



PRESS RELEASE - FOR IMMEDIATE RELEASE

Indiana Council of Community Mental Health Centers

Contact: Lee Ann Jordan
Director of Communication & Membership
Phone: (317) 684-3684
ljordan@indianacouncil.org

**Indiana Council News – Indiana Council of Community Mental Health Centers Highlights
Impact of Crisis Services provided by your Community Mental Health Centers in New
ROI Study**

Indianapolis, IN – The Indiana Council of Community Mental Health Centers (ICCMHC) is excited to share the findings of a new study, conducted by Blue & Co., which showcases the tremendous value and impact that Community Mental Health Centers (CMHCs) have on individuals, families, and communities across the state of Indiana.

The study reveals a compelling return on investment (ROI), demonstrating that for every dollar spent on community mental health services, there is a significant and measurable benefit to society. These findings highlight the critical role CMHCs and crisis units play in improving mental health outcomes, reducing emergency room visits, preventing costly hospitalizations, major impact on jails, and supporting individuals in living healthier, more fulfilling lives.

"The work being done by Community Mental Health Centers in Indiana is life-changing," said Zoe Frantz, President & CEO, of Indiana Council. "Not only are CMHCs offering essential services to those in need, but the positive ripple effects extend to families, workplaces, and communities across the state. This study proves that investing in mental health services pays off – both in human terms and economically."

The study, which involved a comprehensive analysis of data from CMHCs throughout Indiana, found that these centers are not only essential to mental well-being but also a smart investment in the long-term health of the state's economy. Key findings from the study include:

- **Reduced healthcare costs:** Community mental health centers help decrease the need for emergency room visits and inpatient hospitalizations, reducing overall healthcare spending.

- **Crisis services vs. Inpatient hospitalization:** Community mental health centers – crisis services have had an annualized opportunity savings of \$80,867,002. This has been accomplished by providing timely, effective mental health interventions, reducing the need for more costly emergency room visits, hospitalizations, and law enforcement involvement. By focusing on community-based care, including mobile crisis units and 988, Indiana has been able to prevent costly institutional care and ensure individuals in crisis receive the appropriate support, ultimately lowering healthcare and criminal justice system expenses.
- **Crisis services vs. Jail:** Crisis services in Indiana have the opportunity of annualized savings cost for the state of \$45 million in jail services by diverting individuals with mental health crises away from jails and into appropriate care. Through programs like mobile crisis units and mental health treatment, individuals in need of mental health services receive timely interventions that prevent arrests and reduce the need for incarceration. This approach not only improves outcomes for those in crisis but also lowers the financial burden on the criminal justice system.

This study serves as an important reminder of the value of prioritizing mental health and investing in the services that make a real difference in people's lives. The Indiana Council of Community Mental Health Centers remains committed to advocating for expanded access to mental health services and ensuring that Community Mental Health Centers continue to serve as a vital lifeline to those in need.

You can read the full report here: [Witham Health Services](#)

About the Indiana Council of Community Mental Health Centers:

The Indiana Council of Community Mental Health Centers is dedicated to advocating for and supporting the provision of quality mental health and substance use services for all Hoosiers. Comprising of community mental health centers across the state, the Council works collaboratively with government entities and stakeholders to ensure accessible and effective mental health care.

For more information please visit: www.indianacouncil.org