

Newsletter

September / October 2025

News, programs and training opportunities / Distributed to all members

Together, building the health and well-being of all **Hoosiers!**



Health Network

This month Member Spotlight features Community Health Network.

Indianapolis-based Community Health Network is Central Indiana's leader in providing convenient access to exceptional healthcare services

Read more on pages 12 - 19



State & Federal updates Pages 20 - 23



Recent events Pages 28 - 29



Dear Members, Partners, and Community Stakeholders,

As we move into the fall season, I want to pause and recognize the significance of both National Recovery Month (September) and



Suicide Prevention Awareness Month (October). These observances remind us of the vital work being done every day in our community mental health centers and by partners across Indiana to bring hope, healing, and life-saving services to Hoosiers. They also underscore why our collective advocacy, innovation, and commitment are so critical at this moment in time.

This issue of our newsletter includes a number of important **federal and state updates** (pages 20 - 23) that directly impact our work, from Medicaid and funding developments to ongoing conversations around workforce, crisis response, and the CCBHC expansion. I encourage you to read closely and stay engaged—our united voice is stronger than ever.

We are also looking forward to gathering at several key events this fall:

- Hill Day, October 7–8, where Indiana will join colleagues from across the nation in lifting the urgent needs of community mental health. To learn more, see page 10
- Our Fall CCBHC Conference is on October 16, followed by the Council Business
 Meeting on October 17, where we'll share updates, align priorities, and continue
 advancing our transformation work. To learn more, see page 34

I want to extend our gratitude to **Community Health Network** for being this month's Member Highlight. Their dedication to expanding access and integrating care across communities exemplifies the spirit of innovation and compassion that defines our network. **See pages 12 - 19**

I also want to thank **Psyrin** for being our Partner Highlight of the month **- see page 8**. Remember the council has several partners and has done work with the **National Council** on their shared vendor program to assist in bringing savings and resources to our members. Learn more **on page 31**.

MOVING INTO THE FALL

I want to take a moment to extend my deepest gratitude to **Suzanne Koesel**, CEO of **Centerstone**.



Suzanne will be stepping down from this role the first part of November, so I wanted to thank her for her many years of dedicated service to community mental health and for her invaluable leadership as a member of the Indiana Council Board. Her vision and strategic insight have helped shape the progress we've made as a network. On a personal note, I have had the privilege of knowing Suzanne for many years, during which she has been not only a colleague, but also a mentor and friend. I am profoundly grateful for her leadership and wish her every success and joy as she embarks on her next chapter.

Thank you for your ongoing partnership, passion, and leadership. Together, we are making a difference for the hundreds of thousands of Hoosiers we serve.

In partnership - **Zoe Frantz** President, CEO

zfrantz@indianacouncil.org

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Together, building the health and well-being of all Hoosiers!



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The Indiana Council of Community Mental Health Centers

represents the collective interests of all community mental health centers (CMHCs) currently certified and accredited to provide community-based behavioral health services across all ninety-two counties in Indiana.

CMHCs in Indiana served over 300,000 behavioral health consumers in 2023. CMHCs provide services primarily to those suffering from severe behavioral health and substance abuse conditions which further reduce additional costs to society by directing coordinated care to our most vulnerable citizens.



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GRANT & REIMBURSEMENT MANAGER

The Grants and Reimbursement Manager is a full-time, home-based position (remote, with some state and national travel required) that combines grants administration and payer/reimbursement policy management to support the Council's strategic priorities.

HOW TO APPLY:

Please scan QR code below or visit Indeed to apply

For full job description, please visit - www.indianacouncil.org





COUNCIL

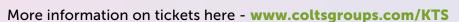
of Community Mental Health Centers, Inc.



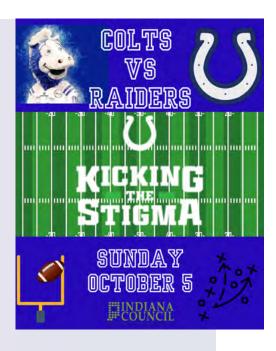
Kicking the Stigma

We're excited to share that the Indianapolis Colts have extended an invitation to our organization for the October 5th home game, which will be dedicated to the team's Kicking the Stigma campaign.

This special game shines a spotlight on mental health awareness, aiming to break down the stigma surrounding mental illness and encourage open conversations in our community. It's a powerful opportunity to stand together in support of mental health and well-being. We hope you'll join us in representing our community and showing support for this important cause.



Thank you for all you do to champion mental health!



Call for New Affiliate Members

Join the Indiana Council as an Affiliate Member!

Be part of Indiana's leading voice for behavioral health.

The Indiana Council is looking for new affiliate members and invites government agencies, nonprofits, healthcare partners, and academic institutions, to join us as Affiliate Members.

Ready to join or learn more?

As an Affiliate Member, you'll:

- Connect with leaders from across Indiana's mental health landscape
- Collaborate on statewide initiatives and policy efforts
- Access exclusive events, trainings, and data insights
- Support the advancement of behavioral health services across Indiana

Your membership strengthens a statewide network committed to improving lives through accessible, quality mental health and addiction services.

Click here to visit our Member Application page!



Friends of Indiana Council PAC

WHAT IS THE CMHC-PAC?

The Friends of Indiana Council-PAC is a political action committee made up of representatives from community mental health centers across the state of Indiana. Its sole purpose is to advance community mental health providers' position in the Indiana General Assembly.

Friends of Indiana Council-PAC does just what its name says: takes action on the political issues that matter to you and the people you serve.

OUR PURPOSE:

To serve as the voice of behavioral healthcare in the Indiana General Assembly.

OUR MISSION:

- To inform elected officials about policies, programs and initiatives that impact the public behavioral healthcare system.
- To build relationships with public officials and candidates for state elected office.

WHY IS CMHC-PAC NEEDED?

Government activity at both state and federal levels has a direct impact on behavioral healthcare providers. A strong political action committee is an essential tool for any effective governmental relations effort. Your individual participation in the political action process can shape public policy that is responsive to the needs of CMHCs and the communities they serve.

WHO CAN CONTRIBUTE?

Voluntary contributions to the Friends of Indiana Council-PAC may be accepted from any U.S. citizen.



WHERE WILL MY CONTRIBUTION GO?

A contribution to the Friends of Indiana Council-PAC fundraising campaign will help your voice be heard across the state of Indiana. Funds raised are used to present issues of concern to candidates for state elected offices. This support is given to candidates and elected state office holders that share the goals of CMHCs. Contribution decisions are made by the Indiana Council Board members and public policy committee members.

HOW DO I CONTRIBUTE?

Contributions can be made by a direct donation via our website:

Click here to go to our donation page.

Otherwise, checks can be made out to Friends of Indiana Council-PAC and sent to: PO Box 609 Jeffersonville, IN 47131.

IS MY CONTRIBUTION TAX DEDUCTIBLE?

Contributions to PACS, including Friends of Indiana Council-PAC, are not deductible for income tax purposes.

If you have any questions please reach out to Sydney Moulton: smoulton@indianacouncil.org

Hi, we're Psyrin

Our voice AI assists & expedites intake, assessments, and outcome tracking



With Psyrin, providers see more patients, improve show rate, and make less errors.

If you're interested in a *free* AI ROI audit, or learning more, express your interest **here**.



PRESS RELEASE

Indiana Council CEO Zoe Frantz Appointed to Indiana Medicaid Advisory Committee

Indianapolis, IN – The Indiana Council of Community Mental Health Centers (Indiana Council) is proud to announce that **Zoe Frantz**, President and CEO, has been appointed to the **Indiana Medicaid Advisory Committee** by the Secretary, Mitch Roob of Family and Social Services Administration (FSSA).



The Medicaid Advisory Committee serves as a critical forum for stakeholders to provide input on Indiana's Medicaid program. Members will help ensure that Indiana's Medicaid policies are responsive to the needs of Hoosiers. The committee provides feedback on current and proposed program policies, helping to shape a Medicaid program that is effective, sustainable, and accountable.

"I am honored to be appointed to the Indiana Medicaid Advisory Committee," said Frantz. "Medicaid is vital to ensuring individuals and families in our communities can access the mental health and substance use services they need. I look forward to working with colleagues across the state to advance policies that support mental and physical wellbeing for all Hoosiers."

In addition to her state leadership, Frantz also serves as Vice Chair of the National Council for Mental Wellbeing's Public Policy Committee. In this national role, she helps guide federal advocacy on Medicaid, behavioral health integration, and Certified Community Behavioral Health Clinics (CCBHCs).

"This appointment allows me to bring both a state and federal lens to the Medicaid Advisory Committee," said Frantz. "By connecting Indiana's work with national policy developments, we can ensure Hoosiers benefit from best practices and opportunities emerging across the country."

As CEO of the Indiana Council, Frantz leads the statewide association representing Indiana's community mental health centers. Under her leadership, the Council has prioritized advancing Certified Community Behavioral Health Clinics (CCBHCs), reducing administrative burdens for providers, and strengthening the behavioral health workforce.

See MAC appointment announcement here







We're excited to invite you to join the Indiana Council at Federal Hill Day, October 7-8 in Washington, D.C. This is a unique opportunity to connect with policymakers, share the impact of community behavioral health, and help strengthen the voice of our field on Capitol Hill.

Register today to secure your spot and be part of these important conversations.





National Council with Zoe on Youtube!

Don't miss the latest podcast episode "Wellbeing Wednesdays - Real Stories, Real Change: Turning Lived Experience Into Advocacy that dives into why advocacy matters more than ever - with Brett Beckerson, Sr. Director of Public Policy & Advocacy with National Council & Zoe Frantz, President & CEO of Indiana Council of Community Mental Health Centers.

On Aug. 27, we hosted the 21st episode of our Wellbeing Wednesdays virtual learning series, featuring Brett Beckerson, senior director of public policy and advocacy at the National Council, and Zoe Frantz, president and CEO of the Indiana Council of Community Mental Health Centers.

Frantz shares how her family's experience with opioid use disorder drives her grassroots policy work and highlights effective advocacy strategies — from Hill Days to site visits — that align efforts across government levels. She also explores the power of authentic storytelling and fostering a culture of mental wellbeing for both clients and staff.

You can see the podcast on Youtube here





Community
Health Network

Ranked among the nation's most integrated healthcare systems, Indianapolis-based Community Health Network is Central Indiana's leader in providing convenient access to exceptional healthcare services, where and when patients need them—in hospitals, health pavilions and doctor's offices, as well as workplaces, schools and homes.



As a non-profit health system with more than 200 sites of care and affiliates throughout Central Indiana, Community's full continuum of care integrates hundreds of physicians, specialty and acute care hospitals, surgery centers, home care services, MedChecks, behavioral health, and employer health services. Community Health Network puts patients first while offering a full continuum of healthcare services, world-class innovations and a focus on population health management.

Community Fairbanks Behavioral Health together with Community Fairbanks Recovery Center comprise one of the network's most comprehensive product lines. We are one of the most recognized provider of mental health and addiction services for children through senior adults in Hamilton, Howard, Johnson, Madison, Marion, and Tipton Counties.

AWARDS/DESIGNATIONS

Mental Health America Bell Seal Award 2025

Best Addiction Treatment Center
in Indiana 2025 – Newsweek

988 Mobile Crisis Response Team designation

Community Fairbanks Behavioral Health Howard-Madison-Tipton Counties (North Region) Hamilton-Johnson- Marion Counties (South Region)

Access Services – Staff schedule initial outpatient appointments for ambulatory programs and services at offices in Hamilton, Howard, Madison, Marion, and Tipton Counties. A brief clinical screening is completed by Access staff via telephone and then triaged to outpatient offices and/or programs. Staff also can with making referrals outside of our network, as requested or necessary.

Crisis Services – Crisis staff are available 24 hours a day, 7 days a week and offer behavioral health and substance use disorder assessments, treatment recommendations, and consultation in

collaboration with the onsite psychiatrist. Crisis staff facilitate admissions to inpatient services at the 123-bed Behavioral Health Pavilion on the Community Hospital North campus, the 12-bed unit at Community Howard Regional Health, and to 86 beds at Community Fairbanks Recovery Center, also located on the Community Hospital North campus. If inpatient care is not indicated, staff make referrals to outpatient programs, providers, and social service agencies. Tele-psychiatric assessments are provided for in-network emergency departments, Hancock Memorial Hospital in Greenfield and Major Hospital in Shelbyville.



Indianapolis-based team



Kokomo-based team

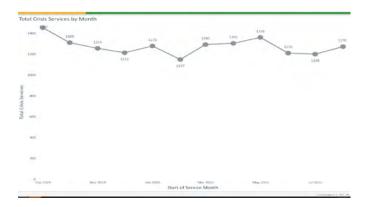
Mobile Crisis Response

Teams - The newly formed two Mobile
Crisis Response Teams are available to respond
24/7. They are based at Community North
Crisis (Indianapolis) and
Community Howard
Regional Health
(Kokomo). Each team can respond in tandem with local law enforcement, fire and EMS, as needed.

Inpatient Care (Adult and Youth) – Inpatient care is available at the Behavioral Health Pavilion (123 beds) and Community Fairbanks Recovery Center (86 beds) both located on the campus of Community Hospital North and Community Howard Regional Health (12 adult beds). 24/7 access is available for individuals experiencing acute mental health and/ or addiction symptoms and who require immediate stabilization and inpatient care. Admission to care is based on age and clinical needs. Programming and therapeutic groups focus on developing stress management and problems solving skills, including education on co-occurring substance use and mental health disorders.

Youth (ages 5 to 18) are separated by age or gender depending on the milieu and treatment needs. Specialized units for adults offer treatment focusing on mood disorders (depression and anxiety issues), serious mental illness, integrated recovery (cooccurring addiction and mental health disorders), as well as a psychiatric intensive care unit for those needing a highly controlled and monitored setting to ensure safety. Seasons is a unit dedicated for senior adults experiencing significant behavioral changes resulting from medications, life events, and new or progressing psychiatric conditions. Psychiatrists work with trained and licensed clinical staff to coordinate individualized treatment strategies including individual, group, and family therapy.

Outpatient Services – Care for mental health, substance use, or co-occurring disorders are provided to youth, adults, and seniors in a variety of programming options including individual, group, and/or family therapy. Patients work on





issues such as depression, anxiety, stress, and anger management. Medication management is available during treatment.

Partial Hospitalization Programs (PHP) and Intensive Outpatient Programs (IOP)

Group therapy programs provide care based on clients' needs and current symptoms. Frequency of attendance typically is three to five days per week. Programs for adolescents (12-18 years old) allow them to work through issues while remaining in their normal environment at home and/or in school. Classes and group therapy focus on building selfesteem, communication, assertiveness, trust, and problem solving. Adult Day and Evening programs are available for those dealing with intense depression or anxiety disorders or substance use disorders. Similarly, these programs allow clients to remain at home and/or at work while participating in treatment during the day or evening. Psychiatric and medication management services are part of the evaluation and may be recommended as part of the ongoing treatment strategy.

Community Support Services

Specialized services utilizing a recovery model are offered for those diagnosed with schizophrenia, psychosis, or mood disorders that significantly impair their ability to function. Services may include medication management, skills training to assist with activities of daily living, care coordination, individual therapy, group therapy, co-occurring treatment for individuals with a combination of substance use disorder and mental health issues, supported employment, psychosocial rehabilitation at the Forge Ahead Clubhouse, as well as family

support. Residential services are available for eligible individuals.

Forensic, Justice, and Social Service Partners

Our teams work closely with Problem Solving Courts and wrap-around services. Caregivers provide skills training within several county jails and a youth detention center. We work closely with the Division of Child Services by providing mental health and substance use treatment for families. We participate in Justice Reinvestment Advisory Councils (JRAC), Community Corrections Board, Region 5 Planning Council on Homelessness, and Mental Health Alliance.

Integrated Behavioral Health Services

Behavioral Medicine offers brief, targeted therapy that proactively addresses psychosocial problems as they interfere and/or interface with a patient's medical problems. Evidence-based psychological interventions are used to help patients reach optimal treatment of comorbid health conditions typically in one to six sessions. Referrals typically originate from primary care physicians or specialists. Comprehensive assessments are made via medication consultation and/or psychotherapy which offer brief, solution-focused interventions.

Lutherwood

Lutherwood is a partnership with Lutheran Child and Family Services and is a 99-bed licensed Psychiatric Residential Treatment Facility (PRTF) for children ages 6-21 who exhibit behavioral and/ or emotional impairments. Within the Lutherwood facility is the Emergency Shelter Care (ESC) unit

COMMUNITY HEALTH NETWORK

for boys and girls ages 12-17 which provides a safe environment where children receive meals, clothing and shelter for up to 20 days. Referrals to this program are made through The Department of Child Services, Department of Probation, and Cross System of Care providers. Located across the street from Lutherwood and a member of the partnership, Trinity House is a community-based group home for young men ages 14-21 which teaches and enhances independent living skills and fosters resilience. Separately, several group and supervised living programs are available for adult clients with a serious and persistent mental illness.

School-based Programs

Community Fairbanks Behavioral Health offers a comprehensive range of school-based programs to over 100 elementary, junior high, and high schools in Hamilton, Hancock, Johnson, and Marion Counties. The interdisciplinary team consists of psychiatrists, psychologists, nurses, therapists, life skills clinicians, and leadership. These programs are designed to provide comprehensive behavioral health services to students and families within each of the schools. The goal is to improve the relationship between students and staff, as well as provide convenient access for students with transportation barriers or other obstacles that might otherwise prevent them from receiving care. Home-based visits can be incorporated, as appropriate.



80th Year Celebration for CFRC

Community Fairbanks Recovery Center

Starting in 1945 as the Indiana Home for Alcoholic Men, it transitioned to Fairbanks Hospital in 1970, and in 2019 became Community Fairbanks Recovery Center (CFRC). For over 80 years, CFRC has long been known as providing the best evidence-based drug and alcohol addiction treatment within Indiana's most comprehensive medical and behavioral health systems. Programs are offered to adolescents, adults, and family members and special programs are tailored to a patient's clinical needs. Services provided include a comprehensive assessment and individualized plan for recovery, counseling with various levels of intensity, psychiatric evaluations, medication management, and care coordination. Inpatient detoxification and residential services may be recommended for alcohol or other substances. Adolescents and adults may participate in additional outpatient programs such as Partial Hospitalization Program, Intensive Outpatient Programs, and Prime for Life, an education-based program. A Medication Assisted Treatment (MAT)



clinic is available for adolescent and adult patients whether they are actively engaged in our onsite programming. CFRC hosts a large group of active and engaged alumni and volunteers. Daily and weekly activities are available onsite at CFRC. Additional planned programs and events are available throughout the year.

CFRC adheres to the 13 core principles of substance use disorder treatment identified by the National Institute on Drug Abuse. In addition:

- We believe no single type or form of treatment is appropriate for everyone.
- We strongly believe that treatment must attend to any co-occurring mental health issues and the psychosocial/environmental needs of the patient.
- Our comprehensive, trauma-informed, scientific approach administered by licensed, credentialed caregivers offers support every step of the way.
- Community Fairbanks Recovery Center adheres
 to the strict code of ethics put forth by the
 National Association of Addiction Treatment
 Providers (NAATP) that provides insight into our
 values as treatment professionals and offers
 guidance for clinical decisions.
- We promote recovery, as defined by the Substance Abuse and Mental Health Services Administration: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

Community Fairbanks Recovery Housing

The program is available for adult men and women who need longer-term care in a structured living environment that allows them to transition from

inpatient treatment to outpatient treatment or recovery management programming. Recovery Housing offers a structured environment where individuals can develop and practice life skills while maintaining a drug- and alcohol-free lifestyle. Our supportive living apartments provide a safe and sober environment as residents continue the road of recovery. Residents are encouraged to stay at Recovery Housing for at least nine weeks, but many choose to stay longer.

Community Fairbanks Recovery Lodge for Men

Community Fairbanks Recovery Lodge for Men

is a 14-bed residential program for men ages 18 and up offers longer term care for those who need additional support prior to traditional outpatient care. Residents generally stay for a minimum of 30 days although many decide to stay longer. The environment is designed to be conducive to positive change. There is also a communal aspect to long-term residential recovery with many activities being centered around fostering a connection between the residents. Many men come to the Recovery Lodge feeling guilty and alone, but when they're surrounded by peers who have similar experiences, it's easier to move past the guilt and towards a healthier future.

Family Connections

A free, grant-funded program through Community Fairbanks Recovery Center. Family Connections offers individual coaching, education, and support groups for family and friends of loved ones affected by substance misuse. This program is available to any family or friend, regardless of whether their loved one is participating in programming at CFRC.

SPECIALTY PROGRAMS

Addiction Medicine Fellowship

In 2023, Community Health Network started an Addiction Medicine Fellowship to offer specialized, one-year training to physicians who completed a residency program. The program can accept up to two fellows per year. The fellows have elected to remain employed at Community Fairbanks Recovery Center after completing the program. Despite its recent creation, the program has a strong local and national reputation for excellence in education.

Behavioral Health Academy

Beginning in 2019 with grant funding from the Division of Mental and Addiction, Community Fairbanks Behavioral Health embarked on a one-of-a-kind program called the **Behavioral Health Academy (BHA)**. BHA partners with universities and behavioral health provider organizations across the State of Indiana. Programming supports social work and mental health counseling students in learning evidence-based therapeutic practices to treat clients with co-occurring mental health and substance use challenges. Students gain hands-on therapeutic experience that prepares them for a career in community mental health.

In July 2025, BHA hosted a first-ever two-day Summer Symposium that shared the history of the BHA, discussed challenges/opportunities in the student process, and provide new tools for students and supervisors. One of the BHA's goals is to increase the behavioral health workforce in Indiana.

The BHA launched its 2025-2026 cohort in August 2025 with 62 students across 10 provider partner agencies and nine different social work or



BHA Student Orientation 2025

mental health counseling university programs.

Current BHA graduates are beginning their careers as behavioral health professionals ready to serve clients with a co-occurring lens to address the spectrum of mental health and substance use needs in our communities.

Caregiver Rehab Committee and the Second Chance Program

In 2022, Community Health Network launched a new initiative, co-coordinated by behavioral health, that provides intervention, accountability, and support specifically for network caregivers who may be experiencing issues with alcohol, drugs, or medication diversion. This applies whether the incident(s) occurred onsite at a workplace location or while working remotely. As a network, we align with the American Society of Addiction Medicine's definition and understanding of addiction. We recognize it as a chronic brain disease that can lead to significant impairment across biological,



psychological, social, and spiritual areas of functioning. We also endorse the Substance Abuse and Mental Health Services Administration (SAMHSA) edict, which states that treatment and recovery represent a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Understanding that substance use disorder is not a moral failing, and in alignment with our culture to assist caregivers in need, the Caregiver Rehabilitation Program offers employees (caregivers) an opportunity to remain active in or to re-enter the workforce as they progress through the recovery process. In addition to treatment, and to ensure patient safety, caregivers who are offered and accept the Second Chance Agreement understand they will undergo ongoing monitoring and, in some cases, workplace restrictions. The Second Chance Agreement supports our employees while enabling Community Health Network to retain competent and healthy caregivers.

Crisis Intervention Team and Sequential Intercept Mapping

Staff participate in committees, offer training, and provide shadow experiences at our Crisis department. We work closely with the following CIT programs: Boone, Bartholomew, Hamilton, Hancock, Hendricks, Johnson, and Marion Counties. Additionally, we are part of the small group of trained SIM facilitators across the state.





Partnering with Organizations to provide training in CISM and QPR 2025

Indiana Districts 5 & 6 Resilience and Emotional Support Teams (REST)

Community Fairbanks Behavioral Health staff serve both as team coordinators and members of the state's district crisis response teams. The mission of the Indiana Disaster Behavioral Health Program is to facilitate consistent, comprehensive, and compassionate care for those experiencing a natural or human-caused disaster. The Division of Mental Health and Addiction supports local Resilience and Emotional Support Teams (REST) and provides training and technical assistance to ensure the best care available statewide. REST will be comprised of qualified, trained individuals who, when activated, can be rapidly mobilized to provide on-site and virtual disaster mental health services. REST provides disaster mental health services, such as information and referrals, psychological first aid (PFA), somatic processing, and crisis counseling. These services might be provided within or outside of designated response areas.

Night of Hope in Kokomo 2025

Psychiatry Residency Program

In 2016, Community Health Network started the 2nd Psychiatry Residency Program in the State of Indiana. Currently, the program accepts six residents in each class through the National Resident Matching Program (NRMP). The program is small by design and lends itself to close interactions and relationships with peers and faculty. The network saw a need to create more psychiatrists and became the program with a goal to train physicians who are innovative and passionate about the field of psychiatry. The program receives approximately 1,000 applications from all over the United States for the six slots. Many of the residents elect to remain employed at Community Health Network once they graduate. Residents provide services to acute and ambulatory behavioral health and substance use patients throughout our sites and levels of care.

RISE Team

The Resilience in Stressful Events (RISE) Team

offers 24-hour access to a peer support program for staff and physicians at Community Health Network. The team assists those who may have experienced feelings of shock, emotional pain or distress following a significant and unusual traumatic event. The team is made up of approximately 80 caregivers from all areas of the network (including behavioral health) and are trained in Critical Incident Stress Management. The mission is to help keep care givers healthy and active in their professional practices. The program is available for any Community Health Network employee or department who may have been impacted by a critical incident and/or patient-related injury or issue.

Veterans Programs

We participate in supporting our veterans by offering programming for those who need assistance with mental health treatment and medications, substance use care, medication assisted therapy, housing, and/or social services.



Leaders at NATCON 2025



www.ecommunity.com



5 Community Fairbanks Behavioral Health 8180 Clearvista Pkwy, Indianapolis, IN 46256 Designated in: MARION, HANCOCK, SHELBY Also serving: MADISON, JOHNSON



6 Community Fairbanks Behavioral Health – Howard 322 N. Main St, Kokomo, IN 46901

Designated in: CLINTON, HOWARD, TIPTON



DMHA Request for Funding:

Recovery Housing for young adults (18-24)

The Indiana Family and Social Services
Administration Division of Mental Health and
Addiction (DMHA) is releasing a Request for
Funding (RFF) to existing DMHA designated
Recovery Residence providers and/or agencies
who provide programmatic support to DMHA
designated Recovery Residences at level
2-4 for part or all of \$805,671 to develop
and implement programming specifically for
young adults with opioid and/or stimulant
use disorder. Allowable uses of the funds will
align with requirements and restrictions of the
State Opioid Response Grant (SOR 4). Funds
dependent upon notice of award.

In addition to the required activity of developing and/or expanding recovery housing for young adults (ages 18-24) with opioid and/or stimulant use disorders, supplemental allowable activities may include:

- Provide treatment, including family-based treatment, for young adults with opioid and/ or stimulants use disorders;
- Provide dedicated care coordinators to assist in navigating various service sectors; and
- Provide recovery support services.



Indiana will collect both program data from the provider(s) who are awarded this grant and individuals served through a GPRA. The programmatic data will likely focus on key performance indicators determined by DMHA.

Facilities must be a DMHA designated Recovery Residence at levels 2-4 in good standing with DMHA.

The application is available here.

Deadline to apply is October 15, 2025.

IHCP issues formal cost-reporting guidance to CCBHC providers-

Click image to view / download IHCP bulletin 202510



Director of Mental Health and Wellness

Date Posted: Sep 10, 2025

Location: Indianapolis, IN, US, 46204

Work for Indiana

Begin a fulfilling career with the State of Indiana by joining one of the largest employers in the state, offering a range of opportunities across 60+ agencies. At the state, you'll find competitive compensation, a robust benefits package and a commitment to work-life balance. Most importantly, you'll have the chance to make a real and measurable impact on the lives of Hoosiers across Indiana.

About The Family and Social Services Administration:

The Division of Mental Health and Addiction supports Indiana's network of mental health care providers. We operate six hospitals and fund addiction and prevention programs.

Salary Statement:

The salary for this position traditionally starts at \$93,002.00 but may be commensurate with education or work experience.

A Day in the Life:

The essential functions of this role are as follows:

- Review and evaluate organizational effectiveness, goal determination, and strategic planning, etc., makes recommendations for improvement.
- Develop and coordinate plans and policies, resources, and mission as well as goals, vision and

expectations of agency or program.

- Provide guidance to agencies and the public regarding applicable laws and rules.
- Supervise subordinate personnel including hiring, determining workload, and delegating assignments, training, monitoring, and evaluating performance, and initiating corrective or disciplinary action.
- Monitor agency or program budget including revenues, expenditures, and budget projections.
- Communicate with news and other media.
 responds to media questions or requests in an appropriate public relations manner.
- Coordinate with other government officials on planning issues (i.e. federal and/or state agency directors, etc.).
- Coordinate, review and evaluate the use of appropriate controls and standards for the agency.

The job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the employee. Other duties, responsibilities and activities may change or be assigned at any time.

This position is exempt from overtime compensation for additional work hours which may be required to complete essential functions or other assigned work. Exempt employees may work more than 75 hours in a pay period without additional compensation and must report a minimum of 75 hours per pay period of work hours and/or paid leave taken to receive their base biweekly salary.

For all details and to apply, click here



CMS Newsroom Summary

CMS Issues Guidance to Strengthen Oversight of Medicaid State Directed Payments

CMS issued new guidance to strengthen oversight of Medicaid State Directed Payments (SDPs), a program that has grown from 2 to 39 states and is projected to exceed \$144.6 billion by FY 2026. The guidance sets new federal payment limits—effective for rating periods on or after July 4, 2025—while providing a temporary grandfathering period for certain existing SDPs. These changes aim to curb fraud and abuse, protect Medicaid's fiscal integrity, and ensure sustainability without limiting states' flexibility.



CMS launched the \$50 billion Rural Health

Transformation Program, the largest federal investment ever in rural health care. Created under the Working Families Tax Cuts Act, the five-year program will modernize rural health systems, expand access to high-quality care, build workforce capacity, and foster innovative models including telehealth. States have until November 5, 2025 to apply for this one-time funding opportunity, with awards announced December 31, 2025 and funding beginning in FY 2026.







CMS Press Release and Fact Sheet Summaries -

find all press releases and fact sheets here

Also available:

CMS-1833-F Fact Sheet - FY 2026 Hospital Inpatient
Prospective Payment System (IPPS) and Long-Term Care
Hospital Prospective Payment System (LTCH PPS) Final
Rule — Click here

CMS-1831-F Fact Sheet

FY 2026 Medicare
Inpatient Psychiatric
Facility Prospective
Payment System (IPF PPS)
and Quality Reporting
(IPFQR) Updates Final
Rule - Click here





SAMHSA Update

On Wednesday, Sept. 10, the Substance Abuse and Mental Health Services Administration (SAMHSA)



released its strategic priorities, work going forward and alignment with Make America Healthy Again and other administration priorities.

The executive summary says SAMHSA's mission remains focused on treating mental illness, preventing addiction, fostering recovery and improving access to care for all Americans. It names six strategic priorities:

- Preventing substance misuse and addiction
- Addressing serious mental illness
- Expanding crisis intervention services
- Improving access to evidence-based treatment for mental illness, substance use and co-occurring disorders
- Supporting long-term recovery and sobriety
- Identifying and addressing emerging behavioral health threats

The agency's work will be organized into five operational areas: advancing data and research, building capacity across federal and local systems, strengthening partnerships, driving education and communication and piloting innovative solutions. SAMHSA also outlines key outcomes to track its impact, including decreased rates of homelessness among people with serious mental illness and substance use disorder.

Key Excerpts:

- Disorder on America's Streets," SAMHSA specifically mentions Certified Community Behavioral Health Clinics (CCBHCs), reiterating language from the executive order, "SAMHSA will ensure that federal funds for Certified Community Behavioral Health Clinics reduce rather than promote homelessness by supporting, to the maximum extent permitted by law, comprehensive services for individuals with serious mental illness and substance use disorder, including crisis intervention services." As described in the related executive order, SAMHSA will deprioritize housing first policies and programs, such as "harm reduction" or safe consumption efforts, and prioritize evidence-based programs.
- Priorities SAMHSA Describes: The document says
 SAMHSA will promote innovative programs and
 interventions, including innovations in grant-making,
 which it defines as "grants tailored to states and
 communities that provide services and supports to
 effect immediate and positive health changes." The
 document also notes SAMHSA will prioritize funding for
 programs that protect parents' rights.
- Further, the document describes the criteria the agency will use to prioritize grantees across states and municipalities that meet the described criteria.
- Deprioritized Activities: SAMHSA specifically cited several policies it will no longer follow, including "unsupported clinical interventions," "harm reduction" policies and "an unlawful focus on specific populations." The document also deprioritizes support for gender-transition interventions for minors, defines sex in biological terms and limits funding for programs it says were advancing diversity, equity and inclusion frameworks.



Data Analytics

Led by Ron Guidotti, Chair

Ron Guidotti, Data Analytics Committee Chair, recently asked committee members about their center's progress in CCBHC and Crisis data reporting to DARMHA. The discussion that followed revealed challenges across the centers and various EHRs. The need for improved communication and direction from the state was a common theme. In efforts to enhance transparency and ensure clear guidelines, the Committee is asking the state to provide consistent, written guidance. Requests have also been made to make data definitions and all CCBHC FAQs available to all centers.

Chris Neal and Sam Bar from **Azara Healthcare** attended the July meeting to demonstrate Azara DRVS, the proposed population health data tool platform. The Indiana Council will support implementation of the data tool for interested members through the newly created 501c3 sister entity, INSIGHT-BH. More news on this to follow!

rguidotti@porterstarke.org

nhenry@indianacouncil.org

Quality Improvement Committee

Under the leadership of co-chairs, Dr. Michelle Baker and Emily Neufeld, the QI Committee continues working to decrease administrative burden.

The committee's current focus is on DMHA audit issues with the goal of providing feedback and suggestions to the state to improve DMHA audit efficiency.

The committee also serves as a forum for sharing resources for system improvements for Council members. A recent example of this is the CCBHC CQI plan and workbook created and shared by Meghan Creech at Hamilton Center. A big thank you to Meghan!

QI committee contacts:

michelle.baker@aspireindiana.org
emily.neufeld@oaklawn.org
nhenry@indianacouncil.org

REL Committee

The REL Committee continues to meet on a quarterly basis under the leadership of committee chair, Dr. Gina Forrest. She is currently working on developing a new strategic direction for the committee, complete with a charter and new name. A member wide survey on future Connect Hub Presentations is forthcoming as well.

Email Dr Gina at Aspire Indiana Health.



Grant Updates with Nancy Henry, Interim Grants Manager.

- The Group Home Grant projects are progressing well, and we will soon report on the progress and impact of this funding. With the project end date of June 30, 2026 approaching, we are encouraging grantees to submit all claims as soon as possible to assess the potential reallocation of any unused funds.
- The Q2 CCBHC Bridge Grant funds were disbursed in late August. For the 16 nondemonstration sites, the Q3 claim will be processed in early November reflecting the newly allocated amounts.
- Indiana Council continues to receive enrollment forms for the Humana Grant/Boston University
 Grant - Behavioral Health in Aging Certificate for CMHC Staff. Please contact Denise Wade for information on this grant.

ANDY ZELLERS

The Indiana Council would like to extend our deepest gratitude to Andy Zellers for his time, dedication, and



hard work during his service with us. Andy's contributions have left a lasting impact, and his commitment to our mission has been greatly appreciated.

As he moves on to new opportunities, we want to recognize the positive difference he has made here. Andy will be greatly missed, both for his professional insight and the warmth he brought to our team.

We wish him all the best in his future endeavors!

NATIONAL RECOVERY MONTH

September is National Recovery Month, a time to celebrate the strength and resilience of individuals on their recovery journey and to recognize the support systems that make recovery possible. It also raises awareness that treatment is effective, recovery is real, and people can and do thrive in long-term recovery.





Brightli and Centerstone finalize merger, set to close in November

Behavioral health care organizations to host MTA signing ceremony Sept. 9 in Springfield, Missouri

SPRINGFIELD, Missouri — Two nonprofit behavioral health providers will finalize the merging of their organizations at a ceremonial signing event in Springfield. Executives from Nashville-based **Centerstone** and Springfield-based **Brightli** will sign a master transaction agreement (MTA) on Sept. 9, formalizing the merger of the two organizations to form the largest nonprofit behavioral health care provider in the United States.

Following the merger's closing in early November, David C. Guth, Jr. will be the Chief Executive Officer of the merged organization. Brightli CEO C.J. Davis will be CEO-elect, becoming the CEO in January 2027 when Guth becomes CEO Emeritus. Guth will then retire later in 2027 after having served the organization for 39 years. "I am confident in the leadership and vision that C.J. brings to help continue the growth of Centerstone as a leader in the industry. He is guided by a deep mission of expanding care to the people in our communities," Guth said.

Moving forward, the surviving entity, Brightli, will adopt the unified Centerstone name and brand.

Centerstone's 28-year legacy as a strong, trusted brand makes it a natural choice to continue. Upon closing, Centerstone will employ more than 10,000 team members and will serve nearly 250,000 clients annually, with concentration in the Mid-South, Midwest and southeastern United States.





CENTERSTONE

"Brightli and Centerstone have rich histories of working with local communities to improve care, and this merger, under the legacy of the Centerstone name, will advance our ability to continue that shared mission," Davis said.

"This merger of equals is not about the scale. It's about the opportunity to lead during this critical point in the landscape of behavioral health services." Guth said. "The need and public support for quality mental health care is at an all-time high, there is strong bipartisan support for mental health services at the state and federal levels, and stigma continues to erode. "Behavioral health is at a crossroads, and this partnership allows us to do more than respond to the immediate needs of today. It allows us to shape the future. By investing in research, raising the quality of care, and expanding access, we can save lives. We will strengthen communities in ways neither of us could do alone," Davis said. "This is about making sure hope and healing are within reach for every person we serve, and I couldn't be more hopeful about what's ahead."

Through research and the adoption of best-inscience care, Centerstone is dedicated to improving the quality and outcomes of behavioral health care. That dedication is something both Brightli and Centerstone share.



"Both organizations are committed to advancing the science of care and the application of that science in real-world practice," Guth said.

Brightli has more than 6,500 associated team members working at more than 220 locations in five states. Its subsidiaries and affiliates include Adult & Child Health, Burrell Behavioral Health, Clarity Healthcare, Comprehensive Mental Health Services, Firefly Supported Living and Employment Services, Places for People, Preferred Family Healthcare and Southeast Missouri Behavioral Health.

Centerstone is a Nashville, Tennessee-based company with 4,300 employees working at 140 locations across six states plus an international network of more than 1,500 providers serving patients globally. Centerstone also provides services to veterans and military families nationwide and operates the Centerstone Institute for Clinical Excellence and Innovation.

Read the full press release here



Porter-Starke Services Receives Half Century Award



Indiana Governor
Mike Braun presenting
the award to Porter
Starke executive team

Porter-Starke Services recently received the Governor's Half Century Business Award, recognizing 50 years of service to the people of Northwest Indiana.

This recognition is given to organizations that have operated for fifty or more years and demonstrate a positive impact on the community. Members of our Executive Team accepted the award at the Indiana Statehouse, joining only 19 other Half Century Award recipients (and 12 more who received the Century Award for 100 years of service) this year.

This honor is truly a testament to the hard work, dedication, and compassion of our entire team at Porter-Starke Services - both past and present - who have cared for our community throughout the past five decades.



Aspire's Aspire's Mockingbird Hill Recovery Center Open Day

History of Aspire's Mockingbird Hill:

The land where **Aspire's Mockingbird Hill Recovery Center** now sits has a rich and unique cultural history in Anderson, Indiana.

1940s-1950s: Musical Roots

The property was originally developed as Mockingbird Hill Park, a country music venue. It became a regional hotspot for live performances, drawing in well-known country and bluegrass artists during the post-war years. Local families gathered there for weekend dances, concerts, and community events.

Mid-20th Century: A Hub for Country Music

Mockingbird Hill was part of the Midwest's vibrant country music circuit, with performers influenced by Nashville sounds but rooted in Indiana's own traditions. It gave local artists a stage while also hosting bigger names traveling through the region. By the late 20th century, it became home to a recovery house, still keeping the "Mockingbird Hill" name. This kept the property connected to themes of gathering, healing, and shared experience — just in a new way.

Many famous artist graced the stage at Mockingbird Hill – Johnny Cash, Loretta Lynn and Dolly Parton just to name a few!



Mockingbird Hill Recovery Center



Jody Horstman of Aspire & Zoe Frantz at Mockingbird Hill open house



Dianna Huddleston & Zoe Frantz at
Mockingbird Hill open house



Mental Health Day at Indiana State Fair

- Indiana Council staff take on the Indiana State Fair
 (Denise Wade, Sydney Moulton & Nancy Henry)
- 2 Mental Health Day at the Indiana State Fair with Community Hospital – Fairbanks staff!
- 3 Andy & Denise enjoy the yummy food at the Indiana State Fair (along with celebrating Andy's birthday!)









- 4 Indiana Council staff having a great time in the spacious minivan!!
- 5 Thank you to Suzanne Koesel for your incredible guidance and leadership over the years. You will be missed!
- 6 Indiana Council Staff at working retreat. Thank you to Aspire for allowing us to use your beautiful space.



NatCon and Mental Health First Aid Summit - 2026 National Council Awards of Excellence - Call for Award Nominations

Nominations are being accepted for the 2026 Mental Health First Aid Impact Awards

Nominations are being accepted for the following awards: Organization of the Year, Instructor of the Year and Coordinator of the Year.

- Organization of the Year: This award recognizes an organization with certified Adult, Youth or teen MHFA Instructors who implement creative solutions to expand MHFA within their organization, their communities and externally.
- Instructor of the Year: This award recognizes individual Adult, Youth, teen and community-specific course MHFA Instructors who are changing the conversation around mental wellbeing through the courses they teach and the relationships built to offer MHFA.
- Coordinator of the Year: This award recognizes an individual Adult, Youth or teen MHFA Coordinator who is driving change within their organization and community by supporting Instructors, expanding course reach and strengthening community relationships through innovative approaches to delivering MHFA.

SCHEDULE

Nov. 14, 2025: Submission deadline for MHFA Impact Award nominations.

Nov. 21, 2025: Acceptance/rejection notifications sent to all who submitted NatCon26 and MHFA Summit Presentations and Awards of Excellence nominations.

Feb. 1, 2026: Acceptance/rejection notifications sent to all who submitted MHFA Impact Award nominations

for Mental Wellbeing

HEALTHY MINDS - STRONG COMMUNITIES

Click here to visit nomination page



Save with the National Council Group Purchasing Program

As a National Council for Mental Wellbeing member, you have exclusive access to our **Group Purchasing Program (GPP)** — a proven, hassle-free way to cut costs.

With this new member benefit, you can enjoy significant savings without the stress of upfront fees, obligations or long-term commitments.

You'll get 10%-30% off the **products and services** you already buy, thanks to our Pandion-powered GPP. You can unlock discounts on essentials like:

- Food service products and supplies
- Medical and surgical items
- Office supplies, furniture and technology
- Facility management and maintenance
- Rehab therapy products and services

for Mental Wellbeing

Our program boasts an \$83 billion purchasing portfolio from over 1,460 suppliers. This means bulk purchasing power, predictable pricing and top-quality products.

Get started today and let our GPP help your organization save money, reduce stress and focus on what matters most — your mission.

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Indiana Council of Community Mental Health Centers, Inc.

indianacouncil.org P.O. Box 875, Carmel, IN 46082 (317) 684-3684

Numbers show head office locations.
 Click provider logos to visit their sites



603 E. Washington St. - 9th Floor, Indianapolis IN 46204 Designated in: MARION, JOHNSON



Aspire

Aspire Indiana Health, Inc.

9615 E. 148th St., Noblesville, IN 46060 Designated in: BOONE, HAMILTON, MADISON, MARION Also serving: GRANT



3 Bowen Health

2621 E Jefferson St, Warsaw, IN 46580 Designated in: HUNTINGTON, KOSCIUSKO, MARSHALL, WABASH, WHITLEY Also serving: ALLEN, DEKALB, , LAGRANGE, NOBLE, STEUBEN



4 Centerstone of Indiana, Inc.

645 S. Rogers Street, Bloomington, IN 47403 Designated in: BARTHOLOMEW, BROWN, DECATUR, FAYETTE, JACKSON, JEFFERSON, JENNINGS, LAWRENCE, MONROE, MORGAN, OWEN, RANDOLPH, RUSH, UNION, WAYNE Also serving: CLARK, DELAWARE, HENRY, JOHNSON, MARION, PUTNAM, SCOTT



5 Community Fairbanks Behavioral Health

8180 Clearvista Pkwy, Indianapolis, IN 46256 Designated in: MARION, HANCOCK, SHELBY Also serving: MADISON, JOHNSON



🌀 Community Fairbanks Behavioral Health – Howard

322 N. Main St, Kokomo, IN 46901 Designated in: CLINTON, HOWARD, TIPTON



Cummins Behavioral Health Systems, Inc.

6655 East US 36, Avon IN 46123 Designated in: HENDRICKS, PUTNAM Also serving: BOONE, MONTGOMERY, MARION



8 Edgewater Systems for Balanced Living, Inc.

1100 West Sixth Avenue, Gary IN 46402 Designated in: LAKE Also serving: PORTER, LAPORTE



9 Family Health Center

515 Bayou Street, Vincennes IN 47591 Designated in: DAVIESS, KNOX, MARTIN, PIKE



4C Health

401 E. 8th Street, Rochester, IN 46975 Designated in: CASS, FULTON, MIAMI, PULASKI Also serving: CARROLL, CLINTON, GRANT, MARSHALL, TIPPECANOE, WABASH HOWARD, TIPTON, WHITE



Hamilton Center, Inc.

620 Eighth Avenue, Terre Haute IN 47804 Designated in: CLAY, GREENE, PARKE, SULLIVAN, **VERMILLION, VIGO**





12 INcompass Healthcare

285 Bielby Road, Lawrenceburg IN 47025 Designated in: DEARBORN, FRANKLIN, OHIO, RIPLEY, SWITZERLAND Also serving: DECATUR, FAYETTE, HENRY, JEFFERSON, JENNINGS, RUSH, SCOTT, UNION, WAYNE



LifeSpring Health Systems

460 Spring Street, Jeffersonville IN 47130 Designated in: CLARK, CRAWFORD, DUBOIS, FLOYD, HARRISON. JEFFERSON, ORANGE, PERRY, SCOTT, SPENCER,

WASHINGTON



4 Meridian Health Services

240 N. Tillotson Avenue, Muncie IN 47304 Designated in: DELAWARE, HENRY, JAY Also serving: ALLEN, FAYETTE, HOWARD, LAPORTE, MADISON, MARION, RANDOLPH, RUSH, ST. JOSEPH, TIPPECANOE, WAYNE



15 Northeastern Center, Inc.

220 South Main Street, Kendallville IN 46755 Designated in: DEKALB, LAGRANGE, NOBLE, STEUBEN



Oaklawn Psychiatric Center, Inc.

OAKLAWN 330 Lakeview Drive, Goshen IN 46527 Designated in: ELKHART, ST. JOSEPH





Park Center

909 East State Boulevard, Fort Wayne IN 46805 Designated in: ADAMS, ALLEN, WELLS Also serving: HUNTINGTON, WHITLEY



18 Porter-Starke Services

601 Wall Street, Valparaiso IN 46383 Designated in: PORTER & STARKE



19 Radiant Health 505 N. Wabash Avenue, Marion IN 46952 Designated in: GRANT, BLACKFORD





Regional Health Systems

8555 Taft Street, Merrillville, IN 46410 Designated in: LAKE



2 Sandra Eskenazi Mental Health Center



Southwestern

720 Eskenazi Avenue, Indianapolis IN 46202 Designated in: MARION



Southwestern Behavioral Healthcare, Inc. 415 Mulberry Street, Evansville IN 47713

Designated in: GIBSON, POSEY, VANDERBURGH, WARRICK





3 Swanson Center

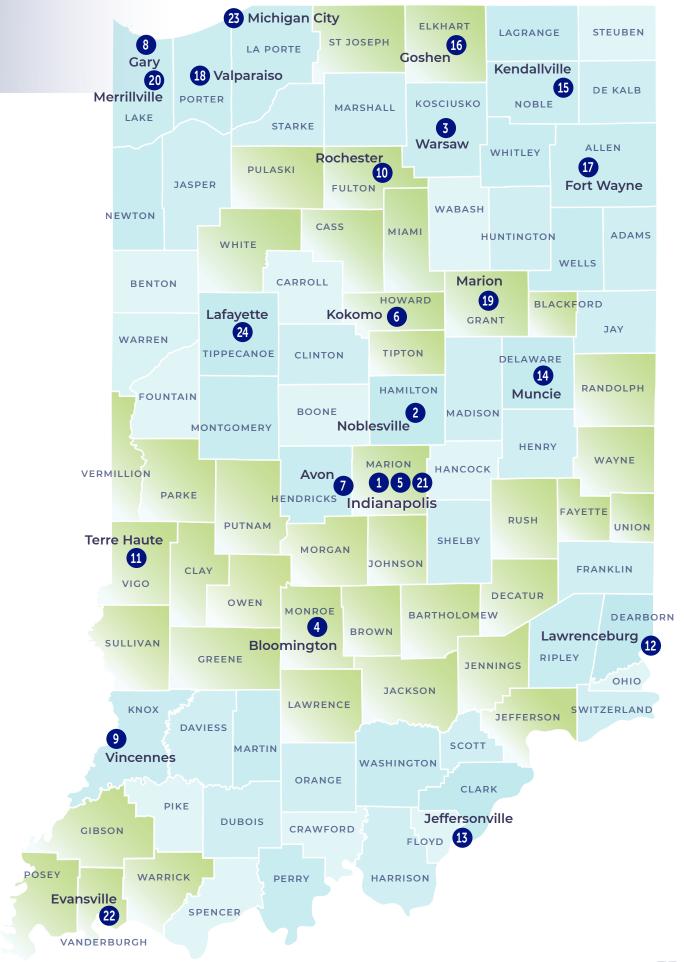
7224 W. 400 N., Michigan City IN 46360 Designated in: LAPORTE



Walley Oaks

415 N. 26th Street, Lafayette, IN 47904 Designated in: BENTON, CARROLL, FOUNTAIN, JASPER, MONTGOMERY, NEWTON, TIPPECANOE, WARREN, WHITE

>> Click here to view provider details on our site





Cup of Joe with Zoe

Half hour State leader meet and greet with our members and partners. Second Tuesday of every month at 8:30am EST via Zoom.



>> Click here for Zoom link

Meeting ID: 210-953-5684

Password: ICCMHC

2025 dates

October 14

November 11

December

DID YOU KNOW? -

You can watch past Cup of Joe meetings on YouTube -Click here to subscribe!

UPCOMING EVENTS

Federal Hill Day Join us in DC!

see page 6

Monday October 6 - Wednesday October 8

Fall Quarterly Meeting

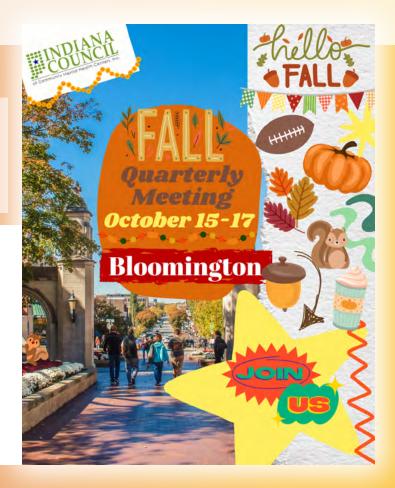
October 15-17. Hilton Garden Inn, Bloomington

Click here for agenda, registration and full details!

Contact Denise Wade for more information. dwade@indianacouncil.org

State Hill Day

Join us for our State Hill Day Tuesday, February 17, 2026



For further information on any of these events please contact LeeAnn Jordan

Click here to visit our event pages