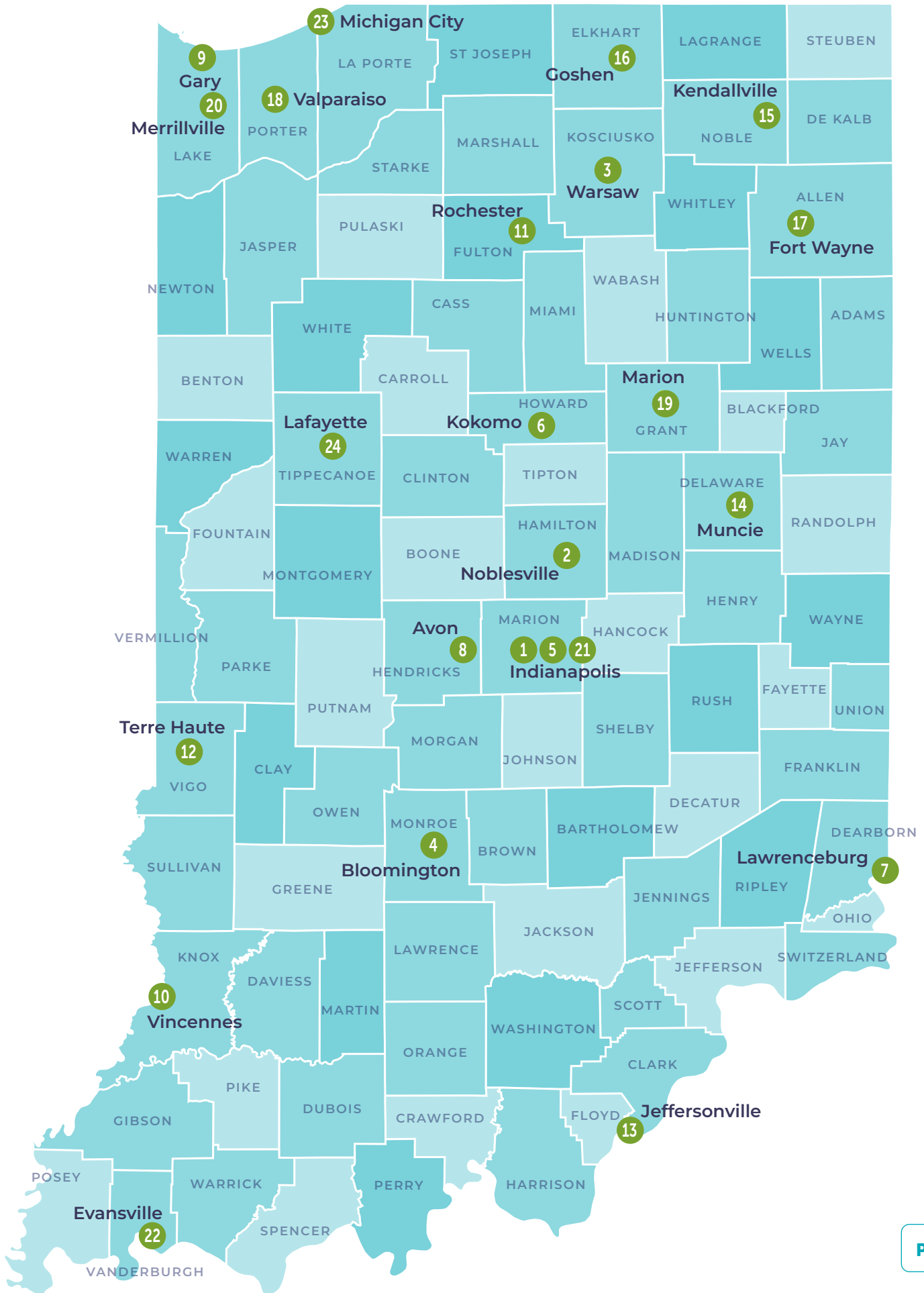


23 Swanson Center
7224 W. 400 N., Michigan City IN 46360
Designated in: [LAPORTE](#)



24 Valley Oaks
415 N. 26th Street, Lafayette, IN 47904
Designated in: [BENTON, CARROLL, FOUNTAIN, JASPER, MONTGOMERY, NEWTON, TIPPECANOE, WARREN, WHITE](#)

[>> Click here to view provider details on our site](#)



Calendar 2024 Save the dates!



Cup of Joe with Zoe

Half hour State leader meet and greet with our members and partners. Second Tuesday of every month at 8:30am EST via Zoom.



>> [Click here for Zoom link](#)

Meeting ID: 210-953-5684
Password: ICCMHC

UPCOMING DATES:

February 13	March 12	April 9	May 14	June 11	
July 9	August 13	September 12	October 9	November 14	December 11

Winter Quarterly Meeting February 5-6th 2024.

Hyatt Regency Indianapolis, One South Capitol Avenue, Indianapolis, IN 46204

This meeting will be a legislative focus, including Lunch with our Legislators on Monday, February 5th at the Statehouse.

[Click here for full details](#)

- The Friends of the Indiana Council will be welcoming **Governor Eric Holcomb** as our honorary guest for a PAC only event. To attend you must contribute to the PAC by [visiting here](#) - and then [to register click here](#).

For further information on any of these events please contact **LeeAnn Jordan**

Dates correct at 01-23-24

[Click here to visit our events pages](#)

YOU'RE INVITED TO THE INDIANA COUNCIL'S
LEGISLATIVE LUNCH

FEBRUARY 5 2024 | INDIANA STATEHOUSE 2nd Floor South Atrium | MONDAY 12:00 PM

JOIN US TO LEARN ABOUT POLICY RELATING TO MENTAL HEALTH AND SUBSTANCE USE

Together building the health and wellbeing of all Hoosiers

Please contact with questions: LeeAnn Jordan 317-650-4972 ljordan@indianacouncil.org

FRIENDS OF THE INDIANA COUNCIL PROUDLY PRESENTS
A VIP EVENING WITH
SPECIAL GUEST:
GOVERNOR ERIC HOLCOMB

FEBRUARY 5 2024 | HYATT REGENCY DOWNTOWN INDIANAPOLIS | MONDAY 4:45 - 6:00 PM

Together building the health and wellbeing of all Hoosiers

*PAC donation required to attend this event

This event is paid for by the Indiana Council PAC. Contributions to the PAC are not deductible for tax purposes.