



News, programs and training opportunities / Distributed to all members



**We are delighted to welcome
Cummins Behavioral Health Systems, Inc
for this month's Member Spotlight feature.**

Cummins are dedicated to advocating for mental health and wellness, pursuing clinical best practices, and helping individuals experience the hope of recovery ...

Read more... See page 8 - 13

Also this issue:



**State & Federal updates
Pages 18 - 25**



Recent events Page 27

Dear Members, Partners and Key Collaborators,

March Madness is always one of my favorite times of year since you can learn so much from college basketball. Some of the things I have learned by watching college basketball that relates to our work at the Indiana Council are:

- **How important your team is.** To learn more about the Council Team and their areas of focus on [page 4](#), and our members please see [pages 28-29](#) for updates.
- **Your defense strategy is just as important as your offense strategy.** To review a policy update both for state and federal see [pages 18 - 25](#).
- **You cannot win a game without all hands-on deck.** Feb 10 – The Indiana Council’s State Hill Day was a day where all hands were on deck to advocate for our system and those we serve. Thank you to all of you who participated at this event. See [page 27](#).
- **It is important to know who your fans are, your supporters, your advocates.** We have a lot of support from our judicial/legal and county commissioner partners.

Watch the testimony given by Major Lynch and Kacie Chase of Lifespring [in this video](#)



[on our homepage](#). (Scroll to the bottom of the page!)

As well as our system and the work we do was highlighted at the NAMI Criminal Justice Summit on March 7 – see [page 27](#). We also have wonderful support at Division of Mental Health and Addiction (DMHA). Congratulations to **Lindsay Potts** for being voted as the Indiana Council’s Mental Health Advocate of the Year - see [page 26](#). Her leadership, support and bidirectional communication has led us to being a part of the federal CCBHC Demonstration.

I also want to welcome **Sarah Sailors** to the team as the Director of the Division of Mental Health and Addiction. We look forward to working with you! See more information on [page 18](#).

- **No matter your role on the team your voice matters.** If you have not called your federal legislators regarding not impacting Medicaid for those that we serve or members of the Indiana State Senate Appropriations, see [pages 6 - 7](#) to see how you can advocate today.

- **You will not improve without feedback and making the needed adjustments.** The Indiana Council annual member survey can be found on **page 9**. We look forward to hearing your feedback and making the necessary changes to serve you.
- **Celebrating the wins along the way is so important.** The Indiana Council looks forward to celebrating our members at our **May conference** at our Annual Members award celebration. **See pages 30-31** to nominate someone today.
- **Being cheered on and supported makes the work so worthwhile.** Thank you to all of you for being members, key stakeholders, and partners. We could not do our work without you! Our Community Mental Health System and those we serve are stronger because of you!

Here's to our system win, no matter the challenges that lie ahead, we will continue to advocate and support all of you.

GO TEAM!

Zoe Frantz President, CEO
zfrantz@indianacouncil.org

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**Together,
building the
health and
well-being of
all Hoosiers!**



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The Indiana Council of Community Mental Health Centers

represents the collective interests of all community mental health centers (CMHCs) currently certified and accredited to provide community-based behavioral health services across all ninety-two counties in Indiana.

CMHCs in Indiana served over 300,000 behavioral health consumers in 2023. CMHCs provide services primarily to those suffering from severe behavioral health and substance abuse conditions which further reduce additional costs to society by directing coordinated care to our most vulnerable citizens.

Click the image below to view / download our flyer on the benefits provided to our communities by our network of CMHCs.

Indiana's Community Mental Health Centers (CMHCs) provide comprehensive mental health care to persons of all ages who suffer from mental illness or substance use disorders.

- The 24 CMHCs focus on serving economically disadvantaged Hoosiers and those who typically encounter difficulties accessing care.
- The services CMHCs provide to their communities include: inpatient and outpatient treatment, crisis services, services for children and adolescents, elderly people, substance use services, residential services, peer-led services and more.
- CMHCs provide life-improving, critical mental health services to Hoosiers who otherwise might never receive care, including the economically disadvantaged, persons involved in the criminal justice system, and persons who are experiencing homelessness.

CMHCs have a positive impact on Indiana's economy.

- The overall economic footprint of CMHCs statewide is nearly **\$1.4 billion**.
- CMHCs directly employ **11,629 Hoosiers**, and indirectly support the jobs of an additional 3,511 Hoosiers through the supply chain, and via income generated by the CMHCs.
- Every **\$1.00** invested by CMHCs generates another **\$0.59** in additional economic activity.
- CMHCs help improve the state's mental healthcare workforce by providing internships to graduate students to learn skills needed to work in a community mental health environment.

Total Economic Impact for Indiana
\$1,382,440,371 ANNUALLY
 \$510,369,305 HOOSIER DIRECT | \$872,070,068 DIRECT

Tax Revenue Generated
\$186 Million ANNUALLY
 \$35.5 Million STATE & LOCAL | \$150.6 Million FEDERAL

Employment
15,3040 TOTAL JOBS
 3,511 HOOSIER DIRECT | 11,629 DIRECT

How can you support Indiana CMHCs?

CMHCs face many challenges, the biggest of which are acquiring and retaining a quality workforce, lack of adequate funding, and administrative burdens. The following measures would assist CMHCs to provide Hoosiers with more effective and timely services...

- Continue telehealth supports, alongside face-to-face services, as during the first year of the Covid-19 pandemic.
- Continue and expand the Certified Community Behavioral Health Centers (CCBHC) grantee program.
- Implement Prospective Payment System rate methodology.
- Increase Medicaid reimbursement rates to reflect the true cost of services.
- Provide incentives to work at CMHCs, such as student loan repayment or tuition reimbursement.
- Improve the licensure process by permitting licensure to get a license more quickly.
- Reduce the administrative burden on CMHC staff by streamlining processes and reducing paperwork.
- Allow reimbursement of support services for consumers, such as transportation to and from the CMHC.
- Improve Hoosiers' mental health literacy to help them recognize, manage and prevent mental health and substance use disorders.

Text adapted from The Impact Of Indiana's Community Mental Health Centers by the Center For Health Policy. View/download the full report here

Indiana Council of Community Health Centers, 100 West Chestnut Street, Suite 610, Indianapolis, IN 46204 (317) 684-3884 indianacouncil.org

or scan this QR code:



KEY CONTACTS:

Zoe Frantz

President, CEO

812-298-4533 zfrantz@indianacouncil.org

Denise Wade

Chief Administration Officer

317-684-3684 dwade@indianacouncil.org

Lee Ann Jordan

Director of Communication & Membership

317-650-4972 ljordan@indianacouncil.org

Andy Zellers

Grant Administrator & Policy Research Analyst

812-204-1789 azellers@indianacouncil.org

Nancy Henry

Data Quality Assurance Manager

nhenry@indianacouncil.org

Sydney Moulton

Director of State & Local Government Affairs –

smoulton@indianacouncil.org

LOBBYISTS:

Kelli Waggoner

KWK Management Group

317-213-3876

Grant Waggoner

KWK Management Group

317-430-9860

Lou Belch

The Corydon Group

317-213-3884

Ryan Kennedy

KWK Management Group

317-634-5963

Abigail Kaercher

Federal Lobbyist

Hall & Render

akaericher@hallrender.com

202-742-9674

Attend the Biggest Event in Behavioral Health Care

Get ready for NatCon25, the largest conference in mental health and substance use care! **The National Council for Mental Wellbeing** is bringing the best minds in health care to Philadelphia from May 5-7 to lead three days of leadership-building, organization-boosting content.

Only at NatCon25 can you hear from 500+ speakers, choose from 250+ expert-led sessions, earn continuing education credits and network with 6,000+ health care colleagues from across the country.



HEALTHY MINDS ■ STRONG COMMUNITIES



>>> Register today
to enjoy a special discount!

National Council Group Purchasing Program

We're excited to announce the launch of **The National Council Group Purchasing Program (GPP)**, a new membership benefit designed with members' needs in mind.

Powered by **Pandion**, this program offers members exclusive discounts on products and services they already use — no obligation, upfront cost or long-term commitment. **Members can save anywhere from 10% – 30% cost savings across food, transportation, software, office supplies, medical equipment, and more.** To participate, members simply connect with Pandion, receive a cost-savings proposal and decide if they want to proceed.



Like the **National Council Captive Health Insurance Program**, 100% Associations can generate revenue when their members participate. The only ask is light promotion — mentions in newsletters, event communications, social media outreach, etc.

Members can enroll now. Please visit the **National Council's GPP site**, or reach out to Jeremy Attermann and **Rocio Meza** directly for more details.

Call-to-Action on Senate Bill 2

Advocating for Medicaid Program Protection

We are at a critical juncture where the Medicaid program, which **serves over 700,000 Hoosiers**, faces potential legislative changes that could profoundly impact the accessibility and the future of the HIP program. The full language of Senate Bill 2 **can be found here**.

We urge you to reach out to your legislators and express your concerns regarding this impending legislation. Medicaid is a lifeline for many individuals who rely on its support to receive essential mental health and substance use treatments. The CMHC/CCBHC System serves 63% of HIP/Medicaid lives. Any alterations to its funding, structure, or scope could jeopardize the well-being of countless patients and strain the resources of our system.

Areas of Concern

- **Trigger Language**
 - We have significant concerns around the language that will allow the state to terminate the HIP program if the federal match drops below 90%.
 - System-wide 63% of individuals CMHCs serve were on HIP or some other form of Medicaid.
 - Termination of HIP would disrupt access to mental health and substance use disorder services and our ability to be reimbursed.
- **Advertising Language**
 - The prohibition on advertising or marketing Medicaid is extremely vague.
 - Clarification on the definition of “advertising/marketing” would be beneficial.
 - CMHC employees and partners discuss the Medicaid program frequently since it is our largest patient demographic.

Steps to Reach Out to Legislators

- **Identify Your Legislators:** Find out who your state and federal representatives are. You can easily locate your legislator here.
- **Draft Your Message:** Compose a clear and concise message that outlines your concerns. Highlight how the proposed changes outlined in SB 2 could negatively affect your patients and practice.
- **Share CMHC Impact One-Pager:** Nancy Henry, our Quality Assurance Data Analyst, put together a **CMHC Impact One-Pager** (*example right*) for each of the 24 CMHCs. Please include this in your outreach because it will help legislators understand the impact in their local communities. **Your specific document can be found here.**
- **Make Contact:** Reach out via email, phone calls, or social media to ensure your message is heard. Many legislators have contact forms on their websites for easy communication.
- **Follow Up:** If you do not receive a response, don't be discouraged. Follow up to reiterate the importance of your message and seek a meeting or further dialogue.



Indiana CMHCs' Impact on Local Communities and Hoosier Lives

- 24 • Community Mental Health Centers
- 14k+ • CMHC Employees
- 350k+ • Hoosier Lives Served = A Healthier Indiana

- Access to high quality, comprehensive behavioral health care
- Development of behavioral health workforce
- Addressing the behavioral health care needs of underserved communities
- Innovative service delivery approaches

Indiana CMHCs' Collective Profile

Total Lives Served	Youth Served	Those with Substance Use Disorder	Medicaid Lives	Clinical Staff	Non-Clinical Staff	Schools	Group Homes	GH Beds	*
345,888	102,791	59,366	197,935	9,816	4,046	1,850	73	803	

*From the Indiana Council Member Profile Survey -State Fiscal Year 2024; totals are higher at publication date

Top 3 Primary Diagnoses - Youth:

1. Anxiety Disorders
2. Attention-Deficit/Hyperactivity Disorder
3. Mood Disorders

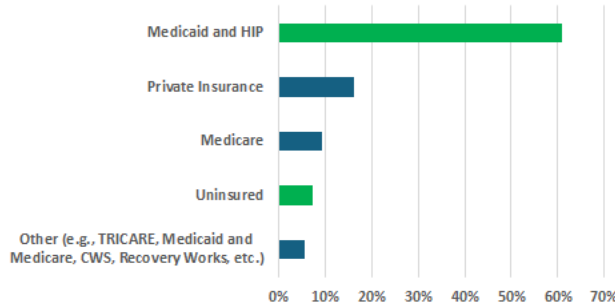
Top 3 Primary Diagnoses - Adults:

1. Major Depressive Disorder
2. Generalized Anxiety Disorder
3. Post-Traumatic Stress Disorder

Top 3 Referral Sources:

1. Individual/Self
2. Health Care, Hospital or Physician
3. Court/Criminal Justice

Patient Insurance Types**



** Data from SFY 2024 DMHA County Reports

indianacouncil.org

Indiana Council of Community Mental Health Centers
PO Box 609, Jeffersonville, IN 47131
(317) 684-3684

Click image above to view / download pdf

To find a Community Impact Report for your CMHC, [click here](#)

Indiana Council & Boston University Behavioral Health in Aging Certificate - Launch

PRESS RELEASE

Indianapolis, IN – The Indiana Council of Community Mental Health Centers is excited to announce the successful launch of its **Behavioral Health in Aging Certificate Program** developed by the **Center for Aging & Disability Education & Research (CADER)** at **Boston University School of Social Work (BUSSW)**, in collaboration with **Humana Health Horizons in Indiana**. Funding for this program has been provided through a Humana Healthy Horizons Community Investment Grant in support of the **Indiana PathWays for Aging** program.

This innovative program, designed to enhance Community Mental Health Center (CMHC) mental health professionals' expertise in geriatric care, has already enrolled its first cohort with 122 members, marking a significant milestone in addressing the growing needs of aging populations across Indiana.

The Behavioral Health in Aging Certificate Program is a comprehensive, specialized online training initiative aimed at equipping mental health professionals with the skills and knowledge necessary to address the unique mental health challenges faced by older adults. This program comes at a crucial time as the number of older adults requiring mental health services continues to rise, placing greater demands on mental health professionals across the state.

By joining forces with Humana Healthy Horizons and CADER at BUSSW, Indiana Council is offering an evidence-based, accessible pathway for professionals to expand their understanding of key issues related to working with older adults who have behavioral health concerns. The program features a blend of cutting-edge academic research, role-play simulations, and practical



applications, making it an invaluable resource for practitioners serving older populations.

“We are thrilled to collaborate with Humana Healthy Horizons and CADER at BUSSW on this important initiative,” said **Zoe Frantz**, CEO & President of Indiana Council of Community Mental Health Centers. “The launch of this program demonstrates our commitment to enhancing the quality of mental health care for older adults, while also providing mental health professionals with the tools they need to make a lasting impact in their communities.”

The program’s first cohort of 122 enrollees includes professionals from diverse backgrounds, all of whom will undergo a rigorous training focused on aging-related mental health topics such as dementia, depression, anxiety, and trauma in later life. Participants will also gain a deeper understanding of the social, cultural, and policy factors that influence the mental health of older adults.

[Read the full press release here](#)

- [Click here for a Program Overview and to register](#)
- [Contact Andy Zellers for more information](#)



Member Survey

YOUR VOICE MATTERS!

It's that time again, Indiana Council's member survey is now open, and we need YOUR input. By completing the survey, you'll help us continue to make membership with the Council BETTER!

Please take a few minutes and complete our 2025 Member Survey, by scanning the QR code below.

**Those who complete the survey will be entered in a drawing to win a \$100 visa gift card!



Our member survey is NOW live!

Scan the QR code to start the survey, or [click this link](#).

Your feedback is greatly appreciated!

Complete now for your chance to win a \$100 visa gift card!

Child & Adolescent Committee

The C&A committee is working on the following:

1. Strategic Planning Goals
2. Questions about changes with Wraparound to DMHA
3. Preparing for the summer conference topics

Data Committee

Data Analytics – led by Demetrius Dillard, Chair, and Ron Guidotti, Co-chair

Work toward comprehensive data governance, as it applies to behavioral health settings, continues. Members are urged to routinely evaluate their center’s data governance structures, further tailoring them as needed, particularly with organizational growth and/or staffing changes. Members are also encouraged share their governance plans with others for a collective resource on best practices.

Feel free to reach out to the following committee contacts for link to the data governance plan shared folder or to email plans:

demetrius.dillard@aspireindiana.org

rguidotti@porterstarke.org

nhenry@indianacouncil.org



Quality Improvement Committee

Michelle Baker returned to her role as QI Committee Chair in March – welcome back, Dr. Baker! Under her leadership, the QI Committee continues working toward decreasing administrative burden for Council members. The following are current QI priorities:

- The Council will be tracking the Kepro Acentra Prior Authorization situation following recently added PA trainings (in lieu of workgroup, there were trainings offered to providers on PA procedures, required documentation, appeals of denials, etc.)
- Pursuing ways to eliminate or reduce duplication of efforts in DMHA reporting and audits
- Following up with State partners on issues with new/updated portals resulting in inordinately time-consuming efforts (i.e., Critical Incident Reporting and Certification and Licensure portals)

Moving forward, the QI Committee plans to meet more frequently—moving from meeting quarterly to add “office hours” format in off months—to provide prompt follow-up to address arising concerns.

QI committee contacts:

michelle.baker@aspireindiana.org

nhenry@indianacouncil.org

REL Committee

The REL Committee, led by Cedralia Ellis, Chair, and Letticia Timmel, Co-chair, continues to bring quarterly Connection Hub Presentations as a valuable benefit to all members.

The next Connection Hub event is sponsored by the Indiana Council and one of its partners, Gravity Diagnostics:

Cassandra Raine-Francis -
Leadership Development: Leading through Change and Managing Conflict

Thursday, April 17, 2025, 9:00am CST/10:00am EST

All members are invited to attend (via Zoom webinar) and registration is free! Registration is required for this event. CEU credit will be made available to attendees.

>>> [Click here to register](#)
 or scan the QR code ...



Please reach out to the following REL committee contact with any questions:

ellisc@southwestern.org

ltimmel@4chealthin.org

nhenry@indianacouncil.org

March is Social Work Month!

This month we celebrate the incredible social workers who make a difference every single day. From supporting families to advocating for mental health, social workers are the backbone of positive change.

Your dedication, compassion, and hard work are truly appreciated!

Happy Social Work Month!

[Click here to find out more](#)



History

Cummins Behavioral Health Systems, Inc.’s (Cummins) organizational history began as grassroots initiatives in Hendricks and Putnam counties. Local Mental Health Associations, family members, advocates, hospitals, elected officials, and others devoted several years to organizing and seeking support for local mental health services. Hendricks County was the first to complete the developmental process, and in 1971 Cummins’ articles of incorporation were filed.

This new nonprofit organization was named the **Hendricks County Mental Health Clinic.** Its original employees were a clinic director/therapist, a secretary, and a part-time psychiatrist. A year later, the Hendricks County leadership extended an invitation to Putnam County organizers to include Putnam County as a part of the new mental health clinic. This offer was accepted, and in 1972 the service area expanded to two counties.

The center was renamed the Cummins Mental Health Clinic in honor of **Thelma Cummins**—one of the Hendricks County founders—who had recently passed away. Over the next two decades, services were added, and the name changed to Cummins Mental Health Center, Inc., but the service area remained limited to Hendricks and Putnam counties.

In the early 1990s, state legislation allowed community mental health centers to expand services beyond their original service area. Cummins took advantage of this expansion and now has offices in five central and west central counties: **Boone, Hendricks, Marion, Montgomery, and Putnam.** Additionally, services are provided in over 130 schools.

In 2004, the name of the organization was changed to **Cummins Behavioral Health Systems, Inc.** Over the past 50 years, Cummins has grown significantly, now employing hundreds of behavioral health professionals and offering a wide range of services to individuals of all ages. The organization remains dedicated to advocating for mental health and wellness, pursuing clinical best practices, and helping individuals experience the hope of recovery.

CCBHC - Certified Community Behavioral Health Clinic

In 2021, Cummins was awarded federal funding from SAMHSA for the CCBHC-E (Expansion) grant and in 2023, Cummins received the CCBHC-IA (Improvement and Advancement) grant. Made possible by that funding, Cummins was able to fully implement the **CCBHC program in its Hendricks County** youth and adult programming.



Mission, Vision and Values

MISSION STATEMENT:

The mission of Cummins Behavioral Health Systems, Inc. is to inspire the hope of recovery; to achieve excellence in all aspects of care; and to make the goals and aspirations of those we serve our highest priority.

VISION STATEMENT:

As a result of our personal leadership and of our partnerships with those we serve:

- Those who come to us will experience the hope of recovery, will achieve their personal goals and aspirations, will demonstrate improved health and will experience significant improvement in the quality of their lives.
- Our communities and healthcare partners will view Cummins as their provider of choice.
- Cummins will positively influence our profession through its leadership, advocacy, and demonstrated best practices.

VALUES STATEMENTS

- **COLLABORATION:** We work with others to create a stronger community.
- **INTEGRITY:** Our actions will display honesty, ethics, and authenticity.
- **DIVERSITY:** We seek to be culturally humble, inclusive and create a sense of belonging.
- **INNOVATION:** We implement new ideas in the pursuit of excellence.
- **RESPECT:** Our actions convey our regard for the uniqueness, dignity, and worth of all individuals



One of our Crisis suites



Crisis Services

During the second year of the CCBHC-IA grant period, the CCBHC crisis team was able to provide **1,096 total crisis interventions. In the summer of 2024, the crisis team transitioned to 24/7 mobile crisis response.** Also in 2024, the CCBHC crisis team obtained Indiana 988 Designation for mobile crisis services. The 988 Designation process included enhanced training for all members of the crisis team, additional peer support professionals added to the team, and increased the mobile response area from Hendricks County to a 45-mile response radius from the physical location of the Crisis Hub located in Avon, Indiana.

The CCBHC crisis team includes a Director of Crisis Services, a team leader, crisis therapists, crisis intervention specialists, and crisis peer support professionals. The crisis team coordinates with local emergency response for crisis events. Crisis services provide immediate care and interventions for those that walk-in, call in, utilize telehealth platforms, or during mobile crisis team deployment. The crisis team members complete a crisis assessment, utilize de-escalation strategies, develop a crisis prevention plan/safety plan and when deemed necessary, they connect the person to a safe and least-restrictive setting. Services include suicide prevention and intervention, address crisis related to substance use and include overdose prevention.

Community-Based Mental Health care for members of the armed forces and veterans

Cummins directly provides intensive, community-based services to members of the U.S. Armed Forces and veterans consistent with guidelines set forth by the **Veterans Health Administration** including clinical guidelines contained in the Uniform Mental Health Service Handbook. Cummins has ongoing collaboration with STAR Behavioral Health Providers and **The Military and Family Research Institute of Purdue University** to increase provider knowledge surrounding military culture, expand the array of evidence-based practices specifically used with military members, and became a STAR designated facility. Achieving STAR designation increases the opportunity for military and veteran referrals to increase the number of armed forces members and veterans served.

Family Preservation Services

Cummins provides inclusive, evidence-based services to preserve children with their caregivers in a safe home environment. Our trained specialists provide support and resources to families to ensure child and family safety. **Family Preservation Services** are designed for families that are involved in the child welfare or juvenile justice system and that need additional support and resources to improve care in the home, with a clear goal to preserve the family and avoid the trauma of removal for the child.

Lifelong Recovery Program: *Intensive Outpatient Treatment for Substance Use Disorder and Mental Health*

Cummins provides comprehensive care for individuals struggling with substance use

disorders (SUD) and mental health issues through their Lifelong Recovery Program. The program has two components: **Recovery First** and **Lasting Recovery**. Recovery First is the intensive outpatient treatment (IOT) component of the program designed to support both adults and youth beginning their recovery, offering a flexible and effective approach to recovery. Lasting Recovery is the name of the once per week aftercare group for members more established in their recovery and still needing treatment to sustain success.

Recovery First provides intensive outpatient treatment, which allows individuals to receive high-quality care while maintaining their daily responsibilities. This approach is beneficial for those who need structured support but do not require inpatient care. The program includes a combination of individual therapy, group counseling, and family support, addressing the multifaceted nature of addiction and mental health disorders.

Cummins' **Lifelong Recovery Program** is tailored to meet the unique needs of both adults and youth. For adults, the program focuses on helping individuals develop coping strategies, manage triggers, and build a strong support network. For youth, the program emphasizes early intervention and support, providing young people with the tools they need to navigate the challenges of adolescence while addressing their mental health and substance use issues.

Recognizing the importance of a supportive environment, Cummins involves families and communities in the recovery process. Family therapy sessions and community support groups are integral parts of the program, helping to rebuild relationships and create a network of support that extends beyond the treatment period.

Medical Services

Cummins' medical prescribers provide pharmacotherapy in the traditional sense for youth with behavioral disruptive disorders and for adults with mood, anxiety, and thought disorders, and medication assisted treatment (MAT) for alcohol, opioid, and nicotine use disorders.

In addition, Cummins is unique in offering specialized treatments to address **Treatment Resistant Illness** and novel approaches based on the most current literature to provide **Recovery Assisted Medication Management**.

For **Treatment Resistant Depression (TRD)**, Cummins' providers utilize two forms of neuromodulation, Deep Transcranial Magnetic Stimulation (dTMS), and the psychedelics, ketamine and esketamine, which are dissociative anesthetics but classified as psychedelics due to their property to induce an altered sensory experience along with several other expansive experiences that are seen in traditionally classified hallucinogens such as psilocybin or LSD. Both dTMS and esketamine, sold under the brand name Spravato, have FDA approved indications for TRD in adults. However, there are several unique indications for each of these modalities; for instance, dTMS also has FDA approvals for treatment resistant OCD and Nicotine Use Disorder while esketamine has the additional FDA approvals for TRD anxiety or TRD with acute suicidal ideation. These neuromodulation treatments are provided as a single treatment, sequential treatments, or concurrent treatments depending on the needs of the individual. The indications for these treatments are limited at this time but the use of these modalities is broader in Europe and there is a substantial body of literature that supports the use of these treatments in a variety of other mental health and physical health conditions and even for youth with similar disorders. To date, Cummins

has provided over 800 individual dTMS treatment sessions. As other psychedelics conclude their respective clinical trials and obtain FDA clearance, Cummins will expand its repertoire of treatments for individuals with illness that have not been successfully treated with traditional medications. Neuromodulation consultation is available by contacting Cummins and asking to speak with either the Chief Medical Officer, Dr. Steve Fekete, or the Medical Services Manager.

In addition to MAT, Cummins provides **Recovery Assistance Medication Management** with medications that have been identified through clinical trials as assisting individuals with initiating and maintaining their individual recovery. These interventions are based on the most current RCT literature and expert opinion that is routinely incorporated into our SUD Program. All individuals entering our intensive outpatient treatment programs are encouraged to utilize medication to assist in their recovery, as appropriate.

Peer Recovery Services

Peer recovery services are provided by Indiana Certified Peer Support Professionals who self-identify as being in recovery. Through the role of being a peer provider, Certified Peer Support Professionals connect with persons served in regard to understanding recovery, overcoming barriers to engagement, and defining what recovery means on a personal level. Peer Support Professionals carry the message of hope as they model recovery and establish the belief, **Recovery is possible!**

Same Day Intakes

Cummins offers same day intakes enhancing its commitment to providing timely and accessible behavioral health care.

This initiative allows individuals to receive assessments on the same day they seek help, significantly reducing wait times and ensuring quicker access to necessary services.

The same day assessments are available at all of Cummins' outpatient offices. For residents of Boone, Hendricks, Marion, and Montgomery counties, assessments can be conducted from 8:00 AM to 2:00 PM, Monday through Thursday. In Putnam County, the service is available from 9:00 AM to 2:00 PM, Monday through Thursday.

School-Based Services

Cummins is making a significant impact on youth mental health through its comprehensive school-based services. By integrating mental health professionals directly into school environments, Cummins ensures that children and adolescents receive timely and effective support in a familiar setting.

Cummins' school-based services focus on early identification and intervention for mental health issues, which is crucial for preventing more severe problems later in life. By placing **clinical providers within schools**, Cummins can address mental health difficulties as they arise, providing immediate support to students in need.

The program offers a range of services, including mental health assessments, individualized therapy, skills training, and crisis intervention. These services are designed to meet the unique needs of each student, helping them develop coping strategies, improve emotional regulation, and enhance their overall well-being.



Our Avon Outpatient facility

Cummins' approach involves close collaboration with educators and families to create a supportive network for each child. By working together, they can reinforce positive behaviors and coping mechanisms both at school and at home, ensuring a consistent and nurturing environment for the student.

The impact of these school-based services is profound. Students who receive support through Cummins' programs often show significant improvements in their academic performance, social interactions, and overall mental health. Early intervention and continuous support help to reduce the stigma associated with mental health issues and promote a culture of wellness within the school community.

In October 2024, Cummins launched its first ever Adolescent Mental Health Intensive Outpatient Program, **Balanced Minds**. The program is offered to adolescents ages 12-17. The adolescents meet three times weekly for three hours each for 6 weeks or longer if additional time is needed. In the group, they learn different ways to manage distress, regulate emotions, improve interpersonal effectiveness, and practice mindfulness. The program is designed for adolescents who may be struggling with risk related behaviors such as aggression, suicidal thinking, or non-suicidal self-injurious behaviors. The adolescents in group may have also been in a higher level of care such as WRAP around, recent acute inpatient hospitalization, or residential treatment. The program is designed to help step

down our adolescents from a more intensive level of care or to help prevent the need for a higher level of care. The program has been proven to help those who have completed the program to be more empowered in their own mental health, decrease crisis interventions and acute hospitalizations, and many report improved relationships and ability to manage symptoms.

In November 2024, the school-based program overhauled its referral process by transitioning to an electronic system. This upgrade enables schools to refer students more quickly and efficiently, allowing the outreach and access teams to process referrals more effectively and expedite students' access to services.

Wraparound Services

The **Wraparound program** is an intensive, community-based program provided to families with the greatest risk of out-of-home placement for children. The program utilizes a wraparound approach designed to keep children in their communities. High Fidelity Wraparound is an evidence-based process that provides a comprehensive, holistic, youth and family, driven way of responding when youth experience serious mental health or behavioral challenges. It involves a committed team comprised of family, friends, community, and professional support to collaboratively develop an individualized care plan that includes resources, talents and strengths to address the underlying needs of the family.

Strong Leadership Team

The **creative leadership team** at Cummins Behavioral Health has recently introduced several innovative initiatives aimed at enhancing organizational efficiency and program development. They launched a Lean Meeting Initiative designed to streamline meetings, making them more productive and focused. Additionally, they implemented a new program development system that fosters creativity and collaboration among team members, ensuring that new programs are both effective and responsive to the needs of the community. These efforts reflect the team's commitment to continuous improvement and excellence in behavioral health services. The leaders are constantly seeking to improve processes and team performance, demonstrating their dedication to achieving the highest standards in their field.

The leaders at Cummins Behavioral Health successfully wrote and received the EmpowerHer Grant, which provides comprehensive wraparound services for women and their families. This grant ensures that all family members receive the necessary support, allowing women to focus on their treatment without additional stress. A key component of this initiative is the role of the family resiliency specialist, who coordinates the complex care needs of both the women and their families, ensuring a holistic and integrated approach to their well-being. This innovative program highlights the leaders' commitment to addressing the multifaceted needs of their community.

Office of Early Childhood and Out-of-School Learning

- **Adam Alson has been named director of the Office of Early Childhood and Out-of-School Learning. Alson, an expert in child care business modeling and policy, founded Appleaseed Childhood Education, Inc., located in Rensselaer.**

Through his work founding and running the nonprofit, its success in creating and funding a new child care program through a public-private partnership, and building relationships in the child care space, he has a strong understanding of the challenges and opportunities faced by child care providers and families, and the economic importance of a successful child care infrastructure in Indiana.

Alson brings substantial business management experience, financial acumen, and risk management skills built on his experiences in the agriculture industry and as a bond trader for Bank of America. He brings a deep knowledge of child care business modeling and both demand and supply-side child care policy. He has worked with governments and organizations on child care policy at the local, state and national levels.

He has testified in front of multiple legislators and study committees on challenges and opportunities for rural child care in Indiana, and previously worked with OECOSL leadership on regulatory and policy issues. He has also been a featured panelist at the first National Child Care Innovation Summit to share about Appleaseed’s unique business model, and collaborated with national child care policy and advocacy groups on the Expanding Child Care in Rural America Act. Alson has an economics degree from the University of Chicago.

Division of Mental Health and Addiction

- **Sarah Sailors has been named the next director of the Division of Mental Health and Addiction. She will begin the role on March 3.**

Sailors has worked with families and children in the human services sector for more than 25 years, including



more than 19 years with the Indiana Department of Child Services (DCS). She has served in multiple executive roles at DCS over the past seven years, including her most recent role of chief deputy director and senior advisor. She has an associate’s degree in criminal justice from Illinois Central College, a bachelor’s degree in family community services from East Carolina University, and a master’s degree in social work from Indiana University – Purdue University Indianapolis.

FSSA Secretary Mitch Roob is grateful to interim Director Becky Buhner for her service and is pleased to announce that she will remain at DMHA as the deputy director and chief of staff.

Legislative/Policy

- **Kayla Skinner, the deputy legislative director, will serve as the interim legislative director.**

CONTACT US!

DMHA is seeking provider success stories to highlight. When creating your success stories, please highlight how your organization and the CMHW wraparound program has helped families be successful.

Please send your success stories to DMHAYouthServices@fssa.in.gov.

Note: Before sending your success stories, please make sure you de-identify your information and do not send the participant’s name or any identifying information in the success stories.



Indiana CCBHC Learning Collaborative 2025

Overview: **Bowling Business Strategies (BBS)** is facilitating a learning collaborative to support Indiana's Certified Community Behavioral Health Clinics (CCBHCs) in implementing evidence-based behavioral health treatment in adherence to national CCBHC requirements. We encourage you to save the dates below for upcoming sessions. Registration links will be shared on an ongoing basis.

Upcoming Webinars

Selecting and Implementing Evidence-Based Practices

March 25, 2025 / 2:00pm-3:30pm ET

- o Our next group learning event in the CCBHC Learning Collaborative series is coming up soon! Please join Bowling Business Strategies on March 25 at 2:00pm (ET) for a session focused on Selecting and Implementing Evidence-Based Practices.
- o This webinar is open to staff and leadership at Indiana CCBHC DY1 pilot sites, Community Mental Health Centers, and other providers interested in the CCBHC model. The session is offered free of charge in partnership with the Indiana Division of Mental Health and Addiction. Individuals serving in clinical and quality roles are especially encouraged to attend.

Topics covered:

- Review of EBP guidance based on federal CCBHC and Indiana-specific program requirements
- Highlight best practice to support effective EBP implementation
- Explore considerations for quality management and sustainability of EBP implementation

In partnership with the **Moses/Weitzman Health System** and its **Weitzman Institute**, this activity is jointly accredited by the **Accreditation Council for Continuing Medical Education (ACCME)**, the **Accreditation Council for Pharmacy Education (ACPE)**, and the **American Nurses Credentialing Center (ANCC)**, to provide continuing education for healthcare team members. *CME and CE credits will be made available for Nurses, Nurse Practitioners, Physicians, Psychologists, and Social Workers.*

This webinar will be recorded, but we hope to see you live and encourage your participation! Please feel free to forward this invitation to members of your team.

For questions, please reach out to **KC Wu** at kc@bowlingbiz.com.

>> Register Here

MENTAL HEALTH AWARENESS MONTH ART CONTEST

DMHA is proud to announce the return of the Mental Health Awareness Month Art Contest! This year the contest has been expanded to more age groups (from youth to adults 55+) and the winning entries in each group will receive a cash prize.

Please send the forms found at the [Mental Health Awareness Month Art Exhibition webpage](#) to your

provider pool to help us get the word out about the contest. The art will be submitted via email and due by April 18.

With your help, this could be our most successful art contest yet!



Child Mental Health Wraparound policy highlight for the month

Electronic Visit Verification Clarification

The CMHW team has clarified with partners at the Office of Medicaid Policy and Planning that the CMHW services that require EVV are Habilitation and Hourly Respite. Questions about EVV can be sent to the CMHW team, or you can visit the Indiana Medicaid for Providers EVV page.

CMHW program provider meetings 2025

The Child Mental Health Wraparound team will be hosting quarterly provider meetings during 2025. These meetings will be a way for the Division of Mental Health and Addiction to share updates and discuss other issues related to the CMHW program. The scheduled dates for these meetings are as follows:

June 5: 11 a.m. – Noon (EDT)

[Click here to join the meeting now](#)

Meeting ID: 255 963 912 156

Passcode: x8nzph

September 4: 11 a.m. – Noon (EST)

[Click here to join the meeting now](#)

Meeting ID: 225 108 905 190

Passcode: FuhXvN

December 4: 11 a.m. - Noon (EST)

[Click here to join the meeting now](#)

Meeting ID: 291 593 622 113

Passcode: qavPtX

Attendance is not mandatory; however, the meetings will not be recorded. To ensure that you receive details regarding these meetings, policy announcements and other information related to the CMHW program, please ensure that you are signed up for the DMHA CMHW Providers email distribution list.

Please submit any questions or comments to

DMHAYouthservices@fssa.in.gov.



CMHW continuing education

Documentation standards and guidelines training

The Child Mental Health Wraparound team will be offering an in-person documentation standards and guidelines training course, held in two locations.

Limited space is available for the training, as each training course will only accommodate 30-35 individuals on a first-come, first-served basis. We request that each provider brings their service note template with them to the training.

The scheduled date for the training is as follows:

Thursday, May 21, 2025 / 10 a.m.-2 p.m.

(Deadline to register is **May 16, 2025**)

Cummins Behavioral Health Systems, Inc.

5638 Professional Circle

Indianapolis, IN 46241

Wednesday, June 18, 2025 / 10 a.m.-2 p.m.

(Deadline to register is **June 13, 2025**)

Stonegate Arts & Education Center

931 15th St.

Bedford, IN 47421

If you want to attend the training, please email

barbara.gainer2@fssa.in.gov.

Federal Funding Deadline

Congress continues working to secure an agreement on funding the federal government prior to the March 14 funding deadline. Bipartisan negotiators involved in the process indicate some progress has been made on reaching a deal, but Democrats have expressed concerns regarding the recent funding freeze.

If a deal is not reached by March 14, the government may experience a partial shutdown. In the event of a shutdown, the Department of Health and Human Services (HHS) will likely furlough a number of staff. However, according to the **HHS FY25 shutdown contingency plan**, staff who work on mandatory programs, including Medicare and Medicaid, will be retained, and core functions to handle and respond to emergencies will continue.

White House Issues Executive Order on Deregulation

On Wednesday, the White House issued an executive order directing federal agencies and employees of the Department of Government Efficiency to comb their regulations for any that violate the administration’s priorities.

According to the order, the Office of Management and Budget (OMB), an agency that helps the President manage the federal budget and other executive responsibilities, will then develop plans to “rescind or modify these regulations, as appropriate.” In the interim, the order directs agencies to terminate and deprioritize enforcement of those regulations. **Check out the executive order.**

FCC Seeks Comment on 988 Georouting Privacy Issues

On Tuesday, the Federal Communications Commission (FCC) published a Public Notice seeking targeted comment on “potential privacy issues” related to proposed rules that would require covered text providers to support georouting to ensure that the 988 Suicide & Crisis Lifeline may route covered 988 text messages to appropriate local



crisis centers. The FCC has stated that the comments that the agency received in response to last year’s Implementation of the National Suicide Hotline Act of 2018, Third Further Notice of Proposed Rulemaking (Third FNPRM), **89 FR 91636** (Nov. 20, 2024) “have raised privacy as an important factor,” and the agency seeks to provide “an opportunity for additional comment to obtain a more comprehensive record.”

Comments for the proposal are due on or before April 3, 2025, and reply comments are due on or before April 18, 2025. **Check out the Public Notice.**

CBO Report on Medicaid

On Wednesday, in a letter to Democratic ranking members of the Budget and Energy and Commerce Committees, the Congressional Budget Office (CBO) reported that the government spends \$381 billion on programs other than Medicaid or the Children’s Health Insurance Program (CHIP) that are under the jurisdiction of the House Energy and Commerce Committee. CBO said that of the \$381 billion, more than half is already paid for, meaning that even if Republicans eliminate every program under Energy and Commerce other than Medicaid and CHIP, it would only be able to save a maximum of \$135 billion. With this in mind, a reconciliation bill will likely have to include some Medicaid reform proposals, underscoring the need for continued advocacy in the weeks ahead. See our Advocacy Corner section below for a way to make your voice heard. Check out the letter.

Bipartisan Governors Coalition Issues Statement on Medicaid

On Thursday, the Democratic and Republican chairs of the National Governors Association (NHA) issued a joint statement Thursday stating that cuts to Medicaid without state consultation could strain local budgets and hurt rural hospitals and providers.

The joint statement from NGA Chair Jared Polis (D-CO) and Vice Chair Kevin Stitt (R-OK) comes as many governors and state leaders have called for more state input into decisions executed by the Department of Government Efficiency (DOGE). "It is necessary for Governors to have a seat at the table when discussing any reforms and cuts to Medicaid funding," Polis and Stitt say. "States and territories should be afforded more flexibility when it comes to administering these programs in a manner that best suits the needs of our citizens."

[Check out the full statement.](#)

Argument for a CCBHC Medicare PPS



On Wednesday, a piece written in Health Affairs magazine argued for the creation of a Medicare Prospective Payment System (PPS) for Certified Community Behavioral Health Clinics (CCBHCs), similar to the existing Medicaid PPS for CCBHCs. The article also calls for CCBHCs to be designated as eligible provider types under Medicaid and argues that given how well the CCBHC model has served Medicaid beneficiaries, there is no need to "reinvent the wheel" in an effort to address issues caused by Medicare reimbursement limitations.

[Check out the full article.](#)

KFF Poll Finds Widespread Support for Medicaid



This week, a poll from KFF revealed that more than 60 percent of Republican voters and those who voted for President Trump say Medicaid is "very important" to their local community, with the majority of these individuals also saying they are opposed to Medicaid cuts. Across these groups, larger shares also say they want Congress to increase or maintain Medicaid funding. The polling comes as Congress prepares to begin drafting text of a budget reconciliation measure that could contain significant reforms to Medicaid and lead to funding reductions.

[Check out the full story.](#)

New CoE-PHI Resource: Notice to Accompany Disclosures of Information



During the course of their work, organizations that provide substance use disorder (SUD) treatment services may need to share information with other organizations and professionals, for care coordination and other purposes. Likewise, even if their primary focus is not SUD treatment, healthcare providers and other organizations may receive information from a patient's SUD treatment providers.

A new resource reviews important information that program administrators and providers should know when they share patient information protected by 42 CFR Part 2, the federal regulations governing the confidentiality of SUD treatment records.

[Check out the resource here.](#)

Advocacy Corner

While specific details on budget reconciliation legislation have yet to be announced, reforms to Medicaid and other entitlement programs will likely make up a significant portion of proposed spending cuts. Medicaid is the largest payer for substance use disorder treatment and recovery services in the country, and cuts to the program’s funding will endanger people’s lives, increase burdens on hospitals and law enforcement, and have devastating broader effects on state economies. Access to care for substance use and mental health challenges has improved a good deal in the past decade, thanks to innovative new programs and concerted efforts to reduce barriers. We need to continue that progress, not make it harder for people to get the treatment they need.

- **Make your voice heard!**

While we expect to see specific legislative proposals soon, we need to continue our outreach to Congress now and let lawmakers know that Medicaid reforms will have a devastating impact on access to care. If you haven’t already, **use our advocacy platform** to send a letter to your elected officials urging them to protect access to care through Medicaid.



- **In addition to sending a letter, take two minutes and place a call to your Member of Congress’ D.C. office.** Want some pointers on what to say? **Here’s a template call script.** Feel free to personalize and make your own! You can find your officials’ contact information here — just type in your name and address.

Regulatory Updates:

Confirmation Process:

- **Robert F. Kennedy, Jr. was confirmed as Secretary of HHS last week.** Still no word on when hearings will be held regarding Dr. Mehmet Oz’s nomination to be CMS Administrator. Several high-level staff has been announced – as many Hill veterans are taking deputy roles within HHS and its agencies. Stephanie

Carlton is now CMS acting administrator and chief of staff at the agency. Carlton previously worked as a partner at McKinsey & Company, was a Senate Finance Committee staffer focused on Medicare Advantage and Medicaid.

Regulations Under Delay:

- **On February 14, 2025, HHS and the Drug Enforcement Administration (DEA) released a notice entitled, Expansion of Buprenorphine Treatment via Telemedicine Encounter and Continuity of Care via Telemedicine for Veterans Affairs Patients; Delay of Effective Date.**

The notice states that a final rule granting flexibility regarding the prescribing of buprenorphine via telemedicine, originally slated to go into effect on February 18, 2025, has been delayed until March 21, 2025, due to a blanket regulatory freeze issued by the Trump Administration on all Biden Administration rules not finalized or implemented.

Under the final rule, practitioners registered by DEA are authorized to prescribe Schedule III-V controlled substances approved by the Food and Drug Administration (FDA) for the treatment of opioid use disorder via a telemedicine encounter, including an audio-only telemedicine encounter. The effective date of a Department of Veterans’ Affairs (VA) telemedicine final rule has also been delayed to March 21, 2025.

- **On February 10, 2025, the Department of Health and Human Services (HHS) released a notice entitled, Administrative Simplification: Modifications of Health Insurance Portability and Accountability Act of 1996 (HIPAA) National Council for Prescription Drug Programs (NCPDP) Retail Pharmacy Standards; and Modification of the Medicaid Pharmacy Subrogation Standard; Delay of Effective Date.**

HHS is delaying the implementation of this final rule until April 14, 2025, to comply with a regulatory freeze issued by the Trump Administration. The final rule adopted updated versions of the retail pharmacy

standards for electronic transactions adopted under the Administrative Simplification subtitle of HIPAA, which constitute modifications to the adopted standards for the following retail pharmacy transactions: health care claims or equivalent encounter information; eligibility for a health plan; referral certification and authorization; and coordination of benefits. It also adopted a modification to the standard for the Medicaid pharmacy subrogation transaction.

Regulations Under Review:

- **We’ve finally started to see some new regulatory activity from the Trump administration.** Last week, CMS delivered two proposed rules to OMB for review. The first is an ACA-related measure aimed at addressing program integrity in the health insurance marketplace. The second is the annual hospital IPPS and LTC PPS payment rule. If precedent holds, that measure should be released sometime in early April.
- Regulations Under OMB Review
 - Patient Protection and Affordable Care Act; Individual Health Insurance Market and Exchange Program Integrity (**CMS-0938-AV61**)
 - Hospital IPPS; the Long-Term Care Hospital PPS; and FY 2026 Rates (**CMS-0938-AV45**)

Several Health Care Agency Staff Being Cut Due to DOGE Initiative:

- **There have been several announcements relating to mass employee departures/terminations at government agencies relating to the “DOGE effect”.**

On February 11, 2025, the EOP released an executive order (EO) entitled, President’s **“Department of Government Efficiency” Workforce Optimization Initiative**. This EO details the implementation of the President’s “Department of Government Efficiency” (DOGE) Workforce Optimization Initiative. It mandates a hiring ratio of one new employee for every four that depart, and establishes DOGE Teams within agencies to modernize technology and optimize productivity.

Additionally, it includes a Software Modernization Initiative to enhance government-wide information technology systems.

Legislative Update

Republicans on Capitol Hill continue to struggle with government funding and the budget reconciliation process

- **Budget Reconciliation Process – i.e. Medicaid Cuts**
Target: Last Thursday, the House Budget Committee finally passed a budget resolution to start the budget reconciliation process in that chamber.

The House measure, which follows the “one bill” strategy favored by Speaker Johnson, instructs various House committees to find “savings” of at least \$2 trillion to offset the cost of Republicans’ tax, spending and debt limit proposals.

One of those instructions requires the House Energy and Commerce Committee to find \$880 billion in savings. Given that President Trump has taken Medicare and Social Security off the table, it is likely the committee will find savings by proposing significant cuts to Medicaid.

Energy and Commerce Chairman Brett Guthrie (R-KY) has yet to announce how and to what degree those cuts will take shape. This comes after the Senate Budget Committee passed its own resolution last Wednesday the follows the two-bill approach favored by Senate Republicans. That measure requires the Senate HELP Committee to find \$1 billion in savings to help offset the \$500 billion cost of a bill focused on border security, energy and defense.

Like the House Energy and Commerce Committee, the HELP Committee could use Medicaid cuts to achieve a portion of these savings. With the House out of session this week, the Senate is expected to pass its resolution first. House Republicans have indicated they largely agree that Medicaid should include work requirements, as that is the only Medicaid reform that has been widely agreed upon.

House lawmakers also continue to mention large-

scale changes, like transitioning to per-capita caps, but others say GOP governors will likely oppose major financing overhauls.

The House is expected to pass its resolution when that chamber is back in session next week. Given the differences in scope between the two proposals, we still believe President Trump will have to decide which proposal prevails.

- Government Funding Negotiations:** With appropriators no closer to agreement on spending numbers for an omnibus, it is becoming increasingly likely that lawmakers will pass another continuing resolution (CR) to keep the government open sometime before the current CR expires on March 14th. In fact, the odds of Congress passing a CR that goes until the end of the year (or longer) are becoming more likely. As you will recall, one of the leverage points to force the passage of an omnibus has been the deal between former President Biden and then-Speaker McCarthy that a 1% across the board funding cut will take effect on April 30th should Congress not pass all 12 appropriations bills.



However, House Appropriations Chairman Tom Cole (R-OK) said last week that he doesn't believe the current Congress is bound by that deal because Biden and McCarthy are no longer in office. If that proves to be the case, the current atmosphere provides little incentive for an omnibus deal that will require bipartisan support in the Senate.

Should another CR pass, we expect it to include the same health care provisions as the last (e.g., extension of the Medicaid DSH cuts moratorium, telehealth and hospital-at-home waivers, etc.).

A collaborative effort by courts and treatment systems to improve outcomes for those in need of mental health treatment

By Brittany Kelly, State Court Behavioral Health Administrator • Office of Behavioral Health

Nationwide more than 70% of incarcerated individuals have at least one diagnosed mental illness, substance use disorder, or both. To address this, justice system stakeholders, behavioral health experts, and community leaders are called upon to examine their systems and community resources to provide the best response to individuals with mental illness.

And that's exactly what has happened in Lake County. An interdisciplinary team of court and behavioral health professionals sought and won a Substance Abuse

Indiana Court Times

and Mental Health Services Administration grant to operate an assisted outpatient treatment program for individuals with serious mental illness in Lake County.

The four-year grant, which they began implementing in September 2024, is an annual award of \$750,000, totaling \$3,000,000. The team includes Lake County Judges Julie Cantrell and Marissa McDermott; William Trowbridge, president and chief executive officer of Regional Care Group; and William Mescall, mental health director of the Lake County Jail.

[Read the full article here](#)



Centerstone's new Stride Center opening in Richmond.

Congratulations!

Stride Crisis Centers are a community of caring professionals and partners dedicated to providing crisis services to individuals aged 18 and older, offering immediate, same-day assistance for those experiencing mental health or substance use crises.

The Richmond facility is the third Stride Center to open, following locations in Bloomington and Columbus.

Stride Resource Center Richmond
816 Dillon Drive
Richmond, IN 47374



Congratulations to DMHA's Lindsay Potts as she was awarded the Indiana Council's Mental Health Advocate of the Year for her work with CCBHC. Her leadership, support and bidirectional communication has led us to being a part of the federal CCBHC Demonstration.



Advocacy Day at the Statehouse. Members got the chance to meet with their local legislators to discuss behavioral healthcare in Indiana.

Thank you to all of our members who attended our Advocacy at the Statehouse!



Better Together: Successful System-Wide Collaborations across the State presenters/panelists – Brittany Kelly, Zoe Frantz; Judge Julie Cantrell -*Lake County Superior Court Division 3*, Bill Trowbridge, Dr. William Mescall - *Lake County Sherri's Office Jail Mental Health Director*



Thank you to Abdul Hakeem-Shabazz for speaking at our PAC event this past February! Pictured – Sydney Moulton, Kacie Chase, Beth Keeney, Adbul Hakeem-Shabazz, Dr. Eric Yazel, Misty Gilbert

Our Providers - Serving all 92 Indiana Counties

Indiana Council of Community Mental Health Centers, Inc.

P.O. Box 875, Carmel, IN 46082 (317) 684-3684 indianacouncil.org

• Numbers show head office locations. • Click provider logos to visit their sites

- 

1 Adult & Child CCBHC DEMO
 603 E. Washington St. – 9th Floor, Indianapolis IN 46204
 Designated in: **MARION, JOHNSON**
- 

2 Aspire Indiana Health, Inc.
 9615 E. 148th St., Noblesville, IN 46060
 Designated in: **BOONE, HAMILTON, MADISON, MARION**
 Also serving: **GRANT**
- 

3 Bowen Health
 2621 E Jefferson St, Warsaw, IN 46580
 Designated in: **HUNTINGTON, KOSCIUSKO, MARSHALL, WABASH, WHITLEY** Also serving: **ALLEN, DEKALB, , LAGRANGE, NOBLE, STEUBEN**
- 

4 Centerstone of Indiana, Inc. CCBHC DEMO
 645 S. Rogers Street, Bloomington, IN 47403
 Designated in: **BARTHOLOMEW, BROWN, DECATUR, FAYETTE, JACKSON, JEFFERSON, JENNINGS, LAWRENCE, MONROE, MORGAN, OWEN, RANDOLPH, RUSH, UNION, WAYNE**
 Also serving: **CLARK, DELAWARE, HENRY, JOHNSON, MARION, PUTNAM, SCOTT**
- 

5 Community Fairbanks Behavioral Health
 8180 Clearvista Pkwy, Indianapolis, IN 46256
 Designated in: **MARION, HANCOCK, SHELBY**
 Also serving: **MADISON, JOHNSON**
- 

6 Community Fairbanks Behavioral Health – Howard
 322 N. Main St, Kokomo, IN 46901
 Designated in: **CLINTON, HOWARD, TIPTON**
- 

7 Cummins Behavioral Health Systems, Inc.
 6655 East US 36, Avon IN 46123
 Designated in: **HENDRICKS, PUTNAM**
 Also serving: **BOONE, MONTGOMERY, MARION**
- 

8 Edgewater Systems for Balanced Living, Inc.
 1100 West Sixth Avenue, Gary IN 46402
 Designated in: **LAKE** Also serving: **PORTER, LAPORTE**
- 

9 Family Health Center
 515 Bayou Street, Vincennes IN 47591
 Designated in: **DAVISS, KNOX, MARTIN, PIKE**
- 

10 4C Health CCBHC DEMO
 401 E. 8th Street, Rochester, IN 46975
 Designated in: **CASS, FULTON, MIAMI, PULASKI**
 Also serving: **CARROLL, CLINTON, GRANT, MARSHALL, TIPPECANOE, WABASH HOWARD, TIPTON, WHITE**
- 

11 Hamilton Center, Inc. CCBHC DEMO
 620 Eighth Avenue, Terre Haute IN 47804
 Designated in: **CLAY, GREENE, PARKE, SULLIVAN, VERMILLION, VIGO**
 Also serving: **HENDRICKS, MARION, OWEN, PUTNAM**
- 

12 INcompass Healthcare
 285 Bielby Road, Lawrenceburg IN 47025
 Designated in: **DEARBORN, FRANKLIN, OHIO, RIPLEY, SWITZERLAND** Also serving: **DECATUR, FAYETTE, HENRY, JEFFERSON, JENNINGS, RUSH, SCOTT, UNION, WAYNE**
- 

13 LifeSpring Health Systems
 460 Spring Street, Jeffersonville IN 47130
 Designated in: **CLARK , CRAWFORD, DUBOIS, FLOYD, HARRISON, JEFFERSON, ORANGE, PERRY, SCOTT, SPENCER, WASHINGTON**
- 

14 Meridian Health Services
 240 N. Tillotson Avenue, Muncie IN 47304
 Designated in: **DELAWARE, HENRY, JAY**
 Also serving: **ALLEN, FAYETTE, HOWARD, LAPORTE, MADISON, MARION, RANDOLPH, RUSH, ST. JOSEPH, TIPPECANOE, WAYNE**
- 

15 Northeastern Center, Inc.
 220 South Main Street, Kendallville IN 46755
 Designated in: **DEKALB, LAGRANGE, NOBLE, STEUBEN**
- 

16 Oaklawn Psychiatric Center, Inc. CCBHC DEMO
 330 Lakeview Drive, Goshen IN 46527
 Designated in: **ELKHART, ST. JOSEPH**
- 

17 Park Center
 909 East State Boulevard, Fort Wayne IN 46805
 Designated in: **ADAMS, ALLEN, WELLS**
 Also serving: **HUNTINGTON, WHITLEY**
- 

18 Porter-Starke Services
 601 Wall Street, Valparaiso IN 46383
 Designated in: **PORTER & STARKE**
- 

19 Radiant Health CCBHC DEMO
 505 N. Wabash Avenue, Marion IN 46952
 Designated in: **GRANT, BLACKFORD**
- 

20 Regional Health Systems
 8555 Taft Street, Merrillville, IN 46410
 Designated in: **LAKE**
- 

21 Sandra Eskenazi Mental Health Center CCBHC DEMO
 720 Eskenazi Avenue, Indianapolis IN 46202
 Designated in: **MARION**
- 

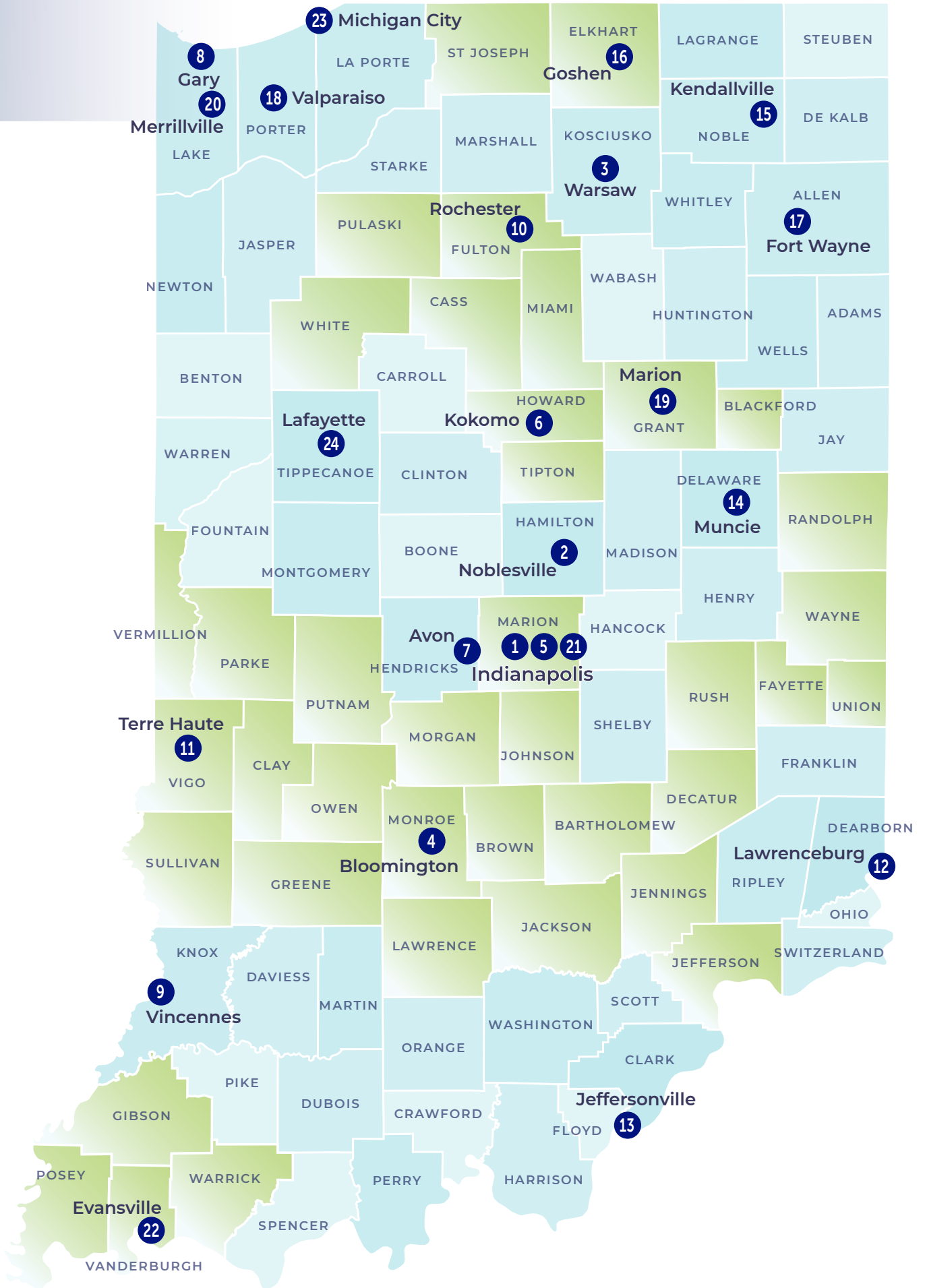
22 Southwestern Behavioral Healthcare, Inc. CCBHC DEMO
 415 Mulberry Street, Evansville IN 47713
 Designated in: **GIBSON, POSEY, VANDERBURGH, WARRICK**
- 

23 Swanson Center
 7224 W. 400 N., Michigan City IN 46360
 Designated in: **LAPORTE**
- 

24 Valley Oaks
 415 N. 26th Street, Lafayette, IN 47904
 Designated in: **BENTON, CARROLL, FOUNTAIN, JASPER, MONTGOMERY, NEWTON, TIPPECANOE, WARREN, WHITE**

CCBHC DEMO indicates provider is a designated CCBHC demonstration site in the counties shown

[>> Click here to view provider details on our site](#)



2025 Spring Quarterly Meeting

Register here

Date: May 14 – 16, 2025

Location: Horizon Convention Center

**601 South High Street
Muncie, Indiana, USA, 47305**

CLICK HERE for Discounted Hotel Rate at Courtyard Muncie at Horizon Convention Center for 119.00 USD per night.

Last Day to Book : Monday, April 14, 2025

Please contact Denise Wade with any questions, dwade@indianacouncil.org.



Indiana Council's Member Awards

Call for Nominations!

We are excited to host our second annual Member Awards!

In times of change and challenges, our members continue to serve, with dedication and innovation, to help provide Hoosiers with the outstanding care they deserve.

Here's your opportunity to acknowledge and celebrate those achievements!

You can nominate recipients in 4 categories - see opposite page for full details >>>

To submit your nominations please scan the QR code.

All nominations must be received by April 7th 2025.

From the nominations received the winners will be selected by our Marketing Committee, and will be announced at our May conference.

*If you have any questions or need additional information, please contact **Lee Ann Jordan***



AWARD WINNING ACHIEVEMENTS

Nominations!

Call for Nominations!

We are excited to host our second annual - Member Awards!

In times change and challenges,

our members of continue to

serve, with dedication and innovation, to help

provide Hoosiers with the best care they deserve.

Here's your opportunity to acknowledge

and celebrate those achievements!



Innovation Collaboration of the Year!

This award honors a notable project by a CMHC member organization that has demonstrated excellence through:

- 1) advocacy
- 2) innovative programs/services/systems that have increased access, improved care services to the community, or decreased disparities; or
- 3) collaborative efforts to reach high-risk populations in the community.



Scan the QR code to complete a nomination form!



CMHC Advocate of the Year!

This award recognizes an individual who has championed the advancement of CMHC's mission to deliver high quality, culturally competent, comprehensive behavioral health care services regardless of patients' ability to pay. They have demonstrated a steadfast commitment to supporting the growth of the CMHC through education, partnership, or service.



Employee of the Year!

This award recognizes an employee (non-practitioner & practitioner) who has demonstrated excellence through:

- 1) patient advocacy
- 2) innovative programs/services/systems or
- 3) collaborative efforts.



Student/Intern of the Year!

This awards an outstanding student or Intern who has demonstrated excellence through:

- 1). Advocates raising mental health awareness in communities, school or within CMHC
- 2). Innovative programs for peers in their communities, school or within CMHC
- 3). Work collaboratively with CMHC and programming

Nominations must be received by close of business on April 7th, 2025 to be considered. If you have any questions or need additional information, please contact Lee Ann Jordan.
Award winners will be chosen by a panel of members from our marketing committee.



Cup of Joe with Zoe

Half hour State leader meet and greet with our members and partners. Second Tuesday of every month at 8:30am EST via Zoom.

>> [Click here for Zoom link](#)

Meeting ID: 210-953-5684
 Password: ICCMHC



DID YOU KNOW? -

You can watch past Cup of Joe meetings on YouTube - [Click here to subscribe!](#)

2025 dates

April 8	May 13	June 10	July 8	August 12
September 9	October 14	November 11	December 9	

REL CONNECTION HUB

PRESENTS:

Leadership Development: Leading Through Change and Managing Conflict with Cassandra Raine-Francis

April 17th, 2025
 9:00 AM - 10:00 AM CST

Register by scanning the QR code below!

CONNECTION HUB - UPCOMING DATES

1. "Assessing Your Climate" - Tyler Plogher
July 17th, 9:00 - 10:00 am CST
2. "Building Community Partnerships" - Terry Gish
October 16th, 9:00 - 10:00 am CST

For further information on any of these events please contact [LeeAnn Jordan](#)

[Click here to visit our events pages](#)